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- Dr. VALSALA - PRESIDENT
- Dr. SAJJAD S - SECRETARY
- Dr. GOKUL DEV V - TREASURER

### CONTACT DETAILS

- Dr. GOKUL DEV V - 9447711597
- Dr. DILEEP S - 9447745591

Registration fees of Rs 250/- can be payed at the venue or through members / consultants



*A better life starts here.*

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# BASIC ORTHOPAEDIC NURSES TRAINING PROGRAMME OF KOA

ORGANISED BY:  
Quilon Orthopaedic Society



FOR REGISTRATION  
Scan QR code

### DATE & PLACE

**11 MAY**  
**2024**

TRAVANCORE  
MEDICITY  
Second Floor  
Auditorium

# PROGRAMME SCHEDULE

- 9.00 am : INTRODUCTION AND WELCOME**  
Dr GokulDev V
- 9.15 am : ORTHOPEDIC THEATRE SETUP AND ETIQUETTE – What is necessary?**  
*A comprehensive idea about OT, laminar flow and air circulation , specialised table and attachments, gowns, lead aprons, c arm and its positioning, and to maintain aseptic handling*  
Dr Naiju Ajumudeen
- 9.30am : DIFFERENT CASES , POSITIONING AND DRAPING how to maintain a sterile area**  
*Positioning and draping of shoulder, elbow, hip, knee and ankle in different procedures with emphasis on maintaining aseptic environment.*  
Dr Midhun Krishnan
- 9.45am : DISINFECTION AND STERILISATION OF OT AND INSTRUMENTS- to avoid instrument degrade**  
*How to maintain different orthopaedic instruments like drill, care of arthroscopy camera and instruments and its sterilisation, also about disinfection of operation theatre.*  
Dr Krishn Shanker
- 10am : Q AND A**
- 10.10am : PERI-OPERATIVE MANAGEMENT- Importance**  
*Pre operative antibiotics, part preparation, oedema management, external wounds, bedsore, diabetes, DVT, prophylaxis, tourniquet etc*  
Dr Shahid Latheef
- 10.25am : PLASTERS IN ORTHOPEDICS- Slabs and cast, when and how to apply**  
*When to apply different splints, above elbow, below elbow, above knee, below knee or coaptation splints*  
Dr Arun Kumar A S
- 10.40am : Q AND A**
- 10.50 am : INAUGURATION CEREMONY**
- 11.00am : IMPLANTS AND INSTRUMENTS IN TRAUMA 3.5 and 4.5 SYSTEM**  
*3.5mm and 4.5mm LCP and its applications, along with instruments and technique of a lag screw, special mention of 4mm and 6.5 mm cannulated cancellous screws too*  
Dr Anil K G
- 11.15am : IMPLANTS AND INSTRUMENTS OF INTRA MEDULLARY DEVICES**  
*Intra medullary interlocking nails of femur and tibia introduction to instruments . PFN and TENS nail instruments*  
Dr Jiju George
- 11.30am : IMPLANTS AND INSTRUMENTS IN ARTHROSCOPY OF LARGE JOINTS**  
*Introduction to knee and shoulder arthroscopy instruments and most frequently used implants*  
Dr Dileep S
- 11.45am : IMPLANTS AND INSTRUMENTS IN ARTHROPLASTY OF HIP AND KNEE**  
*Introduction to knee and hip arthroplasty instruments and implants. (Hemi arthroplasty of hip too) with perspective of using bone cement.*  
Dr Binod
- 12.00pm : Q AND A**
- 12.15pm : CONSENT AND DOCUMENTATION- lets tackle together**  
*How to tackle proper consent and documentation peri-operative*  
Dr Ansu Thankam
- 12.30pm : SUTURE MATERIALS AND TECHNIQUES – new age materials**  
*Introduction to braided and monofilament sutures, also mention newer fiberwires and tapes with its use*  
Dr Praveen Dileep
- 1.00 pm : Q AND A**
- 1.10pm : LUNCH BREAK**
- 2PM TO 4PM : WORKSHOP**
- STATION 1 : SMALL BONE AND LARGE BONE FIXATION LCP 3.5MM & 4.5MM INSTRUMENTATION AND CANNULATED CANCELLOUS SCREWS**  
Dr Shanker Sanu, Dr Ansu anand, Dr Mohammed Sinan
- STATION 2 : INTRAMEDULLARY NAILING HIP/FEMUR/TIBIA AND DHS**  
Dr Ramu, Dr Manoj Varghese, Dr Bidhu Balan
- STATION 3 : BASIC ARTHROSCOPY OF LARGE JOINTS – INSTRUMENTS( SHOULDER AND KNEE)**  
Dr Dileep S, Dr Haseeb Mukthar, Dr Arun Lal
- STATION 4 : BASIC KNEE/HIP ARTHROPLASTY INSTRUMENTS**  
Dr Arun Kumar A S, Dr Ramakrishnan S, Dr.Bimal
- STATION 5 : BASIC INSTRUMENTS AND IMPLANTS OF SPINE SURGERY**  
Dr Jiju George, Dr Binod, Dr Vishnu
- 3.50 pm : Q AND A**
- 4 pm : HIGH TEA**