

CAPE - KOA
CENTRE FOR ACADEMIC AND PRACTICAL EXCELLENCE



Under the aegis of Kerala Orthopaedic Association 34th CME and Bioskill Training in the Art and Science of Knee Arthroplasty at the Bio-skills Lab, Sri Ramachandra Institute Of Higher Education & Research, Chennai on Sunday 26th March 2023

Dear Friends,

Total knee replacement is fast becoming one of the most commonly done orthopeadic procedures. It is now accepted as the most reliable method of alleviating pain and restoring motion for people suffering from osteoarthritis of the knee. Predictable results and patient satisfaction depend on the perfection of the surgery. Sound knowledge of biomechanics and precise execution in alignment and balancing are the essentials for success in Arthroplasty. Focused interaction with experts and hands-on cadaver training would go a long way to equip the young surgeon to master this surgery.

Cape-KOA is organising a cadaver workshop on Knee Arthroplasty to help the young surgeons to get a solid foundation and confidence in these techniques. We have arranged four cadaver stations and each station will cater to four delegates and would be supervised and supported by experts in the field.

The program will be held at the Bio-skills lab at SRMC Chennai on Sunday the 26th March. See you there

Dr E K Shanavas Chairman, CAPE KOA **Dr. Anoop S Pillai** Secretary, CAPE KOA **Dr Ramakrishnan S**Course Chairman

PROGRAMME

| 26/03/2023, Knee Arthroplasty | | |
|-------------------------------|--|----------------------|
| Timings | Topics | Presenter |
| 9.00-9.15 | Introduction | Dr Anoop S Pillai |
| 9.15-9.30 | Exposures | Dr Sameer Ali |
| 9.30-9.45 | Managing Varus Knee | Dr E K Shanavas |
| 9.45-10.00 | Managing Valgus Knee | Dr Kailas Viswanath |
| 10.00-10.15 | Cruciate Retaining Vs Sacrificing: Pros and cons | Dr Vinod Padmanabhan |
| 10.15-10.30 | Patellar Re-surfacing | Dr Ramakrishnan |
| 10.30-10.45 | Bone Cuts and Gaps | Dr Sameer Ali |
| 10.45-11.00 | Antibiotic prophylaxis and Post Operative Protocol | Dr Ramakrishnan |
| 11.00-11.30 | Interaction with faculty | |
| 11.30-12.00 | Lunch | |
| 12.15-03.30 | Cadaver Workshop | |



FACULTY



Dr Ramakrishnan S



Dr Vinod Padmanabhan



Dr Kailas Viswanath



Dr Sameer Ali



Dr E K Shanavas



Dr. Anoop S Pillai



KERALA ORTHOPAEDIC ASSOCIATION



Dr . Tajan P.J. **President**



Dr. Antony Joseph Thoppil Hon. Secretary



Dr. Jiju A Nuuman Hon. Treasurer

CAPE KOA

Dr E K Shanavas, Chairman Dr. Anoop S Pillai, Secretary

Office Secretary: Mr. Arun K.M, 9526056488, capekoa@gmail.com Last Date for Registration: 19th March 2023 | No of Seats: 16

Registration Fee: 5000/-

Account Name: Centre of Academic & Practical Excellence - KOA, Bank Name: Canara Bank, Kadavanthra Branch, Ernakulam Account No: - 1859201000645, IFSC: CNRB0001859

For Registration:

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