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KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

MAY 2025



PRESIDENTIAL MESSAGE

Respected KOA Members

It is with profound gratitude and humility that I pen down these words as the President of Kerala Orthopedic Association. This office is both an honor and a responsibility that I do not take lightly.

First, let me extend my heartfelt gratitude to all of you for placing your trust in me. I am especially grateful to my predecessors, whose leadership, vision, and dedication have laid the foundation for the progress we see today.

Orthopedics is not just a medical specialty; it is a commitment to restore mobility, relieve pain, and improve the quality of life for countless patients. As we navigate the complexities of our field—it is clear that our association plays a critical role in shaping the future. There is a study conducted by IMA KSB titled 'physicians mortality from 2007 to 2017'. Its conclusion is quite startling. physicians life expectancy is almost 10 years less than that of general population in Kerala. Reasons for this is not well studied. The possible reason may be that we doctors care less about our own health. Along with that there is a thinking that we doctors should not be ill, and we are fully capable of self treating. Professional stress may also be taking a toll on our wellbeing.

There is a sloka in the epic Sanskrit Mahakavya written by Kalidasa.. 'Kumarasambavam'

शरीरमाद्यं खलु धर्मसाधनम्

(SARIRAMADYAM KHALU DHARMASADHANAM)

The meaning of this sloka is that the body is the first and best mean of dharma, and that it is also the medium through which dharma can be practiced. The sloka implies that all life activities are only possible through the body, and that it is therefore our primary duty to keep ourselves healthy. A healthy body helps one achieve great goals in life.

My presidential theme for 2025-26 is Prioritise Your Health.. Pursue for Excellence

Here health is as envisaged by WHO. -state of complete physical, mental and social well-being and not merely absence of disease or infirmity-

I intend to reiterate the importance of our own health in our pursuit for excellence

I urge the district chapters to organise programs highlighting the importance of physician wellness which includes stress management, work life balance and healthy professional environment and also arrange avenues for preventive health checkups.

This year KOA is in for a number of academic, cultural, social and sporting activities. I solicit wholehearted participation of each and every one of you to make this a year to remember for our association. One area that we are lagging behind is IOA membership. Only around 50% of KOA members have IOA membership. Let us encourage those who have not yet become a member of IOA to do so, so that our voice will be well heard in IOA parlours.

Our strength lies in the collective expertise, passion, and dedication of our members. I invite each of you to join me in shaping the next chapter of our association. Your ideas, feedback, and active participation will be invaluable as we chart this course together.

In closing, I pledge to serve you with integrity, transparency, and enthusiasm. Together, we can ensure that Kerala Orthopedic Association continues to be a beacon of excellence in the field of orthopedics.

Thank you for this opportunity, and I look forward to work with you all to achieve great things.

Thank you!

Dr Sreenath KR

KOA President

Presidents Theme:

National: Old is Gold 360 Care for elderly. Ensuring mobility, Dignity, Longevity

State: Prioritise Your Health.. Pursue for Excellence



SECRETARIAL MESSAGE

Respected Teachers, seniors and dear friends,

We have completed the first quarter of KOA year.

Kerala Orthopaedic Association is growing in numbers and we have added 100 new members this year. All academic activities including monthly webinars, cadaveric courses are in full swing. There was overwhelming

response for the fellowship and mentorship programmes this year and selection process is under way.

KOA international conclave was successfully conducted in April at Bali, Indonesia. The Annual Cultural Fest of KOA, OSTEOLAST 2025 was conducted in a big way in Thiruvalla in May involving KOA members and their family. The charity activities were carried out by distributing study materials to school children in Nilambur. I request all KOA members to encourage KOA and IOA membership and generous contribution to KOA Benevolent Fund

All clubs are requested to conduct KOA monthly webinar series involving young faculty members from each district club. Save the date for CALLUS 2025 on October 10-12 in KOLLAM

Yours sincerely,

Ansu Anand A

Hon. Secretary KOA



TREASURERS MESSAGE

"Esteemed members of the Kerala Orthopaedic Association,

Warm regards!

I'm grateful for the opportunity you have given me to serve KOA as Honorary Treasurer. Our new team took charge at KOACON 25 in Thiruvananthapuram, and we're excited to embark on this journey.

Through initiatives like "Callus" and "Osteoblast," we'll prioritize our health, aligning with our presidential theme. We're also committed to charity work, focusing on education and health for the underprivileged.

We've already handed over the KBF share to a member in February and encourage all to renew their KBF membership. We disbursed KOA Short Term Fellowship funds of ₹30,000 to seven members as stipends, supporting their professional growth.

I urge all orthopaedic surgeons in our state to join KOA and IOA, strengthening our community and taking it to new heights. Let's work together to achieve our goals!"

Thank you

Dr Reas Ali Aryadan, Hon Treasurer KOA

IT Secretary Messages

Greetings from the IT wing of KOA.

First and foremost, I would like to sincerely thank you all for electing me as the IT Secretary of KOA. It is an honour to serve this vibrant community of orthopaedic professionals. I will strive to do my best to further enhance the KOA website, strengthen our digital initiatives like Tech in Ortho, and introduce more technology-driven platforms in the future.

We are pleased to announce a major digital milestone - the launch of the KOA Job Portal, the first department-specific Orthopaedic job portal in Kerala. This platform is designed to connect orthopaedic professionals with career opportunities across the state, ensuring that vacancies and talent within our speciality are brought together seamlessly.

This initiative is a step forward in leveraging technology to meet the evolving needs of our community. Whether you are a Junior Orthopaedic Surgeon looking for your first job, a consultant seeking new challenges, or a hospital in search of skilled professionals — the KOA Job Portal will be your one-stop solution.

We look forward to your continued support and participation as we shape the future of digital orthopaedics together.

Regards

Dr Jipin Gopi

IT Secretary of KOA, 9895618041, jipin234@gmail.com

EXECUTIVE MEMBERS



Dr. Subin Sugath
President Elect



Dr. Aneen Nambikutty
Imm Past President



Dr. Mathew KM Puthiyidom
Vice President



Dr. Fajish F
Chairman,
Long Term Planning



Dr. Simon Mathew M
Chairman KOA
Fellowship



Dr. Jipin Gopi
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Jt Secretary, South



Dr. Unnikrishnan.T
Jt Secretary, North



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Secretary, CAPE KOA



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IOA Ex Comm Member



Dr. Ajith Kumar.M.N
IOA Ex Comm Member



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President, OASIS



Dr. Satheesh Kumar S
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President, Malappuram



Dr. Velayudhan.K
President Palakkad.



Dr. Jyothiprasanth
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Secretary, TVM



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Dr. Jayakrishnan.R
Secretary, Pathanamthitta



Dr. Hariprasad
Secretary, Alappuzha



Dr. Jerry George
Secretary, TCOS

Presidents Theme:

National: Old is Gold 360 Care for elderly. Ensuring mobility, Dignity, Longevity

State: Prioritise Your Health.. Pursue for Excellence



Dr Joice Varghese. M.J
Secretary, Kochi



Dr. Siju Francis
Secretary, Trichur



Dr. Pradeep Nair
Secretary, Calicut



Dr. Hakkeem.N.K
Secretary, Wayanad



Dr. Asgar Ali Usman
Secretary, Malappuram



Dr. Jayakrishnan K S
Secretary, Palakkad



Dr Naveen C Balan
Secretary , Kannur



Dr. Mohamed Sameer
Secretary, Kasaragod

KOACON 2025, TVM Report



The 44rd Annual Conference of the Kerala Orthopaedic Association (KOACON 2025) was held at AL SAJ CONVENTION CENTRE & GREEN FIELD INTERNATIONAL STADIUM from January 24th to 26th, 2025. The event was hosted by the TRIVANDRUM ORTHOPEDIC SOCIETY . Dr. Binoy S served as the Organising Chairman, Dr.E.Kaizar Ennis as the Organizing Secretary & Dr Ajith Kumar as Organising Treasurer.

On January 24th, the Dr. P.A. Alexander Memorial Continuing Medical Education (CME) session was conducted, focusing on the topic of "INFECTIONS IN ORTHOPAEDICS - CURRENT CONCEPTS." The CME was inaugurated by Dr. Aneen N Kutty., President of KOA, and featured contributions from various eminent faculty members who shared their

knowledge, views, and expertise in the topic.

The conference was inaugurated by Dr SAMSON NESSIAH, Former Professor, Dept. of Orthopaedics, MCH,TVM . During the inauguration, KOA Hon. Secretary Dr Antony Thoppil presented the Annual Report, followed by a presidential address delivered by Dr.Aneen N Kutty. Felicitations were offered by Dr. Binoy S, Dr.E.Kaizar Ennis, Dr.Ajith Kumar, Dr. Jiju A. Nuuman & Dr.Sajeed A (Additional Director,RCC)

The conference saw participation from approximately 975 delegates, contributing to the success and academic enrichment of KOACON 2025. The TCMC allotted 6 hours of CME credit for the conference.



CULT @ Malabar Palace



Calicut Upper Limb Trauma Course (CULT) 2nd edition was successfully completed at Malabar Palace , Calicut on February 1st & 2nd 2025 . Meeting was inaugurated by Dr Reas Ali Aryadan , Honorary Treasurer KOA .It was well attended by more than 80 delegates. There were National & International faculties along with our faculties from Calicut to enlighten the delegates . Saw bone workshops on various novel surgical techniques were also conducted.

Stride ACL focus Meeting

On March 22, 2025, the Avant Orthopaedics organised STRIDE ACL Focus 2025 at Taj Malabar in Cochin, Kerala, gathering 150 delegates and 24 esteemed faculty members. This event provided a unique platform for discussion and problem-solving regarding contemporary issues in ACL (Anterior Cruciate Ligament) injury management.

The meeting featured an impressive lineup of faculty, including renowned experts such as Gian Salzman, Brett Fritsch, Norimasa Nakamura, and Kazunori Shimomura. Their diverse expertise enriched the discussions, allowing for a comprehensive exploration of the latest advancements and methodologies in ACL injury treatment and rehabilitation. Throughout the day, delegates engaged in vibrant discussions, sharing insights, research findings, and clinical experiences. The event emphasized the importance of small group, interdisciplinary collaboration in ACL management, with presentations covering a broad range of topics.



Overall, STRIDE ACL Focus 2025 was a resounding success, leaving participants inspired and equipped with new knowledge and strategies to enhance their practice in ACL injury management. The beautiful setting of Cochin, combined with the rich exchange of ideas, created an unforgettable experience for all attendees.

JOINTCON 2025



JOINTCON 2025: International Revision Knee Arthroplasty Conference conducted by Department of Orthopaedics, Welcare Hospital at Taj Vivanta, Marine Drive, Kochi. Course Director: Dr. Nijith. O. Govindan, HOD & Sr. Consultant Orthopaedic Surgeon, Welcare Hospital, Kochi

A Landmark Event – First of Its Kind in the Nation, Featuring two live revision knee arthroplasty surgeries, performed free of cost as part of our commitment to social responsibility. Four distinguished international faculty, including experts from Coxa Hospital, Finland – one of the world's leading centers for joint replacement. Participation from 200 national and international delegates. Exclusive case series on mega prosthesis from University Hospital Midlands, UK.

Engaging two-panel discussions and 20 high-impact academic sessions covering the latest in revision arthroplasty. Grand Inauguration by: T.P. Sreenivas, Former Ambassador, Terry Phelan, Former Irish National Football Player, Dr. Aneen Kutty, President, Kerala Orthopaedic Association (KOA)

KJO Report

Dear friends
Greetings from the Editorial Team of KJO

We are in the process of completing the next issue of KJO. We expect the next issue to be published in June/July 2025. We got many articles and expect more. We request everyone to send their articles to our journal at the earliest. Encourage your friends inside and outside our country to submit their articles to our journal. We are glad to inform that a board of Asst. Editors have been selected following an interview by the KOA Executive for this term. They are Dr Jyothi Prasanth, Dr Ajeesh Sankaran, Dr Nigil Sadananadan, Dr Pranoy Paul & Dr Shibu R.

Regards

Dr. Ranjith Unnikrishnan
Editor KJO, Mob: 9995890309, dranjith@gmail.com

AASKCON – 2025



The Malappuram Orthopaedic Society successfully hosted AASKCON 2025, the annual state conference of Arthroscopic Surgeons of Kerala, on May 10-11, 2025, at ERA Nature, Perinthalmanna. This year's theme was "Lower Limb Scopy: Reloaded". With 210 delegates and renowned faculties from across India, the conference was a resounding success. Dr. Sabin, President of AASK, inaugurated the event, joined by distinguished guests: Dr. Sreenath KR, President, KOA, Dr. Reas Ali Aryadan, Treasurer, KOA, Dr. Sameer Ali, Dr. Sreehari CK, Dr. Faizal Kareem, Dr. Shanavas K P, Dr. Fajish Farook, Dr. Jitesh, Dr. Asgar Ali

The conference fostered knowledge sharing and collaboration among orthopedic professionals, setting a new standard for future events.

AASK

Association of Arthroscopy surgeons Kerala (AASK) conducted a regional Meet on March 9, 2025 at Hotel Ramada, Alappuzha. The theme of the meet was THE MENISCUS-Science and Surgery. AASK President Dr Sabin Viswanath presided the meet and delivered the presidential address. Hon KOA Secretary Dr Ansu Anand, AOS president Dr Venugopal G, AOS Secretary Dr Hariprasad K, AASK Treasurer Dr Sreehari C K, Organising Chairman Prof Vinod Kumar B P, Organising Secretary Dr Unnikrishnan J chaired the inaugural function. 124 delegates attended the meet. Topics were delivered by eminent faculties and there was an interactive Case based discussion afterwards. Hands on Arthroscopy Workshop focusing on meniscal repair was also arranged.



Cape KOA

At the outset, we extend our heartfelt gratitude to all KOA life members for electing us to the prestigious posts of Chairman and Secretary of CAPE KOA. We are deeply honored by your trust and assure you of our sincere commitment to elevating the academic wing of KOA, the CAPE KOA to greater heights.

The 37th CAPE KOA CME and Bioskills Training Cadaveric Workshop Program on Advanced Shoulder Arthroscopy, which was held at Sri Ramachandra Medical College (SRMC), Chennai, on 10th April 2025. The programme was successful by the enthusiastic participation and wide appreciation from the delegates. The eminent faculty including: Dr. Mahesh Krishnan, Dr. Harish Chandran, Dr. Sabin Surendran, Dr. Shanavas K.P led the scientific deliberations



The program was meticulously organized under the leadership of Dr. Sudheer U as the Organising Chairman and Dr. Gokul Dev V as the Organising Secretary.

We are immensely pleased with the overwhelming response and interest shown by our members toward the cadaveric course. While we regret that we were unable to accommodate all applicants due to limited seats, we remain committed to expanding opportunities for participation in future academic programs.

Once again, we express our sincere appreciation for the continued support, encouragement, and cooperation of all members. Together, let us strive to take CAPE KOA to even greater academic excellence.

Warm regards,
Dr. Sudheer U
Chairman, CAPE KOA

Dr. Gokul Dev V
Secretary, CAPE KOA

Presidents Theme:

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2nd CPAC 2025

The 2nd Calicut Pelvi-Acetabular Course (CPAC 2025) was successfully organized by Pelvi-acetabular Surgeons Kerala (PASK) on 25th May 2025 at the Gokulam Grand, Calicut. The event was conducted under the esteemed aegis of the Association of Pelvi-acetabular Surgeons India (AOPAS), Kerala Orthopedic Association (KOA), and the Calicut Orthopedic Society.

The course was inaugurated by the distinguished pelvi-acetabular surgeon, Dr. Ramesh Sen. The gathering commenced with a warm welcome from Dr. Tony Kavalakkatt, President of PASK. Dr. Riyas Aryadan, Treasurer of KOA, and Dr. Rajesh V.P, President of the Calicut Orthopedic Society, offered their felicitations, while Dr. Saji P O Thomas, Secretary of PASK, delivered the vote of thanks.



CPAC 2025 attracted 65 delegates and featured a distinguished panel of national and state faculty. The course provided an in-depth discussion on the management of pelvic fractures, fostering knowledge exchange and collaboration among orthopedic professionals. The event reaffirmed the commitment of PASK and its partners to advancing expertise in pelvi-acetabular surgery and improving patient outcomes across the region.

The Cochin Orthopaedic Society launches a Cadaver Academy for Orthopaedic Training

In a landmark move towards advancing surgical education in India, the Cochin Orthopaedic Society, in collaboration with Sree Narayana Institute of Medical Sciences (SNIMS), Chalakka, has launched the country's first cadaver-based training academy run by an Orthopaedic society.

Titled the Cochin Orthopaedic Society Academy of Cadaveric Training (COS-ACT), the facility is designed to provide a hands-on platform for orthopaedic surgeons to practice both basic and advanced surgical procedures in a safe and structured environment. Located within the SNIMS campus, COS-ACT is set to enhance surgical skill development by offering cadaveric training that is easily accessible to orthopaedic surgeons across the state.



The academy was formally inaugurated on 13th April 2025 by Dr. Rajeev Raman, Secretary General of the Indian Orthopaedic Association, along with Dr. Sreenath K. R., President of the Kerala Orthopaedic Association. The overview and vision of the cadaveric academy was presented by Dr. R. Venugopal, Chairman of COS-ACT, Dr. John T. John, President of the Cochin Orthopaedic Society and Dr. Jiss Joseph Panakkal, Secretary of the Cochin Orthopaedic Society. Felicitations were also extended by Dr. Indira Kumari, Principal of Sree Narayana Institute of Medical Sciences; Dr. Anoop Vincent, Medical Superintendent of SNIMS; Dr. Manjusha K., Deputy Superintendent of SNIMS; and Mr. Sajeeva Babu Kombara, Treasurer of Gurudeva Charitable Trust.

Trivandrum Arthroscopy Course 2025 (2.0)

The Trivandrum Arthroscopy course Conducted by ARTHROLEARN and AL ARIF HOSPITAL & in association with KOA including 11 Key Hole Live Joint Preservation Demonstration. Trivandrum Arthroscopy Course (2.0) was held on 22nd and 23rd February at the Leela Hotel, Trivandrum. The event was organized with the aim of enhancing knowledge in the field of arthroscopy and sports medicine.

The program featured live demonstrations led by Dr. Shammass B.M (Consultant Orthopaedic Surgeon and Sports Medicine Specialist). This initiative provided an opportunity for doctors to gain hands-on experience in modern arthroscopic procedures. International organizations like ISAKOS and ICRS supported the event, making it a valuable platform for skill development in knee and sports injury treatments. Dr. Shammass B.M introduced the 'Wet Knee Model' for practical training.



The course included interactive sessions, discussions, and live surgeries, focusing on knee preservation techniques and sports-related injury treatment. Over 260 doctors from across India and abroad participated, making it one of the largest arthroscopy training programs in the country. Dr. Ahmed, the Managing Director of Al Arif Hospital, wished success for the event and extended his best wishes to all the participants.

Kerala Orthopaedic Association Extends a "Snehasparsham" to Tribal Students in Nilambur

In a heartwarming gesture of social commitment, the Kerala Orthopaedic Association (KOA) organized a school reopening outreach on May 24, 2025, benefitting over 220 tribal students from remote areas of Pulimunda, Mundakkadavu, and Nedunkayam in Karulai Panchayat, Nilambur. The initiative was part of KOA's flagship charity program, "Snehasparsham".

The event was led by Dr. Riyas Ali Aryadan, State Treasurer of KOA, whose active involvement highlighted the association's deep commitment to social welfare. The program was formally inaugurated by Karulai Panchayat Vice President Suresh Master, and attended by Panchayat member Abdurahiman, Keystone Research Consultant Vinod Manchiri, and a dedicated group of medical interns including Suhail, Saniya, Gouri, Arunima, and Arun, Abin & Nijas.



In addition to distributing essential study materials to support the students' new academic year, tarpaulin sheets were also handed over to the residents of the Manchiri tribal settlement, addressing urgent shelter needs in the area.

Speaking on the occasion, Dr. Riyas Ali Aryadan emphasized KOA's ongoing commitment to social responsibility and announced that additional funds will be earmarked next year to expand the reach and impact of such charitable initiatives.

The event stood as a shining example of how professional organizations can go beyond their primary roles to uplift marginalized communities and make a lasting difference. Dr. Riyas Ali Aryadan also acknowledged the invaluable support and encouragement of KOA President Dr. Sreenath K.R., secretary Dr. Anus Anand A., and all KOA Executive Committee members, whose collective efforts played a vital role in turning this initiative into a meaningful act of service for the underserved community.

KOA BENEVOLENT FUND

KOA-KBF TOTAL Members = 1084

2021- (431 Members *1000) = 4,31,000/- (KOACON 2021 Complimentary registration)

2022- (34 Members -Joining/Renewal) = 32,500/-

2023 -(112 Members-53 J & 59 R/ 3 Clubs) = 1,92,500/-

Palakkad Club – 1,00,000/-

Malappuram Club - 15,000/-

Pathanamthitta Club – 10,000/-

2024 – KOACON2024 (517 Members – 299 J & 217 R) = 2,61,000/-

2025- KOACON (613 Members – 285 J & 328 R) = 3,06,500/-

TOTAL FUND = 12,23,500/-

Claims

50,000/- (10-06-2022)1st

1,50,000/- (31-03-2023)

1,00,000/- (01-07-2023)

50,000/- (10-09-2024)

1,50,000/- (29-12-2024)

1,50,000

50,000/- (12-03-2025)

KOA -KBF Available Balance = 5,23,500/-

(Fixed Deposit in Federal Bank = 3,00,000/-)

KOA International Conclave 2025

"The Kerala Orthopaedic Association (KOA) successfully hosted its 2nd International Conclave in Bali, Indonesia, from April 24-29, 2025. Sixty participants, including KOA members and their families, attended the event.



The conclave was inaugurated by Dr. Sreenath KR, President of KOA, in the presence of distinguished guests:- Dr. Ansu Anand, Dr. Aneen N Kutty, Dr. Antony Thoppil, Dr. Mathew Puthiyedam, Dr. Fajish Farook



The event featured presentations on recent updates in various fields of orthopedics, providing valuable insights to attendees. The trip was a huge success, and participants are eagerly looking forward to the next international conclave."

From the Desk of the Chairman – Travelling Fellowship Committee, KOA

Dear Esteemed Members,

Warm greetings!

It is my pleasure to share with you an update on the activities of the KOA Travelling Fellowship Committee for the past year. The KOA Travelling Fellowship Program continues to be one of our flagship academic initiatives, aimed at nurturing young orthopaedic surgeons by providing them with valuable clinical exposure, academic learning, and mentorship opportunities across reputed centres. This year, we received an encouraging response, with a total of around 30 applications for both short-term and long-term fellowships. After a thorough and transparent selection process, we were able to offer 10 short-term fellowships and approximately 8 long-term fellowships. I am happy to report that we were able to accommodate most of the eligible applicants, thereby fulfilling the primary objective of the program – to support and guide the future of orthopaedics in Kerala.

Unfortunately, a few applications had to be declined. The primary reason for rejection was non-compliance with IOA membership requirements. As per KOA guidelines, all applicants are expected to be Indian Orthopaedic Association (IOA) members or at least have applied for membership at the time of submission. A number of otherwise eligible candidates had not fulfilled this essential criterion. We urge all future applicants to ensure their IOA membership is active or in process to avoid disqualification. The selected fellows had the privilege of visiting well-established centres across the state, observing advanced procedures, engaging in academic activities, and learning directly from experienced faculty. Their feedback has been overwhelmingly positive, with many highlighting the program as a transformative experience in their professional journey.

I take this opportunity to express my heartfelt gratitude to the host institutions and mentors who contributed their time, knowledge, and support. Your unwavering commitment to education and training is the backbone of this fellowship program.

Dr Simon Mathew M

Chairman- Travelling Fellowship Committee, Kerala Orthopaedic Association

IOA is back on track

Dear KOA Members,

It is with great pride and enthusiasm that we invite you to the Platinum Jubilee Conference of the Indian Orthopaedic Association (IOACON 2025)—a landmark event commemorating 70 years of orthopaedic excellence and unity. This prestigious conference, hosted by NEROSA and GOS, will be held from 15th to 20th December 2025 at the Sarusajai Sports Centre, Guwahati, Assam.

Themed "Academics, Research, and Networking", this year's IOACON promises a vibrant academic platform, dynamic scientific discussions, and unmatched opportunities to connect with peers and pioneers from across the nation. Under the able leadership of Organizing Chairman Dr. Diganta A. Phukan and Organizing Secretary Dr. Chinmoy Das, we are confident that IOACON 2025 will be a memorable and enriching experience for all. We earnestly urge every member of the Kerala Orthopaedic Association to participate wholeheartedly and make your presence felt at this historic event. As per the High Court order, IOA now has two Presidents—Dr. Ajith Shinde and Dr. Anoop Agrawal. With this leadership in place, IOA is back on track and moving forward with renewed clarity and strength.

The IOCON Website Link: <https://ioacon2025guwahati.com/>

Warm regards,

Dr. Ajith Kumar M.N

Dr. Ansu Anand A

IOA Executive Members from Kerala

Invitation to OASISCON 2025

24th Annual Conference of the Orthopaedic Association of South Indian States. August 29–31, 2025 | MGMC Auditorium, Pondicherry

Dear Colleagues and Friends,

It gives me immense pleasure to invite you all to OASISCON 2025, the 24th Annual Conference of the Orthopaedic Association of South Indian States (OASIS), to be held from August 29 to 31, 2025, at the MGMC Auditorium, Pondicherry. This year, we are proud to introduce new academic features including Postgraduate Podium Presentations (case reports, posters, and scientific papers for postgraduates) , Consultant Medal Sessions, (innovations in orthopaedics) for consultants. These additions aim to enhance academic engagement and promote knowledge exchange across all levels of our professional community. As President of OASIS, I earnestly request every member of the Kerala Orthopaedic Association (KOA) to participate enthusiastically—not only in the academic sessions but also in the social and networking events that make our conference so enriching and memorable. The Conference site link: <https://oasiscon2025.com/>

We look forward to your early registration and active involvement in making OASISCON 2025 a grand success.

Warm regards,

Dr. Vasudevan P.N.

President, OASIS

Osteoblast 2025, Pathanamthitta



Osteoblast 25 at Travan core club Thiruvalla on 17th and 18th of May organised by Pathanam thitta orthopaedic society. It was well attended with more than 200 participants from 8 district clubs. Thiruvalla



MLA Adv Mathew T Thomas inaugurated the cultural festival of KOA on 17th May 2025 in the presence of KOA President Dr Sreenath KR , past KOA president Dr Aneen Nambi kutty and other KOA office bearers. Organizing chairman Dr Suresh Kumar M J welcomed the members and Pathanamthitta orthopaedic society president Dr Suresh Koshy chaired the meeting. KOA vice President Dr Matthew KM ,KOA secretary Dr Ansu Anand, KOA treasurer Dr Reas Ali Aryadan felicitated the function. POS secretary Dr Jayakrishnan proposed the vote of thanks. Kollam become the club champions , Malappuram 2nd & Pathanamthitta on 3rd position. The cultural fest concluded on a high note, reaffirming the strong sense of camaraderie and cooperation among KOA members and their families.

Awards & Honours

Prof. P.K Surendran
Gold Medal for
Best Paper Presentation



Dr Shinas B Salam

Prof. Venugopalan Nair
Best Consultant
Paper Gold Medal



Dr John Thayil John

Dr P.V Padmanabhan Nair
Best Poster
Gold Medal



Dr Shambu Hari

**Best Video
Gold Medal of KOA**



Dr Shanavas .K.P

Prof . K.C Jacob
Best PG Paper Presentation
Gold Medal



Dr Danesh S

Dr Poulose Chacko Memorial Quiz Winners



Dr Krsihna Prabhash



Dr. Mahesh Anil

Best Club
Trophy of
the year 2024
**Cochin
Orthopaedic
Society**

Presidents Theme:

National: Old is Gold 360 Care for elderly. Ensuring mobility, Dignity, Longevity

State: Prioritise Your Health.. Pursue for Excellence



Dr. Prem Haridas Menon, Associate Professor of Orthopaedic Surgery at Government Medical College, Trivandrum, has been appointed as an Executive Member of the Shoulder and Elbow Subspecialty Committee under the Board of Subspecialties (BOSS) of the Société Internationale de Chirurgie Orthopédique et de Traumatologie (SICOT), the international orthopaedic society based in Brussels, Belgium. This honour comes after a thorough review of his training and experience in Shoulder and Elbow Surgery and recognizes his ongoing contributions to orthopaedic education, research, and clinical practice.

OBITUARY



Dr. K.S Pillai
Thrissur

OBITUARY



Dr. Sujith S
Trivandrum

OBITUARY



Dr. Thomas Idicula
Kollam

OBITUARY



Dr. Jayakrishnan Nambiar
Kannur

KOZHIKODE

Welcomes you to the

45th Annual Conference

Kerala Orthopaedic Association

Organized by

CALICUT ORTHOPAEDIC SOCIETY



16, 17 & 18 JANUARY 2026 Calicut Trade Centre



PGCON 2025
2025 CALICUT
Malabar medical college Ullery, Kozhikode | June 14 & 15, 2025



June 14, 15 - 2025
Malabar medical college, Ullery, Kerala



Meet Our Teams



Dr. MK Ravindran
ORGANISING CHAIRMAN



Dr. Jipin Gopi
ORGANISING SECRETARY



Dr. Jeejesh Kumar T K
SCIENTIFIC COMMITTEE CHAIRMAN

Register Now

- ✓ Gold medal PG Poster & Paper presentations
- ✓ Clinical Case discussions
- ✓ Gold medal PG Quiz
- ✓ OSCE & Spotter discussions
- ✓ Ward Rounds & X-RAY discussions

KOA Office Bears



Dr. Sreenath K B
President



Dr. Anas Habibulath
Immediate Past President



Dr. Subin Sujath
President Elect



Dr. Ansu Anand A
Hon. Secretary



Dr. Dees A E Aryadan
Hon. Treasurer

CaOS Office Bears



Dr. Rajesh V P
President



Dr. Pradeep Hair
Secretary



Dr. Jeejesh Kumar
Treasurer



Dr. Prasanth
Joint Secretary

Organizing Committee - KOACON 2026



Dr. MK Ravindran
Organizing Chairman



Dr. Nitin Karun
Organizing Secretary



Dr. Pradeep Hair
Organizing Treasurer

Registration Charges

Introductory offer till March 25th

₹ 2500 (Fees are inclusive of GST)

Till March 31th

₹ 3000

Till April 30th

₹ 3500 (Fees are inclusive of GST)

Till June 10th

₹ 4000

Spot

₹ 5000

Registration link

<https://koacon2026.com/pgcon/>

<https://pgcon.koacon2026.com/auth/register>



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