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KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

SEPT 2023



PRESIDENTIAL MESSAGE

Esteemed Members of Kerala Orthopaedic Association

Greetings from the office of the KOA President. Our Scientific and Social activities are back to normal after a gap created by the Pandemic. Almost every week we have Academic programmes organised by District Chapters and institutions

Majority of District chapters have actively participated in Bone and joint Day celebrations and conducted BLS training Programmes on August 4th. I take this Opportunity to Thank all who participated in the record breaking programme (India book of records and Asia book of records for training maximum persons BLS across the country in a single day, 4th August 2023) throughout Kerala

On front of Social commitment activities of the Association, we were able to donate school bags including study materials to students of Iruttukuthy, Vaniyampuzha, Tharippapotty, Thandekallu tribal colonies. Thanks to Dr. Reas Ali Aryadan, President Malappuram Orthopaedic society for leading this Programme

The notification for elections to various posts in executive committee of KOA for the year 2024, is being published in this news bulletin. Our President Elect, Dr. Aneen N Kutty will be conducting the election as Chief election officer with assistance from all District Chapter Presidents and Secretaries. The present election protocol of KOA ensures a free and fair contest. I plead all members to return dynamic and enthusiastic candidates who will carry the mantle forward with dignity and honour worthy of the tradition of our great Organisation and do positively exercise your valuable mandate.

This year we have two new programmes coming up in line. The First Annual Sports meet of Kerala Orthopaedic Association (CALLUS) will be held at Perinthalmanna in October which will be organised by Malappuram Orthopaedic Society under the able leadership of Dr. Reas Ali and Dr. Fajish Farook. First KOA PGCON to enable our post graduates to present more papers will be conducted at Kottayam in November under the leadership of Dr. Mathew K M and Central Travancore Orthopaedic Society.

I request all Orthopaedic Surgeons to become members of KOA and IOA. Being a part of KOA and IOA allows one to keep abreast of the newer developments in the field of orthopaedics. It will also be a platform to discuss the different treatment modalities with the experts. Also request our young orthopaedic fraternity to make use of our two newly started programmes-the webinar series to enhance theoretical skills and the Mentorship programme for hands-on skill augmentation. Dr. Sasikumar-Vice President KOA is putting lot of efforts to get new memberships to KOA Benevolent Fund. I request all Chapter Secretaries to put some effort to collect the membership fees of KBF.

Wish every member of KOA a healthy and prosperous times ahead, Jai KOA.

Dr. Tajan P.J.
President, KOA



SECRETARIAL MESSAGE

Dear KOA members,

KOA activities are in full swing with a number of academic activities round the calendar year.

unturned in trying to make this event a grand success. I request every KOA member to participate in this grand event and make this venture a grand success.

This year the inaugural KOA SPORTS MEET is to be conducted on the 28th and 29th October 2023. Malappuram club is leaving no stone

Another flagship programme we are introducing this year is the KOAPGCON to be conducted on the 18th and 19th November. We are presenting opportunity for every post graduate to present papers as needed in their curriculum. I request all the Medical colleges and

Presidents Theme

National: "Strong Bones Stronger Nation"

State: " Stay Strong & Be Strong "

Post graduate institutes to utilise this opportunity and participate in the KOAPGCON in a big way..

We as an association is 1668 strong but only less than 50 percent of our members are members of IOA. I request all our members to join the Indian Orthopaedic Association so that we would be able to play a definite role in IOA.

Advanced CME of KOA is coming up in the 15th October At Thrissur and the topic is advanced nailing techniques. Preparations are in full swing for KOACON 2024 to be held at Backwater Ripples Kumarakom on the Last week of January. I request all the members to participate in large numbers for the upcoming events .

Wishing all our members a fruitful year ahead

Yours sincerely

Dr.Antony Joseph Thoppil

Hon. Secretary, KOA



TREASURERS MESSAGE

Bone and Joint day celebrations in a grand manner and help IOA to create a milestone in its history by entering the India book of records and Asia book of records by Maximum personal trained in Basic Life support course , in a single day.

The KOA members are eager to participate in the inaugural Sports extravaganza, the “ Callus” scheduled to be held on 28th & 29th October at Malappuram and we the KOA officials are thankful to the Malappuram Chapter of KOA for the idea of introducing the KOA Sports Event the “ CALLUS” . I request all district chapters of KOA to make this a grand success.

We also congratulate the CTOS office bearers (Kottayam Chapter of KOA) for conducting the inaugural KOAPGCON , an exclusive conference for our PGs and Juniors scheduled to be held at Kottayam on 18th & 19th November 2023.

The present strength of the KOA benevolent fund (KOA KBF) is 497 only out of the 1668 KOA life members. I would reiterate my appeal to all members of KOA to become KOA KBF member.

Hope to See you all on the 28th October at Malappuram.

Thanking you, Sincerely Yours

Dr Jiju A Nuuman

Hon. Treasurer, KOA

Respected Teachers & Dear Friends

Greetings from the office of the Treasurer , KOA

We, the Executive committee of the KOA congratulates our district chapter office bearers and its members for conducting the 2023

IOA Report

Dear Colleagues

Greetings from the IOA Division of the KOA!!!

The IOA election Process is going on and the Online voting will start on 22nd Nov 2023 at 12 noon and ends on 12 noon , 13th Dec 2023. We request all IOA members of KOA to cast their vote in time.

The 68th Annual conference of the IOA is scheduled to be held on 14th to 17th December 2023 at Lucknow . The conference Theme is : “ Navigating to the Future “ . We request all the members of KOA to become IOA member. Please click on the link below to join IOA

<https://ioaindia.org/Webview/NewMember>

Please feel free to contact the KOA office (Arun or Abin : 9037950151 & 9048649262) if you need any further information.

Thanking you

Regards

Dr Ajith Kumar MN & Dr. Ansu Anand A, Executive Members, IOA

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NOTIFICATION FOR KOA-ELECTIONS 2023-2024

Notification is given for conduct of elections to various posts falling vacant in Kerala Orthopaedic Association executive committee in 2024.

Nominations are invited from eligible members of KOA for the following

Sl No	Name of Post	No of Post	Term
1.	President Elect	1	1 year
2.	Vice President	1	1 year
3.	Jt Secretary(South Zone)	1	1 year
4.	Jt Secretary (North Zone)	1	1 Year
5.	Chairman Long Term Planning	1	3 Years
6.	Associate Editor(KJO)	1	2 year

ELIGIBILITY

- 1.All candidates should be KOA and IOA life members . Maximum age limit to contest is 65 years for all posts except President Elect. There won't be any upper age limit for the post of President Elect.
2. President Elect should be more than 45 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
3. Vice President should be more than 40 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
4. Chairman Long term planning should have been a member of KOA for not less than 5 years and should have been an executive committee member for at least two years.
5. Associate Editor term is 2 years and he/she will automatically become Journal Editor after 2 years and his/ her term will be 2 years as Journal Editor.
- 6.One member can propose or second only one person during election process including nomination in the Annual General Body Meeting for vacant seats, if any.
- 7.Executive Committee Members who do not have at least 50% attendance in the executive Committee meetings will not be eligible to be elected to any other post of KOA for the next 2 years.(Executive committee membership prior to Two Years is valid)
8. Each member can offer himself for re-election to the same post, but no member shall hold office for more than three consecutive years in the same post.
- 9.All nominations should be forwarded by the respective district club President / Secretary.

ELECTION SCHEDULE

- Election Notification: **15.09.2023**
- Last date for receipt of nomination papers by EC: **31.10.2023**
- Last date of declaration of eligible candidates: **5.11.2023**
- Last date for withdrawal: **10.11.2023**
- Final list of candidates to be published in KOA website ---**15.11.2023**
- Last date for sending the sample ballot papers to contestants: **30.11.2023**
- Last date for receipt of approved ballot paper: **10.12.2023**
- Date of election : **08.01.2024 (2nd Monday of January 2024)**

ELECTION PROCEDURES

- Votes can be cast only by physical voting (using the seal provided by the KOA Election Commission) at the voting station decided by the District Club or Chief Election Officer. Postal or online ballot /voting is not permitted
 - Final voters list with name, KOA LM number, Home club, registered email address and mobile number is published on 5th September 2023 in the office of the EC and KOA website.
 - All clubs will publish the list by 10th September.
 - Every KOA member should select one of the 13 clubs as his/her home club and exercise his franchise only at that club.
 - Every eligible voter shall be having only a single voting right, which shall be exercised in his home club or the designated polling station as deputed by EC for election duty
 - Voter should produce a valid photo Govt. ID (Aadhar/Electoral ID / Passport / Driving licence) or the Photo ID card issued by the KOA Office and Returning Officer will issue ballot paper after verifying ID card
 - Nomination forms can be downloaded from KOA website (www.keralaortho.org) and forwarded to the undersigned after duly filled in with counter signature of respective club President/Secretary, so as to reach before 5PM on 31.10.2023
 - Full details about election procedure is available at KOA website-**www.keralaortho.org**
- Also please send a soft copy of your nomination to the Chief Election Officer email id for intimation.

Dr.Aneen N Kutty

Chief election officer of KOA-Elections 2023-24, 10/346 A, Naveenam, Cherinchal Road, Karanthur PO, Kozhikode – 673571, Mob: 9495188347, Email ID: ankorthodoc@gmail.com

The Calicut Ortho Course 2023

The 19th Calicut Ortho Course was held at 7th to 9th July 2023 at Jayaram Panicker Hall, Medical College, Calicut. Delegates over more than 200 and eminent faculties from all over INDIA attended the course. Patron for CME was Dr Jacob Mathew HOD department of orthopaedics, organising chairman Dr Thanveruddin Sherule and organising secretary Dr Manoj Kumar CV. The course covered diverse range of topics and clinical cases. Participation of renowned faculties provided valuable insights and updates in the field of orthopaedics.



Arthrolearn Basic Knee Scopy at Trivandrum Al Arif Hospital



Arthrolearn a basic Knee Arthroscopy programme was held at Al – Arif Hospital, Trivandrum on 25th June 2023.

Calicut Ilizarov Course, IMA Hall on 22nd & 23rd July 2023

The Calicut Ilizarov Course was held on 22nd and 23rd July 2023 at IMA Hall, Calicut. Seats are restricted to 60 nos and it is a cme dedicated to all about Ilizarov. Stalwarts in the field of Ilizarov were faculty and the delegates enjoyed the academic feast.



KOA Webinar Series & Online Library



The 1st Webinar after the KOACON 2023 was held on 1st March 2023 and it was organised by the Ouilon Chapter of the KOA on "Elbow Fractures" all the KOA Webinar videos are stored in the KOA site and you can make use of it at any time. The last one was organised by the Trivandrum, topic "Revisiting Ankle Injuries, What We Must Know!" and the next is scheduled to be organised by Pathanamthitta chapter of the KOA. The KOA secretary Dr Antony J Thoppil's initiative to start an online Video library, and our IT secretary is working on it to make it as a wonderful orthopedic knowledge bank. All the KOA Webinar Videos will be available on one click from the "KOA Webinar" tab in our site (www.keralaortho.org)

CAPE KOA

The 34th CME and Bioskill Training Program of CAPE KOA, titled "The Art and Science of Knee Arthroplasty" was at Sri Ramachandra Institute of Higher Education, Chennai. The program was aimed at providing a sound understanding of the fundamentals of Knee Arthroplasty and to provide hands-on training under the supervision of expert faculty. Dr Ramakrishnan was the Course Chairman. Dr Shanavas EK, Dr Vinod Padmanabhan, Dr Kailas Viswanath, Dr Sameer Ali and Dr Anoop S Pillai constituted the faculty. The program was supported by KOA and JnJ DePuy. The program was intended for 16 delegates with 4 Cadaver stations. 17 delegates attended the program and were appreciative of content and conduct of the program.

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A 2 Z about Meniscus



The Central Travancore chapter of the KOA conducted a CME on A 2 Z about Meniscus on 2nd July 2023 at Hotel Indraprastham, Kottayam. The KOA president, Dr Tajan P J Inaugurated the same and about 97 delegates participated in it.

POTSCON @ MMC on 30th July 2023

The additional CME of KOA titled POTCON 2023 was conducted by Malabar medical college under the aegis of KOA and Calicut Orthopaedic Society on July 30 ,2023 at Sapphire hall, Malabar Medical College campus, Kozhikode. The organising chairman was Professor MK Ravindran and organising secretary was Professor A N Sadanandan .The theme of the CME was on knee injuries. The meeting was inaugurated by chief guest ,President of KOA- Dr Tajan PJ. The meeting was conducted in mainly 4 sessions. The first session was on tibial injuries,2nd session was on Pediatric knee injuries,3rd session was on femur injuries and 4th session was on extensor mechanism ,patella and fibular injuries. The quiz was conducted and it had an enthusiastic participation from all around Kerala. The joint team from Ernakulam won the first price. Around 200 delegates have participated and the CME was a huge success .



GOC- Shoulder Course at Crown Plaza, Kochi on 5th & 6th Aug 2023

The conference on diagnosis and latest surgical strategies for treatment of shoulder problems, The God's Own Country Shoulder Course 2023, was held at Crowne Plaza, Kochi. The scientific programme is organised by MOSC Medical College Hospital, jointly with the KOA, SESI, IAS, AASK, and the COS. Mr Joy P Jacob, Dr Sojan Iype, Dr Vergis Paul, Dr Ashish Babhulkar, Dr Prathap Kumar, Prof. Dr Arumugam S, Dr Tajan PJ Dr Dennis P Jose, Dr Schiller Jos, Dr Babu Joseph and Dr Sujit Jos spoke in the inaugural session.



OASISCON 2023 @ Mangaluru



OASISCON 2023 was conducted at Mangalore from 1st to 3rd September 2023. The conference inauguration ceremony was presided by chief guest Dr. Chandra Gupta, IGP westren range Karnataka, Dr.Ram Chadda president elect IOA, Dr. Naveen Thakkar, Canara Orthopedic society founder vice chancellor NITTE university Dr. Shantaram Shetty, OASIS president Dr. Sreenivas Reddy, Secretary General Dr. Aneen N Kutty were among the dignitaries There were around

300 registrations, over 200 pg papers and posters. More than 26 trade partners participated in the conference. Extensive scientific sessions were the highlight of the conference Pre-conference live surgery workshops were held in three centres. Prof. Jayaprakash C of Thrissur was honoured during the OASISCON 2023.



Report of the IT Secretary

Greetings from the IT wing of KOA.

The official social media page of Kerala Orthopaedic Association has begun. We plan to cover future events of KOA in social media. The next step is make an Online Photo Gallery for KOA. We hope to have exciting times ahead.

Regards

Dr Kurian Alappatt, IT secretary KOA, Mobile : 9567056148, Email: drkurian@live.com

KOA Journal of Orthopaedics

Dear friends

Greetings from the Editorial Team of KJO

We are in the process of completing the next issue of KJO. We expect the next regular issue to be published in December 2023. We got many articles and expect more. We request everyone to send their articles to our journal at the earliest. Encourage your friends inside and outside our country to submit their articles to our journal. We are in the process of indexing our journal. Many more hurdles to pass before we reach there.

Regards

Dr. Balaji Zacharia, Editor KJO, Mob: 94476 67138, Balaji.zacharia@gmail.com

KOA MENTORSHIP PROGRAMME

Respected Life Members of KOA,

Greetings from the office of the KOA Fellowship!!!

Applications are invited from life members of KOA, for the mentorship Programmes of KOA. A short details of the KOA new Mentorship Programme is attached below, for full details pls refer the KOA Site : www.keralaortho.org. The Mentorship is for a period of 4 weeks & has to be completed within 10th December of every year. Your Mentorship carries an emoluments of Rs 10,000 (Ten Thousand only) and it will be transferred to your Bank Account after completion of training. Please sent your applications on or before October 20th 2023.

For details of the Training Centres(Hospitals) with its attached Speciality & Mentors List pls refer the KOA Site www.keralaortho.org

I am happy to inform that the KOA mentorship training programmes are utilised by many of our junior orthopaedic colleagues and we request our budding orthopaedic members to utilise the same to master in the emerging trends & techniques from the masters of Kerala.

Please feel free to contact me or the office if you need any further clarifications.

Thanking you. Sincerely Yours

Dr Jijo Jose, Chairman, KOA Travelling Fellowship, Dept of Orthopaedics, LLM Hospital, Kidangoor PO, Kottayam - 686572
Email : drjijo@gmail.com, Mob: : 9447131979

Awards & Honours



Dr. Vasudevan PN,
Was elected as the
President Elect (OASIS)



Dr Krishnakumar. R.
for being nominated to the Advocacy
Committee of International Orthopaedic
Surgeons' Organization SICOT
based at Brussels, Belgium



Dr. Pratap Kumar K R
was elected as an
Executive Board Member
of ASEA (Asian Shoulder
Elbow Association)

Please follow link for
KOA Forthcoming Events

https://drive.google.com/file/d/1pK790HF67r6RY2P4GGwVgMGrg_Mlmdpn/view?usp=drive_link

GLIMPSES OF BONE & JOINT DAY ACTIVITIES OF THE KERALA ORTHOPAEDIC ASSOCIATION – 2023

The Kerala Orthopaedic Association celebrated the National Bone and Joint day 2023 with a variety of social oriented programs for a week time of August 1st to 6th 2023 at its different district chapters. This year IOA theme “Each One, Train One & Save One” and the Asia Book of Records & India Book of records activities are intimated and the District chapters of the Kerala Orthopaedic Association observed the National Bone and Joint day celebration by conducting several programs related to it in the respective district chapters and they reported the same to the IOA in the instructed format. we the KOA congratulate the Team IOA for creating the Asian book of record in BLS training in a single day. As part of the National Bone and joint day celebrations some of the KOA district chapters conducted osteoporosis camps



SILVER JUBILEE & PROF. K.C GOPALAKRISHNAN ORATIONS OF KOA 2024.

Applications are invited from the life members of the Kerala Orthopaedic Association for the following

1. SILVER JUBILEE ORATION OF THE K.O.A:

Papers are invited from K.O.A. life members excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The applicant should have at least 5 years life membership of K.O.A. The papers so received shall be sent to President of K.O.A. Evaluation of the papers shall be done by the central scientific committee of KOACON. The duration of oration shall be 20 minutes. No age limit is fixed for the Oration.

2. Prof. K.C. GOPALAKRISHNAN ORATION:

Any K.O.A member can apply for the said oration excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The upper age limit for applying for the oration is 50 years. Kindly send the material for oration (full text as soft copy to keralaortho@gmail.com, antonythoppil@gmail.com) along with the bio-data of the presenter, addressed to the Hon Secretary, of KOA, so as to reach him latest by 30th November 2023.



Koaccon 24
43rd Annual Conference
of Kerala Orthopaedic Association

26 27 28 JANUARY 2024
@ Backwater Ripples
Kumarakom, Kottayam

Dear colleagues

Welcome to the vast aquatic expanse of Kumarakom to reconnect, rejoice, and celebrate the academic feast of

Koaccon *functio supremo.*

We, the Central Travancore Orthopaedic Society, take immense pleasure in inviting you to KOACON 2024 in the pristine and serene Kumarakom landscape at Backwater Ripples.

Let us join hands in making the Orthopaedician in us scientifically up-to-date, technically precise and functionally supreme. And let us breathe in the fresh aroma of earth and water, immerse in the richness of Keraliya culture and music.

Su svagatham.

Dr. Venkiah M.C.
Organising Chairman

Dr. Rajesh K.
Secretary

Dr. Soman Samuel
Treasurer

Dr. Muraleeshwar M.
Dr. Kiyas R.
Scientific Committee



Organised by

Central Travancore Orthopaedic Society
www.koacon2024.com | hello@koacon2024.com

OBITUARY



Dr. Sajeev P.S
Trivandrum

OBITUARY



Dr. Pradeep Kumar V.M
Kannur



*Interact with
seasoned examiners*

Kerala Orthopaedic
Association presents

Fortieth
PGCON
**KOA
PGCON
2023**

NOVEMBER 18, 19

📍 Kottayam Medical College Alumni Hall

HIGHLIGHTS

- PG Teaching Course
Best case presentation awards
- PG Quiz
Best poster presentations
Best poster award
- Paper presentations
Best paper awards

Hosted by Central Travancore Orthopaedic Society



1ST ANNUAL SPORTS MEET OF
KERALA ORTHOPAEDIC ASSOCIATION

CALLUS'23

Sports to Unite Orthos
THE KOA SPORTS MEET



PERINTHALMANNA



For any queries please contact **Dr. Fajish Farook** (Organising secretary) | Ph: 9895 403 918