

# CALICUT UPPER LIMB TRAUMA COURSE 2023

## (CULT 2023)

Organised by the Department of Orthopaedics - Calicut Medical College  
Under the aegis of **Calicut Orthopaedic Society (COS)**, **Kerala Orthopaedic Association (KOA)** and **Orthopaedic Association of South Indian States (OASIS)**



Venue - Hotel Malabar Palace, Kozhikode, Kerala. On 21 & 22 October, 2023

Workshop Partner - Depuy Synthes

# CONFIRMED FACULTY

## Prof Chandrababu

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- Clinical Professor & HOD, Amrita Institute of Medical Sciences, Kochi.
- AO Trauma National Faculty

## Dr Devendra Agraharam

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- Consultant in Trauma in Ganga Hospital, Coimbatore.
- Co - author of chapter on Initial management of Open injuries in the textbook of Rockwood & Green on Trauma (8th and 9th edition) and Text book of Orthopaedics and Trauma.
- He is a co-author of 36 international trauma publications and 2 Chapters so far.

## Lee Van Rensburg

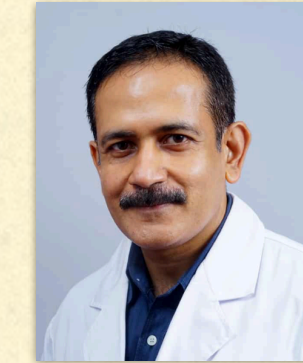
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- Consultant trauma and orthopaedic surgeon, Addenbrooke's Hospital, Cambridge Hospital, NHS Trust & Spire Cambridge Lea Hospital and the Nuffield Hospital, Cambridge.
- Special interest in upper limb trauma especially shoulder and elbow.
- Medical degree from University of Witwatersrand, Johannesburg, South Africa.
- Surgical training from West Suffolk Hospital, UK.
- Orthopaedic rotation from Cambridge, UK.
- Trauma Fellowship, Alfred Hospital, Melbourne, Australia.
- Associated with [www.cambridgefracture.co.uk](http://www.cambridgefracture.co.uk)
- Member of Royal College of Surgeons, Edinburgh, British Orthopaedic Association, British Trauma Society and British Elbow and Shoulder Surgery Society.

## Dr Jiss Joseph Panakkal

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- Senior consultant orthopaedic surgeon, Ernakulum Medical Centre.
- Surg Lt. Cdr. Retd. -Indian Navy
- Fellowship in Arthroplasty and Arthroscopy (AIMS, Hallym University - South Korea)
- AO Fellow (Pelvis and Acetabular surgery -Europe).
- AO Faculty

## Dr Tony Kavalakatt

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- Senior Bone & Joint Consultant Surgeon, Pelviacetabular Surgeon, BMH, Calicut.
- AO Fellowship in Pelviacetabular Surgery, UK.
- AO Trauma Faculty.

# CONFIRMED FACULTY

## Dr Aneen NK

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- Additional Professor of Orthopaedics, GMC, Mananthavadi, Wayanad.
- Secretary General OASIS
- President Elect, Kerala Orthopaedic Association

## Dr Balu C Babu

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- Clinical Associate Professor, Amrita Institute of Medical Sciences, Kochi.
- AO Trauma Fellow (Australia)
- AO Trauma Faculty

## Prof Ravikumar V

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- Professor of Orthopaedics, GMC, Manjeri.

## Dr Arunlal

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- Senior Orthopaedic Consultant, BMH, Calicut.
- Fellowship in Reconstructive Orthopaedics and Ilizarov Surgery, CLLR, Mumbai.
- AO Trauma Faculty

## Dr Rajanish R

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- Senior Bone & Joint Consultant Surgeon, BMH, Calicut.
- Former Associate Professor, MES AMS, Perinthalmanna.

## Dr Anwar Marthya

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- Senior Consultant Orthopaedic Surgeon, Iqraa hospital, Calicut.

# CONFIRMED FACULTY

## Dr Raju Karuppal

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- Additional Professor of Orthopaedics, Calicut Medical College.

## Prof Jacob Mathew

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- Professor of Orthopaedics, GMC, Kozhikode.

## Dr Gopalakrishnan

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- Senior Consultant Orthopaedic Surgeon and Hand Surgeon, Meitra Hospital, Calicut.

## Dr Sibin Surendran

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- Additional Professor of Orthopaedics, Calicut Medical College.
- Fellowship in knee surgery (Seoul), AO Trauma (UK)

## Dr Narayanaprasad

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- HOD, Department of Orthopaedic Surgery, Aster MIMS, Kannur.

## Dr Kumaran Chettiar

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- Additional Professor of Orthopaedics, Calicut Medical College.

## Dr Rajesh Purushothaman

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- Additional Professor of Orthopaedics, Calicut Medical College
  - AO Trauma Faculty
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# OFFICE BEARERS

## Orthopaedic Associations of South Indian States (OASIS)

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President:

**Dr Nithyanada Rao**

Secretary General:

**Dr Roshan Kumar BN**

Honorary Treasurer:

**Dr Manjunath**



## Kerala Orthopaedic Association (KOA)

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President:

**Dr Tajan PJ**

Honorary Secretary:

**Dr Antony Joseph Thoppil**

Honorary Treasurer:

**Dr Jiju A Nuuman**



## Calicut Orthopaedic Society

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President:

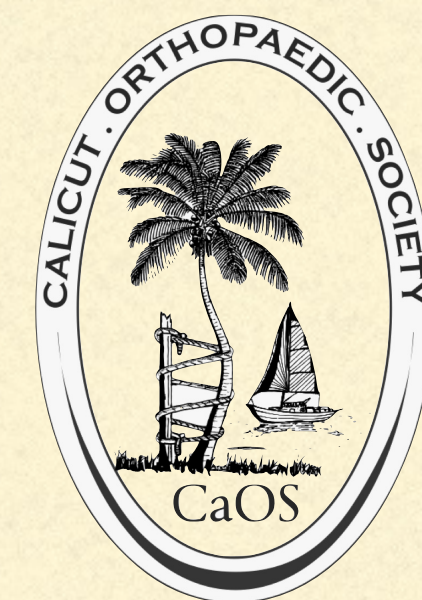
**Prof Jacob Mathew**

Honorary Secretary:

**Dr Abdul Gafoor**

Honorary Treasurer:

**Dr Pradeep Nair**



# SCIENTIFIC PROGRAM

**October 21, 2023. Day 1**

## **Scapula Fractures**

**9AM** - Fractures of scapular body and processes **Dr Lee Van Rensburg** (15 minutes)

**9:15AM** - Fractures of glenoid: **Dr Tony Kavalakatt** (15 minutes)

## **Clavicle Fractures**

**9:30AM** - Clavicle fractures: **Prof Chandrababu** (15 minutes)

**9:45 AM** - Fractures of distal clavicle - **Dr Jiss Joseph Panakkal** (15 minutes)

## **10 AM: Case-based discussion**

**Dr Tony Kavalakatt**  
(30 minutes)

## **Acromioclavicular joint injuries**

**10:30AM** - Relevant surgical anatomy, imaging and classification. **Dr Aneen NK** (10 minutes)

**10:40AM** - Repair: Brief and Cautions **Dr Rajanish R** (10 minutes)

**10:50AM** - Reconstruction: Tips and tricks. **Dr Devendra Agraharam** (10 minutes)

## **11AM Case-based discussion**

**Dr Anwar MH** (30 minutes)

## **TEA BREAK**

## **Proximal humerus**

**11:45AM** -When to fix and when to replace? **Dr Balu C** (10 minutes)

**11:55 AM** - Ten steps in locking plate fixation - **Dr Rajesh Purushothaman** (10 minutes)

**12:05 PM** - How to do locked nailing - **Dr Tony Kavalakatt** (10 minutes)

**12:15 PM** - How to do a hemiarthroplasty? **Dr Anwar MH** (10 minutes)

## **12:30 PM Case-based discussion**

**Dr Devendra Agraharam** (30 minutes)

## **LUNCH**

**13:45 PM Multiloc Nail - Saw bone Workshop - Dr Tony Kavalakatt , Dr Rajanish R** (45 Minutes)

## **Humerus Shaft Fractures**

14:30PM - Is nonoperative treatment still the first option? **Dr Jacob Mathew** (10 minutes)

14:40PM - Minimally invasive anterior bridge plating. **Dr Jiss Joseph Panakkal** (10 minutes)

14:50PM - Associated radial nerve paralysis. Current recommendations: **Dr Kumaran Chettiar** (10 minutes)

## **Distal Humerus Fractures**

15:00 PM - Relevant anatomy, columns, imaging and classification - **Prof Chandrababu** (15 minutes)

15:15PM - Supracondylar intercondylar fractures: Tips, tricks and hacks in fixation - **Dr Lee Van Rensburg** (15 minutes)

15:30PM - Capitellum fractures: **Dr Balu C Babu** (10 minutes)

## **16PM Case-based discussion**

**Prof Chandrababu** (30minutes)

**16:30PM Distal humerus periarticular plating - Saw bone Workshop**  
**Dr Lee Van Rensburg, Dr Arunlal KP** (45 Minutes)

# SCIENTIFIC PROGRAM

October 22, 2023. Day 2

## Elbow Dislocations

**8:30AM** Unstable elbow dislocation: Guidelines and Recommendations. **Dr Lee Van Rensburg** (10 minutes)

**8:40AM** Coronoid fractures: When and how to fix? **Dr Sibin Surendran** (10 minutes)

**8:50AM** Radial head fractures **Dr Arunlal KP**

**9:00 AM** Craft of radial head fixation. **Dr Jiss Joseph P** (10 minutes)

**9:10AM** Art of radial head replacement. **Dr Devendra Agraharam** (10 minutes)

**9:20AM** Olecranon fractures: The current buzz. **Dr Tony Kavalakatt** (10 minutes)

## 9:45AM Case-based discussion

**Dr Lee Van Rensburg**  
(30 minutes)

## Forearm Fractures

**10:15AM** Both bone fracture: What is the latest? **Prof Chandrababu** (15 minutes)

**10:30 AM** Radioulnar dissociation: How to identify and tackle? **Dr Balu C Babu** (10 minutes)

**10:45 AM** Monteggia fractures and variants: **Dr Lee Van Rensburg** (15 minutes)

**TEA BREAK**

## Distal Radius Fractures

**11AM** Relevant anatomy, columns, imaging and classification - **Prof Ravikumar V** (10 minutes)

**11:15AM** Percutaneous pinning: When and how? **Dr Raju Karuppal** (10 minutes)

**11:30AM** When and how to use dorsal plate? **Dr Lee Van Rensburg** (10 minutes)

**11:45 AM** Ulnar styloid fractures: When and how to fix? **Dr Tony Kavalakatt** (10 minutes)

**12Noon** When will you use fracture specific fixation? **Dr Gopalakrishnan** (15 minutes)

**12:15AM** Volar locked plate fixation: My top ten ninja moves. **Dr Devendra Agraharam** (15 minutes)

## 12:30PM Case-based discussion

**Dr Jiss Joseph P** (30 minutes)

**LUNCH**

**13:45PM Distal radius periarticular plating - Saw bone Workshop** **Dr Tony Kavalakatt, Dr Devendra Agraharam**  
(45 Minutes)

## Scaphoid Fractures

**14:30PM** Scaphoid fractures: What is new? **Dr Lee Van Rensburg** (10 minutes)

**14:45PM** How I do a percutaneous fixation? **Dr Gopalakrishnan** (10 minutes)

**15PM** How I do an open reduction and fixation. **Dr Narayanaprasad** (10 minutes)

## 15:15PM Case-based discussion

**Dr Gopalakrishnan-** (30 minutes)

**15:45PM Scaphoid Screw Fixation - Saw bone Workshop -** **Dr Lee Van Rensburg, Dr Gopalakrishnan**  
(45 Minutes)

# CALICUT UPPER LIMB TRAUMA COURSE 2023

## Organising Committee

**Patron:** Prof Jacob Mathew

**Organising Chairman:** Dr Rajesh Purushothaman

**Organising Secretary:** Dr Nithin Karun

**Executive Secretary:** Dr Raphael Baby Puthukadan

**Registration:** Dr Sadiq Ali, Dr Amar Babu, Dr Anand Leo

**Venue:** Dr Manoj Kumar CV, Dr David, Dr Ananthan

**Food and Accommodation:** Dr Khayas Omar, Dr Ramesh Govindaraju, Dr Ibrahim Sheharbani

**Travel:** Dr Arun Prakash, Dr Raj Vignesh, Dr Athul Menon

**Scientific Committee:** Dr Sibin Surendran, Dr Athul Rajesh, Dr Athish KC

**Registration fees:** ₹4000

*50 delegates only*

Account name: **OASIS TRAUMACON 2022**

Account Number: **47120100005228**

IFSC: **BARBOMCALIC**

Bank: **Bank of Baroda, Medical College Calicut branch, Kozhikode, PIN: 673008**

**UPI Payment Link**



**For Registration, please contact**

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*Dr Amar Babu- +91*

*97478866577*

*Dr Anand Leo - +91 9747033037*

**Correspondence Address**

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