

SCIENTIFIC PROGRAMME



# KOACON - 2022

**41<sup>ST</sup> ANNUAL CONFERENCE  
OF KERALA ORTHOPAEDIC ASSOCIATION**

**11, 12 & 13 MARCH 2022**

**HOTEL TRIPENTA  
MALAMPUZHA, PALAKKAD**

**ORGANIZED BY  
PALAKKAD ORTHOPAEDIC CLUB**

[www.koacon2022.in](http://www.koacon2022.in), [koacon2022@gmail.com](mailto:koacon2022@gmail.com)

**11.03.2022, HALL -A**

**Prof.P.A.Alexander Memorial CME of KOA**

**Session Name : Adult Elbow Trauma**

**9.00 - 9.45 AM**

**Chairpersons**

**Dr. Satyanarayanan  
Dr. Prathap Kumar**

Dr. Naiju A

Supra-Intercondylar Fractures

Dr. Gijo A.J

Radial Head Fracture

Dr. Sibin Surendran

Unhappy Triad of Elbow

Dr. Prasad Menon

Olecranon Fracture

**9.45 - 10.15 AM**

**Chairpersons**

**Dr. Rajeev Rao  
Dr. Binoy S**

Dr. Suresh Ezhuthachan VG

Monteggia Fractures

Dr. Sreehari

Post Traumatic Stiff Elbow

Dr. Prathap Kumar

Post Traumatic Elbow Instability

**Coffee Break (10:15 – 10:30 am)**

**CME INAUGURATION ( 10:30-10:50AM)**

**10.50-11.20 AM**

**Chairpersons**

**Dr. Muhammed Ashraf  
Dr. Kiran**

Dr. Rajeev Rao

Video 1 –

Supra-intercondylar ORIF

Dr. Madhu Nair

Video 2 –

Olecranon TBW

Dr. Premkumar

Video 3 –

Basic Elbow Arthroscopy

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**11.20-12.30 PM****Chairpersons****Dr. Muhammed Ashraf  
Dr. Madhu Nair**

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Panel Discussion – Complex Elbow Trauma Recons. Cases

Dr. Rajeev Rao  
Dr. Vasudevan PN  
Dr. Mohan Kumar

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**12:30-01:30 Lunch**

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**SESSION : PAEDIATRIC ELBOW TRAUMA**

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**1.30-2.20 PM****Chairpersons****Dr. Gopakumar  
Dr. Cherian Kovoov**

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Dr. Gopikrishnan                      Radiology of Child's Elbow  
Dr. Binoy S                                Supracondylar # Humerus  
Dr. Mahendra Varma                    Lateral Condyle # Humerus  
Dr. Manesh Stephen                    Medial Epicondyle # Humerus  
Dr. Jiju George                          Radial Neck Fracture

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**2.20-3.00 PM****Chairpersons****Dr. Mohankumar E G  
Dr. Manesh**

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Dr. Muhammed Ashraf                    Monteggia Fractures  
Dr. Kiran                                    Slipped Distal Humerus  
   Epiphysis in infants  
Dr. Cherian Kovoov                      Stiff Elbow in Children – post  
   traumatic  
Dr. Easwar                                  Cubitus Varus Deformity

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**Coffee Break (3.00 - 3.10 PM)**

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**3.10 - 3.45 PM**

**Chairpersons**

Dr. Jacob PJ  
Dr. P.N. Vasudevan

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Dr. Gopakumar

Video

Type III /IV Supracondylar # CRIF

Dr. Ajay Kumar

Video

Lateral Condyle # CR /ORIF

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**Panel Discussion**

Complex Elbow Trauma cases and Missed Monteggia Recons.

Dr. Cherry Koor

Dr. Gopakumar

Dr. Mahendra Varma

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**06:00 PM INAUGURATION OF KOACON -2022**

## 12.03.2022, HALL -A

**9.00 - 10.00 AM**

**Chairpersons**

Dr. Gopakumar  
Dr. Srishob

**Guest Lecture / Free Papers**

Dr. Mohan Kumar

Surgical Site Infection –  
Current Concepts

Dr. Dominic Puthoor

Evidence Based Medicine – Is  
it really evidence ?

Dr. Arunlal. H

Osteosarcoma masquerading  
as Tuberculosis Hip

Dr. Vaibhav B K

Functional and Radiological  
outcome of # Neck of Femur  
Treated with Cannulated  
Cancellous Screw Fixation.

Dr. Sahukar B M

Functional Outcome Following  
Bi-columnar Plating of Ao-type  
13c Distal Humerus Fractures.

**10-12.00 PM**

**Orations**

**Dr. Ram Mohan K.P**  
KOA, President  
**Dr. Subin Sugath**  
KOA, Hon. Secretary

Prof. KI George Oration

Dr. Jacob P.J

Prof. KI George Oration

Dr. C.Cheryan Kovoov

Silver Jubilee Oration

Dr. Anil Kumar.V

Prof. KC Gopalakrishnan Oration

Dr. Shibu John

### **Invited Lectures**

What to do in Litigation in Clinical

Practise

Dr. Binoy.S

Learning to Unlearn

Dr. L. Prakash

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**12.00-1.20 PM**  
**Prof. PK Surendran Gold Medal Paper**

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**Chairpersons**  
Dr. Ramakrishnan. S  
Dr. Faizal Kareem

Dr. Shankar S	Metal free arthroscopic latarjet
Dr. Joe Davis	Shelf Acetabuloplasty in late stages of Perthe's disease
Dr. Kuriakose Karammen	Open reduction and internal fixation of displaced intraarticular calcaneal #
Dr. Rahul Sreenivasan Thokalath	Trauma mortality distribution with time in a level 1 trauma center.
Dr. Unnikrishnan J	Dual plate for neglected # dislocation of proximal humerus
Dr. Renjit John Mathew	Outcome in TFCC injuries
Dr. Balu C Babu	Robotic-arm assisted medial unicompartmental knee arthroplasty
Dr. Dileep S	Contralateral ACL tears and notch width index

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**Lunch**

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**2.00-3.00 PM**  
**Guest Lecture / Free Papers**

**Chairpersons**

Dr. Sibin Surendran  
Dr. Premkumar

Dr. John T John	Multiligament Knee Injury – Evaluation & Decision making
Dr. Mahesh	Degenerative Rotator Cuff Tear
	– When to touch
Dr. Hari Sankar	Patellofemoral instability – Adolescent

Dr. Karthikeyan S	Arthroscopic isolated subscapularis repair
Dr. Libin Thomas Manathara	Modified mclaughlin procedure for irreducible posterior shoulder dislocation
Dr. Jayakrishnu T J	Comparison of outcome of PCL retaining vs PCL sacrificingTKR

**3.00-4.00 PM**

**Chairpersons**

**Guest Lecture / Free Papers - Trauma**

Dr. Samson

Dr. Ajith Kumar

Dr. Jiss Joseph Panakkal	Proximal Humerus Fractures – Controversies and Treatment Principles
Dr. Tony Kavalakkat	Acetabulum – Posterior column and posterior wall fractures
Dr. Prem Haridas Menon	Hoffa Fracture

**GENERAL BODY MEETING (HALL A): 4.00 PM**

**BANQUET AT VENUE : 7.00 PM**

## 12.03.2022, HALL -B

**9.00 - 10.00 AM**

**Chairpersons**

**Guest Lecture- Arthroplasty  
HIP Preservation**

Dr. Vijaymohan  
Dr. Antony Joseph Thoppil

Dr. Prathap

Shoulder Replacement –  
Reverse

Dr. Harish Chandran

Shoulder Replacement

Dr. Sameer Ali

Uni Knee Replacement

Dr. Hasil

Robotic Knee Replacement –  
Hype or Reality

Dr. Venkatdass

FAI

Dr. Venkatdass

Safe Surgical Dislocation Hip

**10.00 - 1.20 PM**

**Orations / Sessions - Hall A**

**1.30 - 2.20 PM**

**Chairpersons**

**Guest Lectures-  
Hip Arthroplasty, Spine**

Dr. Suresh Pillai  
Dr. Aneen Kutty

Dr. Shareef

AVN Femoral Head – Surgical  
v/s Medical

Dr. Bipin Theruvil

Recurrent Dislocations after  
THR – Problems to address

Dr Karthik M

The accuracy of Robotic-Arm  
Assisted Implantation of  
Acetabular Cup

Dr. Jim Vellara

Clinical Approach to LBA

Dr. Ashok Ramakrishnan

Adolescent Idiopathic Scoliosis



## Prof. Venugopal Gold Medal Paper Session

**2.20 - 3.10 PM**

**Chairpersons**

Dr. Vasudevan P.N  
Dr. Ravi .G. Nair

Dr. R Riju

Delirium in post  
hemiarthroplasty in elderly

Dr. John T John

Transtendon vs conversion  
repair in pasta tears

Dr. Faizal M Iqbal

P/C endoscopic transforaminal  
decompression in degenerative  
lumbar spinal canal stenosis.

Dr. Joice Varghese M J

MCL reconstruction

Dr. C. Vijayamohan

B/L TKR staged less than  
one week apart in patients of  
extreme age

**3.10 - 4.00 PM**

**Debate Session**

**Chairpersons**

Dr. Manesh  
Dr. Easwar

Dr. Dominic Putthoor

Is AMP obsolete ?

Dr. Sudheer

Dr. Sunoj P Paulose

Trochanteric

Dr. Kurian Alappat

Fracture – PFN v/s DHS

**GENERAL BODY MEETING (HALL A): 4.00 PM**

**BANQUET AT VENUE : 7.00 PM**

## 12.03.2022, HALL - C

### 9.00 - 10.00 AM Chairpersons

Guest Lecture- Free Papers -  
Paediatric Ortho, Bone Tumours

Dr. Babu Joseph  
Dr. Anwar Marthya

Dr. Ashiq Mohiyudheen Ali	Osteogenesis Imperfecta Type XV: A Case Series
Dr. Muhammed Thameem P	Idiopathic Chondrolysis Of Hip- A Case Series
Dr. Anoop J	Controlled differential fractional distraction using JESS fixator for relapsed CTEV
Dr. Subin Sugath	Current Trends in GCT
Dr. Kiran	Pediatric Genu Varum
Dr. Dominic Puthoor	Bone Cysts in Children

### 10.00 - 1.20 PM Orations / Sessions - Hall A

### 1.30 - 2.30 PM Chairpersons

Guest Lectures- Free Papers  
Foot & Ankle, Hand

Dr. Bennet Chako  
Dr. Shanavas EK

Dr. Jomin George	Functional outcome of comminuted radial head # treated by prosthesis
Dr. Ajith	Ankle Fractures in Diabetes – Challenges
Dr. Rajesh Simon	Adult acquire flatfoot
Dr. Prasad Menon	Lisfranc Injury
Dr. Gopalakrishnan ML	First CMC joint Arthritis
Dr. Manoj Haridas	Game Keeper's Thumb

## 2.30 - 3.30 PM QUIZ PRELIMS

**3.30 - 4.00 PM**  
**Free Papers**

**Chairpersons**

Dr. Jijo Jose  
Dr. Jeejesh Kumar T K

Dr. Adarsh R S

Functional Outcome Of Tibial Plateau Fractures (schatzker Type V And Vi) Treated With Ilizarov Hybrid Fixation

Dr Ganesh P Subbaiah

Surgical management of humerus shaft fracture with DCP through posterior paratricipital approach

Dr. Sam Babu John

Total knee arthroplasty cases using subvastus approach with mobile bearing rotating platform design implants

**GENERAL BODY MEETING (HALL A): 4.00 PM**

**BANQUET AT VENUE : 7.00 PM**

## 13.03.2022, HALL - A

**9.00 - 10.00 AM**

**Guest Lecture  
Free Papers**

**Chairpersons**

**Dr. Giriprasad  
Dr. Sunny**

Dr. Kiran A M

Dr. Vishnu A S

Dr. Karthikeyan S

Dr. Nidhin C R

Dr. Gopinathan P

Dr. Ajith Shinde

Surgical Fixation Of Scapula #

MIPPO In Humerus Shaft #

Surgical Management Of Post-traumatic Stiff Elbow

Role of Fibular Strut Graft in Proximal Humerus Fractures

Periprosthetic # around TKR

Management of Complex Compound Fractures

**10.00 - 11.00 AM**

**Free Papers**

**Chairpersons**

**Dr. Satyanarayanan  
Dr. Gopikrishnan**

Dr. Girish S

Dr. Shafeeq Abubacker

Dr. Anshid MS

Dr. Girish S

Dr. Shafeeq P

Local Steroid Injection Vs Dry Needling For Plantar Fasciitis

Role Of Synovial Tissue In Meniscal Healing

Unstable intertrochanteric fracture with PFN V/s PFNA2.

CTS-open release vs local steroid injection

CR & P/C K-ire Fixation, Spanning External Fixation and Non-Spanning External Fixator in DER#

**11.00 - 11.50 AM**  
**Free Papers**

**Chairpersons**

**Dr. Jithesh, Malappuram**  
**Dr. Srishob**

Dr. Fijad N R	Unusual presentation of most common tumor
Dr. Aswin Thankachan	Repair integrity and functional outcome of arthroscopic repair of pasta tears
Dr. Anupam S.	Functional outcome of ACL Reconstruction with Meniscectomy/Meniscal Repair
Dr. Mohammed Irshad P.M	Novel Technique of Antibiotic Delivery in Orthopedic Infection
Dr. Abin Baby	Influence of Graft Diameter on Arthroscopic ACL Reconstruction using Anatomical Fixation

**12.00 - 1.00 PM - ORTHOPAEDIC QUIZ**

**1.00 PM - VALEDICTORY FUNCTION**

## 13.03.2022, HALL - B

### Prof. KC Jacob PG Gold Medal Paper Session

9.00 - 10.30 AM

Chairpersons

Dr. Sujith Jose  
Dr. Satyanarayanan

Dr. Mathews Stephan

Predictors Of Survival Among  
Patients With Bone Metastasis

Dr. Nikhil Zacharia George

Latarjet in Pts with Recurrent  
Anterior Shoulder Instability

Dr. Saran P

MIPO in tibial pilon fractures

Dr. Nidhin C R

Semi acute docking over a shor  
span in bifocal osteosynthesis  
for treating defect non union

Dr. Sherindas

Role of double plating in  
complex orthopaedic trauma

Dr. Akhil P

Outcome of concomitant ACL  
with MCL injury

Dr. Ashwin

Supracondylar intercondyla r#  
femur with distal femoral LCP

Dr. Shinas B Salam

Assessment of femoral tunnel  
using 3D CT scan on function  
outcome in arthroscopic ACL  
reconstruction

## Video Presentations

**10.30 - 11.30 AM**

**Chairpersons**

**Dr. Vinod Padmanabhan  
Dr. Lenoy C Cheeran**

Dr. Khayas Omer Kunheen

Habitual dislocation of patella-  
the AlaCarte way

Dr. Bobby Paulose

Total hip arthroplasty using  
Direct anterior approach to hip  
Arthrolatarjet- a minimally  
invasive bony solution

Dr. Dileep S

Dr. Mohammed Irshad P M

Tips & Tricks of Transforaminal  
Endoscopic Discectomy

Dr. Anupam S.

A Case of Discoid Medial  
Meniscus in an Adult Male

Dr. Jyothiprasanth.M

Arthroscopic CT Release

Dr. Balu C. Babu

Versatility of Robotics in  
executing individualised  
alignment for TKA

**12.00 - 1.00 PM - ORTHOPAEDIC QUIZ- HALL A**

**1.00 PM - VALEDICTORY FUNCTION- HALL A**

**13.03.2022, HALL -C**

**9.00 AM**

**P.V. Padmanabhan Nair  
Gold Medal Poster Presentation**

10 posters as oral presentation  
for 2 minutes each.

## Poster Presentations

Dr. Harshitha H Udupa  
Dr. Nidhin Chacko V H  
Dr. Amish Rahi  
Dr. Ashwin Rajamohanan  
Dr. Rahul Chandran  
Dr. Akhil R  
Dr. Aswin Thankachan  
Dr. Maqbal Muhasin Nazar  
Dr. Shyam Gopal V  
Dr. Arun Ravindran  
Dr. Vaibhav B K  
Dr. Rahul Sreenivasan Thokaloath  
Dr. Sahukar B M  
Dr. Krishna Prabhash  
Dr. Dileep S  
Dr. Mahesh Anil  
Dr. Abin Mohammed  
Dr. .Syed Avad Hussain  
Dr. Vishnu A S  
Dr. Asgar Ali Usman  
Dr. Aswinlal K S  
Dr. Adarsh R S



## Poster Presentations

Dr. Arun Ravindran

Dr. Ramsheela P A

Dr. Alagu Aiyappan

Dr. Sanjeev Pranav

Dr. Jimshad Kakkattil

Dr. Midhun Babu M

Dr. Jishnu VN

Dr. Krishna Prabhash

Dr. Joe Davis

Dr. Rajesh

Dr. Siyad Ahammed

