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# KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

JUNE 2021



## PRESIDENTIAL MESSAGE

Esteemed members of Kerala Orthopaedic Association,

I am indebted to each of you for having chosen me as the President of this August body for the year 2021.

Some of our colleagues have left for heavenly abode since our last executive including one of our past President and we all are greatly bereaved by their untimely demise. I on behalf of KOA place on record our great grief and anguish.

Rising to the occasion, we could conduct our annual conference on a virtual platform, thanks to the untiring efforts of our Secretary and the vibrant scientific committee headed by Dr. Vijaymohan and Registration committee lead by Dr. Sudheer Sherief. The new executive committee took over and I welcome all the new members who have been installed in the executive committee, obtaining decisive mandate.

Last year, several of our members had succumbed to tragedies and ailments and our esteemed body had courageously come out with monetary aid to them. Though this was a great gesture, continued contributions of that sort seriously hampers the economic health of our Association. It is in this context that we have taken up our new venture, **The KOA Benevolent Fund**. The GB during KOACON2021 and subsequent executive committee meeting have approved the creation of this fund accepting a contribution of Rs. 1000 from each member and subsequent yearly contributions of RS.500/-. I request all life members of KOA to make this contribution if not already done.

We had the first executive committee meeting in February 2021, at Thrissur, a physical meeting and the Second meeting at Kochi on 27.06.2021. I had the occasion to visit the District Club Meetings of Thrissur and Cochin but thereafter the Second wave of "Pandemic" shut the doors for any further club visits or direct interactions. I hope that I will be able to have my presence in other clubs also over this year.

The second wave of Pandemic has greatly hindered our academic and social activities. We are nearly half way through the year and nothing of substance have materialized. In last IOA ex.com. meeting, it was remarked that even if Physical conferencing is not possible, state chapters should go through their annual meet in fully virtual or hybrid mode of meeting. I also is of the opinion that

we should continue with our annual schedule as far as possible; because the waiting game may not end soon. Last full year we did not have our stipulated basic or advanced CMEs and this year also, the stipulated date for basic CME is over. So may I plead the district chapters who have promised to host the events to go on with their program and conduct it on an online mode. Regarding our annual conference also, let the host chapter – Palakkad conduct the program; in virtual or hybrid mode

I have chosen **"Improving care in fractures in Elderly"** as the Presidents theme for the year 2021. Optimal stabilization of the fracture, sufficient post operative and follow up care after hospitalization, adequate rehabilitation, continued treatment of co-morbidities and Osteoporosis all are important factors to reduce morbidity and mortality after a fracture in elderly. The slogan for the year may be-

### **"Fractures in Elderly-Stabilize, Support and Rehabilitate"**

With the excellent activity of the building committee, we could procure meeting hall and office in IMA hall at Kochi. We are greatly indebted to the building committee headed by Dr. Tajan for this accomplishment

At present, The Orthopaedic Surgeon's life is riddled with many challenges. Demanding and suspicious patients, unscrupulous media looking for scapegoats, pressure exerted by employers for higher revenue and ever changing treatment modalities all exert considerable stress and often the average young surgeon has difficulty to cope up with. In such a scenario, the umbrella provided by a professional organization is essential. KOA is striving to be a solace to your academic, social and personal comforts and I plead to all Orthopaedic surgeons of the state to enroll yourself as a member and thus strengthen the association as well as yourself.

With restrictions improving, I hope that we will have fruitful academic deliberations and social interactions, in the remaining part of the year. Wishing an excellent professional and personal life to all my friends throughout the year.

Jai KOA  
Your President,  
**Dr. Ram Mohan K.P**

### Presidents Theme

**National:** Atmanirbhar Orthopaedics: Indian at Heart, Global in Competence

**State:** Fractures in Elderly-Stabilize, Support and Rehabilitate



## SECRETARIAL MESSAGE

### Respected teachers and friends

The second wave of Covid pandemic has been testing times for all of us and I pray and hope every one of you and family are safe and healthy.

Owing the Covid protocol restrictions the 40th annual conference of KOA was held for the first time in a virtual platform. Dr Ram Mohan K P took over as the Hon. President of KOA during the online GB of KOA and I would like to place on record our sincere thanks to the outgoing President Dr Cherian Kovoov for all the help and guidance extended to KOA during his tenure. There were over 500 registrations for the conference and the scientific content was well appreciated. I would like to thank the whole organising committee for all the effort they put in a very short time to make the conference a grand success.

KOA set an example to other organisations when we all worked as one to help our colleagues who were in need of help due to health issues. But it is not practical to do such crowd funding every time an issue arises. Hence the GB of KOA decided to start the KOA Benevolent Fund (KBF) to help our members in case similar situations arise in the future. There will be joining fee of Rs 1000 and an annual subscription of Rs 500. This is not a substitute to the social security schemes of IMA and I urge all members to join all the three social security schemes of IMA.

As part of our social commitment the KOA executive decided to

hand over 30 mobile phones to the Government of Kerala to help students attend the online classes. The phones were handed over to the Hon. Minister of Education, Sri V Sivankutty at a function held in Trivandrum. The phones will be handed over to eligible students in different schools through out the state as per the list prepared by the Government of Kerala.

The registration of the flat at IMA House Kochi has been completed and the new office of KOA is functioning in this flat.

It has been decided to start fellowships of short durations (2-3 weeks) where our junior colleagues get an opportunity to spend time with the experts in different sub specialties without taking a break from their current jobs.

The process of collecting the updated address and photograph for the KOA ID card and phoneapp is in its final phase. Requesting all who have not updated their information to do so before 30th of July 2021.

We are expected to face the third wave of Covid 19 by October. Let us all follow the Government Covid Protocols to keep both our home and work places safe.

Jai KOA

**Subin Sugath**

Hon. Secretary, KOA

## SMART PHONES FOR DESERVING STUDENTS



Kerala Orthopaedic Association (KOA) handed over Smart phones to students. Kerala Orthopaedic Association President Dr. Ram Mohan K. P. handed over 30 Smart phones for deserving students to Honourable Minister for General Education V. Sivankutty on Sunday. KOA Secretary Dr. Subin Sugath and Treasurer Dr. Ansu Anand A. Dr. Binoy.S, Dr. Santhoshkumar, Dr. Aneen N Kutty & Dr. Jiju A.N were also present in the occasion.

### Presidents Theme

**National:** Atmanirbhar Orthopaedics: Indian at Heart, Global in Competence

**State:** Fractures in Elderly-Stabilize, Support and Rehabilitate

## EXECUTIVE MEMBERS



**Dr. Ansu Anand.A**  
Hon. Treasurer, KOA



**Dr. Ramakrishnan.S**  
President Elect, KOA



**Dr. Sasikumar.C**  
Vice President , KOA



**Dr. Binoy.S**  
Chairman, Long Term Planning



**Dr. K.R Prathap Kumar**  
Chairman Travelling Fellowship, KOA



**Dr. Cheriyan Kovoov.C**  
Imm Past President, KOA



**Dr. Rijesh.P**  
IT Secretary, KOA



**Dr. Rajamohan.C.K**  
Jt Secretary, North Zone



**Dr. Jiju.A.N.**  
Jt Secretary, SouthZone



**Dr. Ashok Ramakrishnan**  
Editor, KOA Journal



**Dr. Vijayamohan.S**  
CAPE KOA ,Chairman



**Dr. Shareef. A J**  
CAPE KOA, Secretary



**Dr. Sethu.S**  
IOA Ex CommMem



**Dr. Ajith Kumar.M.N**  
IOA Ex CommMem



**Dr. Vasudevan P.N**  
OASIS, Vice- President



**Dr. Aneen N Kutty**  
OASIS, Secretary General



**Dr. Suresh S Pillai**  
Editor, Journal of OASIS



**Dr. Sunil P.P**  
OASIS Treasurer



**Dr. Manuel Joseph**  
OASIS, Ex Comm Member



**Dr. Simon Mathew.M**  
OASIS, Ex Comm Member

### Presidents Theme

**National:** Atmanirbhar Orthopaedics: Indian at Heart, Global in Competence

**State:** Fractures in Elderly-Stabilize, Support and Rehabilitate





**Dr. Jose Francis**  
President, Trivandrum



**Dr. Valsala.K**  
President, Kollam



**Dr. Suresh Koshy**  
President, Pathanamthitta



**Dr. Sethu Kunnel Ponnappan**  
President, Alleppey



**Dr. George Thomas**  
President, MKOC



**Dr. Mathew K. C**  
President, Kochi



**Dr. Jacob P.J**  
President, Trichur



**Dr. Sibin Surendran**  
President, Calicut



**Dr. Suresh Kumar.T.P**  
President, Wayanad



**Dr. Kumaran.CM**  
President, Malappuram



**Dr. Tajan P.J**  
President Palakkad.



**Dr. Vinod Kumar.P**  
President Kannur



**Dr. Nagaraja.C.**  
President, Kasaragod



**Dr. Shibu John**  
Secretary, Trivandrum



**Dr. Shahid Latheef**  
Secretary, Kollam



**Dr. Jayakrishnan.R**  
Secretary, Pathanamthitta



**Dr. George M Srampickal**  
Secretary, Alleppey



**Dr. Samson S Edayalamuriyil**  
Secretary, MKOC



**Dr. Sujit Jos**  
Secretary, Kochi



**Dr. Sudheer.U**  
Secretary, Trichur



**Dr. Nithin Karun**  
Secretary, Calicut



**Dr. Randheer Krishnan.K**  
Secretary, Wayanad



**Dr. Jitesh.P**  
Secretary, Malappuram



**Dr. Ponnirajan**  
Secretary, Palakkad



**Dr. Anoop j Mattam**  
Secretary, Kannur



**Dr. Prasad. M. Menon**  
Secretary, Kasaragod



## KOACON 2021 , KOCHI ( HYBRID PLATFORM )



The 40th Annual State conference of Kerala orthopaedic Association (KOACON 2021 ) was conducted on 30th and 31st January 2021 on a hybrid Platform. The conference inauguration was held on 7.30 pm on 30th Jan 2021, The inauguration was solemnized by Honorable President Indian Orthopaedic Association, Dr.B Shivashankar , a well know surgeon & a great humanitarian. Dr. Cherian Kovoor Presented the presidential address and Felicitations by Dr.Rammohan KP President elect KOA , Dr. Vasudevan PN, Vice President OASIS , Dr. Aneen N Kutty, Secretary General OASIS & Dr.Kuriype, Chairman IMA, Kochi. KOA Secretary Dr. Subin Sugath Presented the KOA Annual Report of the year 2020-21 and Key note address by Dr. T.V Ravi President Cochin Branch of IMA, Welcome address by Scientific committee Chairman Dr. Vijayamohan.S & Vote of thanks by Org Secretary Dr. Ansu Anand A, Treasurer KOA, 98 faculty including national and international experts in various subspeciality led conference lectures and modules. International faculties includes Dr. Freeman Miller, Dr. Mike Lemon Dr. Laxminarayan, Dr. Briad, Dr. Sunil Triikkanad, Dr. Anatharam Shetty and Dr.Radhakant Pandey & Eminent faculties from the Kerala shared their knowledge, views and experience & Expertise in the respective subjects. 550 delegates attended the conference & enjoyed the academic feast of the Kerala Orthopaedic Association hosted by the KOA itself . The scrupulous service & devoted effort of the entire organizing team and the cute conference design leads it to a great success.

## CME's



The 4th CME on Pelvi Acetabular fractures & Minimally Invasive Spine Surgery was held on 9<sup>th</sup> to 11<sup>th</sup> April 2021 at Govt Medical college Thrissur Prof Jayaprakash C (Hon Chairman), Prof. TM Jose Org Chairman and Dr Vinesh Senan was Org Secretary . It was a three day CME attended by delegates from all over India . It had a basic and advanced workshop for training in these surgeries on cadavers.

### Presidents Theme

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**State:** Fractures in Elderly-Stabilize, Support and Rehabilitate

## IOA President's visit of New KOA Office at IMA House, Kochi on 30th January 2021



KOA Executive Meet held on  
27th June 2021 at Board Room IMA.



The **KOA president Dr. Ram Mohan** addressing the Cochin Orthopaedic Society audience during his official club visit to the Cochin Chapter of KOA, KOA treasurer Dr Ansu Anand A also attended the meeting held on 7<sup>th</sup> April at IMA Kochi.

Hon. President Dr K P Ram Mohan receiving the registration documents of the KOA office at IMA house Kochi from building committee chairman Dr. Tajan .P.J.



## KOA BENEVOLENT FUND

The General body of the KOA decided to start a benevolent fund for its members and the KOA General Body entrust a committee to formulate guidelines for the start and function of the same.

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## KOA TRAVELLING FELLOWSHIPS 2021-2022

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA.

**1. K.O.A. fellowships 2 Nos (Rs.40,000/- Each)**

**2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 40,000/-)**

**3. Basic Science Research Fellowship 1 No. (Rs.40,000/-)**

Applicants should be below the age of 40 years as on 31-12-2021. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed. Application form can be downloaded from the official web site of KOA "www.keralaortho.org". Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the Constitution and protocols of KOA. Duly filled application forms 1 & 2 and C.V. may email/send to the Chairman, Travelling Fellowship Committee in the address given below, so as to reach him that the latest by 30<sup>th</sup> August 2021 In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.

### Address for Communication:

Dr. K.R Prathap Kumar Chairman, Travelling Fellowship Committee of KOA, Dept. of Orthopaedics, Sunrise Hospital,  
Sea Port - Air Port Road, Thrikkakara, Kakkand-682030, Ernakulam, Mob: 9895057554

Email : [pratkumar@hotmail.com](mailto:pratkumar@hotmail.com) cc to [keralaortho@gmail.com](mailto:keralaortho@gmail.com)

## FROM THE DESK OF IT SECRETARY OF KOA

Dear Friends

Greeting from the IT Department of the KOA

The Kerala Orthopaedic Association website "www.keralaortho.org" with addition of new pages and work has been started to completely revamp the site facilities. There is an events bar on the right side of each page with information on coming academic events in the orthopaedic fraternity of Kerala. I welcome suggestions on improvement on the website.

Thanking you

With Warm Regards

**Dr. Rijesh P.**, IT Secretary of KOA

Mob: 9746943029, Email : [drrijesh@gmail.com](mailto:drrijesh@gmail.com)

## KOA JOURNAL OF ORTHOPAEDICS

Greetings from KOA Journal.

Just two requests this time from me. Please login ( <https://www.kjo.org.in/> ) and use the website address to upload your articles. We are in the early stages on online submission and tracking and hence need to fine tune it and correct any glitches of any.

The second is to forward your valuable comments to letters to the editor.

Let's keep the journal vibrant and active.

Thanking you

**Dr. Asok Ramakrishnan**, Editor, KJO. Mob: 9895510872

### OBITUARY



**Dr Ramachandran Nair.N**  
Ernakulam

### OBITUARY



**Prof. U Jayaprakash**  
Calicut

### OBITUARY



**Dr.P.Nandakumar**  
Kochi



## AWARDS & RECOGNITIONS

### KOACON2021, Kochi ( Hybrid Platform )



**Dr Divya. G,** Ernakulam  
Prof. P.K Surendran Gold Medal for  
Best Paper Presentation



**Dr. Abin Muhammed,** Trivandrum  
Dr.P.V Padmanabhan Nair  
Gold medal for Best Poster



**Dr Siyad Ahamed PP,** Alappuzha  
Gold Medal for Best Video.



**Dr. Sakkir P,** Alappuzha  
Prof. K.C Jacob Gold Medal for  
Best PG paper Presentation



**Dr. Afsal VP,** Calicut  
Prof. T . C Joseph Gold Medal  
for Best PG Student.



**Dr.Puneet K Pai**  
Calicut Medical College



**Dr.Arun Radhakrishnan**  
Calicut Medical College

#### Dr Paulose Chacko Quiz Winners

**BEST CLUB TROPHY OF KOA FOR THE YEAR 2019-2020  
AWARDED TO COCHIN ORTHOPAEDIC SOCIETY**

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