

KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

SEPTEMBER 2022



PRESIDENTIAL MESSAGE

Dear KOA Members,

Our association activities are in full swing and an array of CMEs & workshops are taking place .

The additional CME on basic Shoulder Arthroscopy was organsied by MKOC on 10th July 2022. It was a very informative and was well attended. The annual CTIC in Calicut took place from 15th to 17th July . The Insight , CME on Oncology was organised on 17th July 2022 at Trivandrum . Leading onco surgeons across India presented topics on the subject . There was hybrid executive committee meeting along with that. The CAPE KOA on shoulder arthroscopy was conducted at SRMC Chennai on 24th July . The feedback from delegates is really encouraging . The Bid papers for IOACON 2024 had to reach IOA office by 14th August and we sent accordingly after being signed by proposed organising secretary and myself as KOA president . The organising chairman will be decided in the annual G.B

Another executive meeting took place on 14th Aug 2022 at IMA house, Kochi and important issues were discussed. The executive decided that all members should refrain from unethical practices. This years OASISOCN is taking place from 2nd to 4th Sept at Kurnool, A.P. I request our members to attend the same. The additional CME on Rotator Cuff is taking place on 4th Sept 2022 and organised by Pathtnamthitta club. The Advanced CME of KOA is taking place at Perinthalmanna on 25th Sept 2022.

IOA elections will be happening from 1st Nov to 22nd Nov. We have 2 responsibilities along with voting for the national Election . We have to elect our IOA executive members and also vote for the IOACON 2024. All members please keep note on that, we will be reminding you the same. The next KOACON will be taking place on Alappuzha and I implore all members to actively participate and also present papers.

Before concluding I would like all young members to mobilise your non KOA members to become part of the association and strengthen it.

Jai Hind & Jai KOA Dr Ramakrishnan S



SECRETARIAL MESSAGE

Respected KOA members,

Kerala Orthopaedic Association is bidding for IOACON 2024 at Thiruvananthapuram. We have competition from Bangalore and Pondicherry. It will be decided in the IOA elections which will be conducted in an online format from November 1st to 22nd. Every IOA member can cast their votes. I humbly request all our members to support us and to make sure that you cast your vote during this period. Please try to contact all your Orthopaedic friends from other states and request support for us. With the wholehearted support of all our members we will be able to make it happen.

KOA is back in full swing with a flurry of academic activities coming up. We have advanced CME of KOA coming up at Malappuram on the 25th September, additional CME of KOA on the 23rd October at Thrissur, IOACON from November 27 - December 3rd At Amritsar and KOACON on February 3,4,5 at Alleppey. I humbly request all our members to participate in large numbers and make these academic programmes a grand success. I humbly request all our members who are not yet IOA members to join IOA at the earliest.IOA is conducting regular Surgical Skills hands on courses in every sub speciality on a regular basis. All our junior members please join IOA and utilize the training opportunities.

If any of your colleagues / friends have not yet joined KOA, kindly request them to join KOA and please send us their contact details so that we can communicate with them. I would encourage the young and enthusiastic orthopaedic surgeons to make sure that you undergo proper training, utilising the initiatives from KOA and IOA rather than depending on company people so that we orthopaedic surgeons will continue to remain the masters of our trade. Wishing all of you a fantastic year ahead

Jai Hind & Jai KOA
Dr. Antony Joseph Thoppil
Hon. Secretary KOA

NOTIFICATION FOR KOA-ELECTIONS 2022-2023

Notification is given for conduct of elections to various posts falling vacant in Kerala Orthopaedic Association executive committee in 2023. Nominations are invited from eligible members of KOA for the following

SlNo	Name of Post	No of Post	Term
1.	President Elect	1	1year
2.	Vice President	1	1year
3.	Jt Secretary(South Zone)	1	1year
4.	Jt Secretary (North Zone)	1	1Year
5.	IT Secretary	1	2 Years
6.	Chairman Travelling Fellowship	1	2 Years
7.	Associate Editor(KJO)	1	1 year

ELIGIBILITY

- 1.All candidates should be KOA and IOA life members. Maximum age limit to contest is 65 years for all posts except President Elect. There won't be any upper age limit for the post of President Elect.
- 2. President Elect should be more than 45 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
- 3. Vice President should be more than 40 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
- 4. This year's Associate Editor will become Journal Editor next year and his term will be 2 years as Journal Editor, from next year onwards the term for associate editor will be 2 years., who will automatically become Journal Editor after 2 years.
- 5.One member can propose or second only one person during election process including nomination in the Annual General Body Meeting for vacant seats.
- 6.Executive Committee Members who do not have at least 50% attendance in the executive Committee meetings will not be eligible to be elected to any other post of KOA for the next 2 years. (Executive committee membership prior to Two Years is valid)
- 7. Each member can offer himself for re-election to the same post, but no member shall hold office for more than three consecutive years in the same post.
- 8.All nominations should be forwarded by the respective district club President / Secretary.

ELECTION SCHEDULE

Election Notification: 15.09. 2022

Last date for receipt of nomination papers by EC: 31.10. 2022 Last date of declaration of eligible candidates: 5.11.2022

Last date for withdrawal: 10.11.2022

Final list of candidates to be published in KOA website ---15.11.2022 Last date for sending the sample ballot papers to contestants: 30.11.2022

Last date for receipt of approved ballot paper: 10.12.2022 Date of election: 09.01.2023 (2nd Monday of January 2023)

ELECTION PROCEDURES

Votes can be cast only by physical voting (using the seal provided by the KOA Election Commission) at the voting station decided by the District Club or Chief Election Officer. Postal or online ballot /voting is not permitted

Final voters list with name, KOA LM number, Home club, registered email address and mobile number is published on 5th September 2022, in the office of the EC and KOA website.

All clubs will publish the list by 10th September.

Every KOA member should select one of the 13 clubs as his home club and exercise his franchise only at that club.

Every eligible voter shall be having only a single voting right, which shall be exercised in his home club or the designated polling station as deputed by EC for election duty

Voter should produce a valid photo Govt. ID (Aadhar/Electoral ID / Passport / Driving licence) or the Photo ID card issued by the KOA Office and Returning Officer will issue ballot paper after verifying ID card

Nomination forms can be downloaded from KOA website (www.keralaortho.org) and forwarded to the undersigned after duly filled in with countersignature of respective club President/Secretary, so as to reach before 5PM on 31.10.2022
Full details about election procedure is available at KOA website-www.keralaortho.org

Dr.Tajan.P.J

Chief election officer of KOA-Elections 2022-23, Robinson Road, Near Renjit Motels . Palakkad – 678001, Mob: 9447351881 Email ID: drtajan@gmail.com.

BASIC CME of KOA @ Wayanad., 25th & 26th June 2022 (Noon to Noon)



The Basic CME of KOA was conducted by the Wayanad Orthopaedics Society on June 25 & 26, 2022 at Dr Moopens medical college Meppadi, Wayanad the topic was orthopedic trauma and fracture management. KOA president Dr Ramakrishna S inaugurated the CME. Expert faculty from Kerala and outside shared their experience to enrich the professional knowledge and Skills of the delegates and they also enjoyed the picturesque locale of Wayanad. Orthopaedic theatre Nurses training also conducted along with this. . About 50 staff nurses and doctors participated inthe cme .The presence of Dr Itty sir was a great blessing . Dr. Ajith K was the Course Director. Dr Jayakumar was the Organising Chairman & Dr K Suresh was the Org Secretary.

Additional CME of KOA @ Windsor Castle, Kottayam on 10th July 2022

The additional CME of KOA"The Shoulder-Key Basics "was conducted by Madhya Kerala Orthopaedic Club on 10th July 2022 at Hotel Windsor Castle, Kottayam. The CME was inaugurated by honorable Co Operative Minister Shri V N Vasavan along with KOA president Dr Ramakrishnan S and Secretary Dr Antony Thoppil. Expert panel of faculty shared their knowledge to the delegates. Dr Mathew K M was the course chairman and Dr Muralikrishnan N was the course organizing secretary.



CAPE KOA @ SRMC , Chennai on 24th July 2022.



The 33rd Bio-skill training workshop of CAPE KOA was held on 24th July 2022 at Bio-skills Lab, Sri Ramachandra Institute of Higher Education & Research, Chennai. The workshop titled "DIAGNOSTIC AND INTERVENTIONAL SHOULDER ARTHROSCOPY" aimed to provide the budding Arthroscopy Surgeon with hands on training on Cadaver and focused on Diagnostic Shoulder Arthroscopy, Bankart Surgery and Sub-Acromial Decompression. To this end, young surgeons with exposure to Arthroscopy were selected from the applicants. We are glad to inform that all the candidates chosen for the 16 Cadaveric Training Slots attended the workshop and found it to be extremely helpful as per the feedback.

Dr Harish Chandran was the Course Director. Dr Prince Shanavas Khan (Calicut), Dr Joji Krishnan (Trivandrum) and Dr Unnikrishnan J (Alappuzha) were the other members of the faculty.

Regards

Dr Shanavas E.K, Chairman, CAPE

Dr Anoop S Pillai, Secretary, CAPE

Rotator Cuff Injuries CME @ Pathanamthitta on 04.09.2022

Additional CME of KOA "rotator cuff injuries "organized by Pathanamthitta ortho club at De Charlie's resort Malakkara on 4th September sunday inaugurated by KOA president Dr Ramakrishnan S in presence of AASK President Dr Schiller jos, AASK secretary Dr Sujit Jos, Pathanamthitta orthoclub President Dr Suresh Koshy, Pathanamthitta orthoclub secretary Dr Jayakrishnan and co-ordinator Dr John T John.



INSIGHT @ Trivandrum on 17.07.2022



Insight 2022, the 13th Edition of Annual CME on bone tumours was conducted at Hotel Residency Tower, Trivandrum on 17th July 2022. It was inaugurated by the Hon. President of KOA Dr.S. Ramakrishnan. Faculty from all over India attended the CME & it was an academic feast. Dr Subin Sugath was the Org Chairman and Dr Ebin Rehman & Dr Sreerag were organising secretaries.

CTIC 2022 @ Govt Medical College, Calciut

18 th calicut ortho course was held on 15th,16th and 17th of July,2022 at Jayaram panicker hall,Govt. Medical College Kozhikode.It was actively participated by more than 200 residents from all over India. Organizing team included Dr Kumaran Chettiar, HOD orthopedics as the Patron , Dr Raju K as organizing Chairman,Dr Arun Prakas as organizing secretary, Dr Raj Vignesh and Dr Athul Rajesh as the joint secretaries along with all the faculty and residents of dept.

Highlight of the calicut ortho course included case presentations by residents and discussions chaired by eminent faculties all over India. National faculties included Prof.Mathew Varghese,Prof.Ajay shetty,Prof.Anil Bhatt,Prof.Edward Nazarath,Prof.Hithesh Shah and many more. Prof.T S Gopakumar memorial gold medal exam for the best resident was conducted for the first time . Programme was well accepted and was a huge success like past years .



FORTHCOMING EVENTS

	18th September	Add. TVM CME	Trivandrum	Dr. Kaisar Ennis
	25/9/2022	Add. CME of KOA (Articular # of Upper & lower End of Tibia)	IMA Hall, Malappuram	Dr. E. G Mohankumar/ Dr Fajish
7	22nd & 23rd October 2022	Add CME of KOA (Cadavaeric Shoulder Arthroscopy)	Thrissur	Dr. Sudheer U
•	28th - 30th Oct	SESICON 2023	Grand Hyatt, Kochi	Dr Pathapkumar Dr John T John
	6th November 2022	Add CME of KOA (MCH, TVM)	TVM	Dr. Shanavas EK / Dr. Prem Haridas
	20/11/2022	MOTSCON @ Perinthalmanna	MES	Dr. Gijo A J
	28th November to 3rd December 2022	IOACON 2022	Amristsar	Dr. Paravader Singh Sandhu
	3rd to 5th February 2023	KOACON 2023 , Alappuzha, Punnamada Resort	Alappuzha	Dr Moh Ashraf/ Dr Unnikrishnan

FROM THE DESK OF IT SECRETARY OF KOA

Greetings from the IT Cell of KOA

Greetings from the desk of IT Secretary. Joining KOA is now easy through our official website of KOA. I request all members to convey this message to all postgraduates and orthopaedic surgeons who have not yet become KOA members. Lets unite to strengthen KOA and take it to greater heights.

Regards

Dr Rijesh P

IT Secretary of KOA, Mob: 9746943029,

Email: drrijesh@gmail.com

KOA JOURNAL OF ORTHOPAEDICS

Greetings from the editorial team of KJO

We are in the final lap of the process of publishing our journal with Wolters Kluwer Medknow. We hope that we will be able to come up with our first volume this year itself. I request every member to be prepared with at least one manuscript for our journal. We will let you know the submission portal at the earliest.

Once again requesting your valuable suggestions and guidance for the improvement of our journal.

Regards

Dr. Balaji Zacharia,

Editor KJO, Mob: 94476 67138, Balaji.zacharia@gmail.com

IOA Report

IOA Pelvi acetabular committee successfully conducted a cadaveric skill course at JSS medical College Mysore on 20 and 21 of August. There is an IOA spine surgical skill Boot Camp at Thriuvanathapuram on October 23rd at KIMS health

IOA election 2022 is starting from November 1st to November 22nd as online, please update your data on IOA website, last date for updation is October 10th 2022.

IOACON 2022 is at Amritsar, Punjab from November 28 to December 3rd of 2022 at Guru Nanak Dev University.

Dr.Ajith Kumar.M.N, IOA Exe Member

REPORT OF CHAIRMAN KOA TRAVELLING FELLOWSHIP

Seasons greetings from the Fellowship Committee of KOA

We are happy to inform you that a new KOA obersvership / Mentorship programme is almost finalised. The young surgeons need exposure to the fastly developing subspecialities of Orthopaedics. So we are arranging short-term fellowship for ten sub-specialities of Orthopaedics with experts in various centers of Kerala. There will be limited opportunity for Oversease Observership for those who excel in the programme. We hope this comes as an Onam Gift to our young Orthopaedic members to expertise and mastering various techniques from the masters of Kerala or abroad. Please wait for final updates and grand opening of the same shortly.

Dr. K.R Prathap Kumar

Chairman, Travelling Fellowship Committee of KOA, Dept. of Orthopaedics, Sunrise Hospital, Sea Port - Air Port Road, Thrikkakara, Kakkand-682030, Ernakulam, Mob: 9895057554, Email: pratkumar@hotmail.com ccto keralaortho@gmail.com

SILVER JUBILEE & PROF. K.C GOPALAKRISHNAN ORATIONS OF KOA 2023

Applications are invited from the life members of the Kerala Orthopaedic Association for the following

1. SILVER JUBILEE ORATION OF THE K.O.A:

Papers are invited from K.O.A. life members excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The applicant should have at least 5 years life membership of K.O.A. The papers so received shall be sent to President of K.O.A. Evaluation of the papers shall be done by the central scientific committee of KOACON. The duration of oration shall be 20 minutes. No age limit is fixed for the Oration.

2. Prof. K.C. GOPALAKRISHNAN ORATION:

Any K.O.A member can apply for the said oration excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The upper age limit for applying for the oration is 50 years.

Kindly send the material for oration (full text as soft copy (keralaortho@gmail.com, antonythoppil@gmail.com) along with the bio-data of the presenter, addressed to the Hon Secretary, of KOA, so as to reach him latest by 30th November 2022.

GLIMPSES OF BONE & IOINT DAY ACTIVITIES OF THE KERALA CHAPTER OF IOA

The Kerala Orthopaedic Association celebrated the National Bone and Joint day 2022 with a variety of social oriented programmes for a week time of August 1st to 7th 2022 at its different district chapters. This year IOA theme "Each One Save One" and the Limca book of record activities are intimated and the District chapters of the Kerala Orthopaedic Association observed the National Bone and Joint day celebration by conducting several programs related to it we were reported the same to the IOA in the instructed format.





AWARDS AND HONOURS



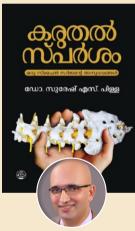
Dr. Rajesh Simon was elected as the President of Indian Foot and Ankle Society



Dr. Dennis P Jose was elected as the Treasurer of Indian Foot and Ankle Society



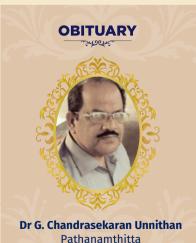
Dr. Philip P Puthumana Govt Medical College, Thiruvananthapuram



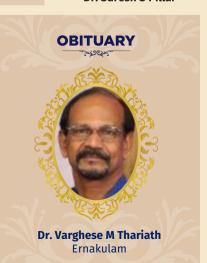
Book Published by Dr. Suresh S Pillai



Honouring of Dr. G.A George, Kollam @ OASISCON 2022, Kurnool, AP



Pathanamthitta



Presidents Theme



42ND ANNUAL CONFERENCE OF KERALA ORTHOPEDIC ASSOCIATION

HIGHLIGHT

ORATIONS

PROF P A ALEXANDER MEMORIAL CME ON COMPLEX TRAUMA

EMINENT FACULTY

SPECIALITY WORKSHOPS

SPECIALITY SESSIONS ON BASIC SPINE, ARTHROSCOPY & ARTHROPLASTY

PANEL DISCUSSIONS

INTERACTIVE SESIONS

MASTERS WITH VIDEO SESSIONS

RESEARCH PRESENTATIONS

DR PAULOSE CHACKO MEMORIAL QUIZ

LAKESIDE BANQUET

DR.UNNIKRISHNAN J (SECRETARY)

Junnikrishnanortho@gmail.com

Ph:9995332620

DR.GEORGE SRAMPICKAL (JOINT-SECRETARY)

Ph-9787404310

DR.JOSEPH DICKSON OLIVERO (TREASURER)

Ph:9446707593

PUNNAMADA RESORT - ALAPPUZHA



FOLLOW US ON

FEB 3,4,5-2023

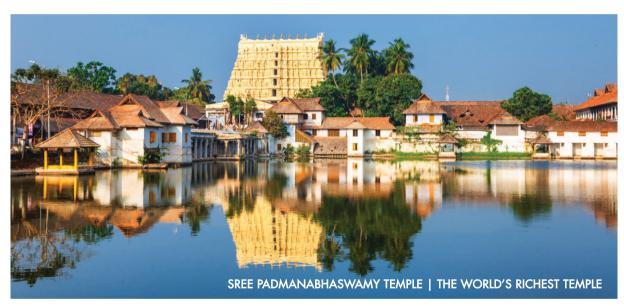


As you know, KOA have submitted the IOACON 2024 Bid with Trivandrum as the Venue for IOACON-2024. We have competition from Bangalore & Pondicherry. KOA humbly request every IOA member to make sure to cast your vote in the forthcoming IOA Online election (November 1st to 22nd , 2022) and also inspire your other state friends to support us by casting their vote in favour of Trivandrum.



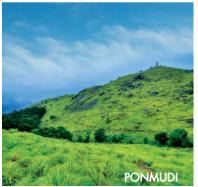
Regards Hon. Secretary, (For Executive Committee of KOA)

TRIVANDRUM IS THE BEST.









INDIA'S MOST RENOWNED HOLIDAY DESTINATION.

This is your chance to escape to the capital of God's own country. Support India's most renowned holiday destination of the world's choicest travelers for IOACON 2024.

