

# KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

SEPTEMBER 2019 [www.keralaortho.org](http://www.keralaortho.org)

## PRESIDENTIAL MESSAGE



In a peculiar circumstance, I have become president in charge of KOA since June 30, 2019. My aim is to keep KOA united and strengthen it. We should maintain mutual respect, set apart our egos, uphold the dignity of our profession and improve our scientific knowledge. No person is above KOA. We always ask for our rights and privileges as a KOA member. We should also ask ourselves, what I have done to KOA.

This year we had conducted Bone and Joint day celebration activities in almost all District clubs. We had more of awareness programs to public. Number of free surgeries done were only few.

I had attended the OASIS conference at Puducherry on 23rd, 24th and 25th of August 2019. It was a well organised conference. The no of delegates from Kerala were only few. I request the youngsters to have more publications, scientific and poster presentations in KOA, IOA and OASIS conferences.

This year we will have membership drive for KOA and IOA. I wish all success in your profession and happiness in your life.

Jai KOA

**Dr. Jacob P J**

President In Charge KOA

## SECRETARIAL MESSAGE



Change is a way of life. When a society has to face unfairness and inequality the 'change' becomes inevitable. Mankind has progressed and reached whatever we are today because of the positives we have imbibed from these changes.

The success of any society is measured by what it gives back to its members. We are fortunate to be standing on an academic pedestal built by our renowned seniors. We need to strive harder to improve our academic standards by increasing sub specialty meetings where what is the latest is discussed in detail, increasing training facilities for our junior colleagues but not at the expense of ignoring general broad CME's which form the backbone of our academic training. Efforts must be taken to publish our valuable data so that the world appreciates the quality of work being done in our state. The association must also brain storm on what can be done to address the situation of decreasing job opportunities and remuneration for our junior colleagues.

Its election time once again. This time all steps have been taken to conduct a free and fair election where every aspirant will get his right to contest and every member will have the opportunity to exercise his mandate to vote.

Its time to set aside personal and regional differences and move as a single force to meet the challenges ahead of us. If we don't, there will be a 'change' which will never forgive us.

Jai KOA

**Dr. Subin Sugath**

SECRETARY KOA

## Silver Jubilee & Prof. K.C Gopalakrishnan Orations of KOA 2020

Application are invited from the life members of the Kerala Orthopaedic Association, who has more than five years of membership, for Silver Jubilee Oration 2020 from any life member of KOA less than 50 years for Prof. K.C Gopalakrishnan Oration 2020. Orations will be for a duration of 20 minutes for Orations and 2 mts for introduction of orator and to be delivered on the 1 day of the conference (KOACON-2020) Kindly send the material for oration (Full text as soft copy) with the full bio-data of the presenter to the President in charge of KOA in the following address so as to reach him at the latest by 30 Nov. 2019. The Age Limit for Prof. K.C Gopalakrishnan Oration is 50 and no age limit for silver jubilee oration

Dr Jacob P.J  
President in Charge KOA  
Pulikkottil House. Myelipadam  
Trichur City PO, Thrissur - 690 020  
9447380941  
Email: [jacobpj100@yahoo.co.in](mailto:jacobpj100@yahoo.co.in)

**Presidents Theme**

*National: Roots of Responsibility Wings of Professional Excellence*

*State: Keep KOA United*

# ELECTION 2020

Nominations are invited from the members of KOA, for the posts that are given below, in the executive committee of Kerala Orthopaedic Association.

1. President Elect - 1 post, term 1 year.
2. Vice- President - 1 post, term 1 year
3. Joint Secretaries - 2 posts, term 1 year  
( One each from South & North zone )
4. Editor KOA Journal – 1 post term 2 year
4. OASIS Treasurer - 1 post, term 3yrs

Votes can only be cast by physical voting at voting stations arranged in the different places or club headquarters. For the Election protocol please refer our website.

The concerned club secretaries will be responsible for the smooth conduct of election in their clubs in close association with the Chief Election Officer.

## ELIGIBILITY

All candidates should be KOA and IOA Life Member

President Elect should be more than 45yrs, 10 years KOA membership, 2 years executive committee membership

Vice- President should be more than 40yrs, 5 years KOA membership, 2 years executive committee membership

Members of previous executive committees, who do not have 50% attendance will not be eligible.

One member can propose/second only one candidate during the election process including the AGM for vacant posts, if any.

All nominations should be forwarded by the respective district club President/ Secretary

No member shall hold the same post in the executive for more than 3 consecutive years.

## ELECTION SCHEDULE

Election Notification 15 September 2019

Last date for receipt of nomination papers by EC 31 October . 2019

Last date of informing the candidate (Scrutiny of nomination papers by EC) 5 November 2019

Last date for withdrawal 10 November 2019

List of candidates to be published in KOA website 15 November 2019

Last date for sending the sample ballot papers to contestants 30 November 2019

Last date for receipt of approved ballot paper 10 December 2019

Date of election- Monday, 13<sup>th</sup> January 2020

Nomination forms can be downloaded from the official web site of KOA

[www.keralaortho.org](http://www.keralaortho.org)

Duly filled nomination forms with necessary enclosures may be sent to the chief election officer in the address given below, preferably by registered Post- Acknowledgement Due so as to reach him at the latest by 31 October 2019 .

Sd/-

**DR C CHERIYAN KOVOOR**

CEO – KOA ELECTIONS 2019-2020

DEPARTMENT OF ORTHOPAEDICS

ERNAKULAM MEDICAL CENTRE

NH BY PASS, VENNALA PO

PALARIVATTOM

ERNAKULAM : PIN 682028

Mob: 9847137792

Email : [kovoor63@gmail.com](mailto:kovoor63@gmail.com)

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## Election decisions in the Special GB 2019 @ (Thrissur on 30th June 2019 )

1. If a club does not participate in/refuses to participate in/boycotts any election of the Kerala Orthopaedic Association [KOA], eligible voters of those clubs may vote in the adjoining district where election is being held and Returning Officer [RO] should inform the Chief Election Officer[ CEO] by Whatsapp/SMS/ and email- the names and KOA membership number of the voters from the other district clubs who have voted there and the CEO shall Inform all the other RO s the names of these voters so as to prevent double voting.
2. The Club Secretary Shall be barred for 5 yrs from contesting any elected or nominated post of the KOA if he refuses to conduct an election of the KOA
3. If the Club Secretary cannot [for reasons other than refusal] conduct an election of the KOA, then he or the Club President will have to nominate a KOA member who has been a Life Member [LM] for at least 5 years
4. If a Club President will not / cannot go as a Returning Officer and will not appoint a substitute, then the [CEO] can appoint a KOA member who is a LM for 5 yrs.' to act as the RO and the substituted RO may be from the same club or another club as per CEO's discretion
5. The KOA office and the Office Secretary shall be involved in all elections of the KOA and all elections of the KOA shall be done through the KOA office only including printing of the Ballot papers and posting/ delivering the ballot papers
6. All meetings of the Election Commission of the KOA [EC-KOA] shall be conducted after informing the members of the EC-KOA by e mail and WhatsApp/SMS and the minimum of 25% of the members should be present for the meeting to be legally valid.
7. The EC-KOA shall have final say in candidate selection issues
8. After any election of the KOA each RO shall send the signed voters list, affidavits of the polling agents, counting sheet/ proforma [signed by all concerned ], used and unused ballot papers to the postal address of the CEO by registered post
9. Not mandatory for secretaries to minute the election in club meetings
10. In case of disputes regarding election matters the decision of the General Body of the KOA [annual or special] shall be final
11. A period of one week will be given for candidates and clubs to officially object to the rejection or acceptance of any candidate by sending email to the CEO, EC members and KOA Secretary
12. The EC is bound to give a reply to all these complaints within one week after last date of receipt of complaints.
13. If a candidate or club doesn't receive a reply from the EC within the stipulated time they can take appropriate legal measures
14. Any legal measures taken without approaching the EC will be considered as an anti Association move and appropriate action would be taken by the GB for the same

## IT Secretary's Message

Dear Friends  
Greeting from the IT Department of the KOA

The Kerala Orthopaedic Association website "[www.keralaortho.org](http://www.keralaortho.org)" has been revamped with addition of new pages and facilities. Any conference / CME conducted under the aegis of KOA will be updated in the KOA website with links provided to download brochures or can be redirected to the CME website as is required. All the data has been updated till now.

We are planning to introduce login area exclusive to the members of KOA and to provide academic material which can only be accessed by the members of KOA. The details are being worked out and will be informed to all members as and when it is ready. We request all the members KOA to share with us academic materials like PowerPoint presentations, papers from our members accepted in indexed journals, accepted treatment protocols or any kind of orthopaedic material which would be useful for reference for all KOA members especially the younger members.

Everyone please go through the website and we welcome suggestions on improvement on the website  
Thanking you  
With Warm Regards  
Dr. Antony Joseph Thoppil, IT Secretary of KOA

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## Shouldercon 2019, Sunrise , Kochi( 24-26th May 2019)

5th Sunrise Shouldercon was conducted on 24th, 25th and 26th of May 2019. On 24th there was a Pre-conference hands on workshop on Shoulder Arthroscopy. Main conference included five live Shoulder Arthroscopic surgeries, presentations by National faculties and Panel discussions. This conference was aimed exclusively at surgeons interested in Shoulder specialty and was inaugurated by Indian Volleyball Player Mr Tom Joseph. TCMC has allocated 4.5 hours of CME points for this conference.

Thank you  
Dr KR Prathap Kumar  
Organising Chairman  
5th Sunrise Shouldercon



## Basic CME of KOA, Trivandrum (9th June 2019.)



Basic CME of KOA was held at Trivandrum on 9<sup>th</sup> June 2019. The topic was "Adult Hip", The programme organised by the medical college Trivandrum along with the Trivandrum Orthopaedic Society and under the aegis of Kerala Orthopaedic Association. Eminent faculty from the field of joint replacement shared their knowledge and surgical skills. Dr Arun K was the Org. Chariman and Dr Prem Haridas was the Org secretary.

## Additional CME of KOA @ Thrissur ( 29-30th June2019)

Thrissur Orthopaedic Society conducted the ADDITIONAL CME OF KOA - Current Concepts in Knee Arthroscopy on the 29th and 30th June, 2019 at Hotel Asoka Inn Thrissur. Cadaveric Workshop on Knee Arthroscopy was conducted at Amala Institute of Medical Sciences and was attended by 34 delegates. Live surgeries were beamed live to the venue from Saroja Hospital. CME was well attended by about 130 orthopaedic surgeons from all over India, along with 6 national faculty and more than 15 state faculty. Org chairman: Dr.Antony Joseph Thoppil, Course Chairman Dr.Mahesh K, Org secretary Dr.Sudheer U & Org Treasurer Dr.Ajithkumar MN.



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## INSIGHT 2019, TVM ( 14th July 2019)

INSIGHT 2019, the 11th edition of the Annual CME on Bone tumours organised by Bone Cancer Foundation under the auspices of Kerala Orthopaedic Association, Indian Musculo Skeletal Oncology Society and Trivandrum Orthopaedic Society was held at Hotel Residency Tower, Trivandrum on 14th July. The program was inaugurated by Dr P J Jacob, President-in-Charge , Kerala Orthopaedic Association. Dr Ansu Anand, Treasurer of KOA and Dr Jose Francis, President of Trivandrum Orthopaedic Society gave felicitations. Dr Bhavin Jhankaria, President and Dr Yogesh Panchwagh, Hon Secretary of Indian Musculo Skeletal Oncology Society and other stalwarts in Orthopaedic Oncology, Radiology and Pathology from all over the country made presentations. Dr Manish Agarwal from Mumbai delivered the Prof. KCG Memorial INSIGHT Oration. The meeting was attended by over 100 delegates. Dr Subin Sugath, Hon Secretary of KOA was the Organising Chairman and Dr Anoop S Pillai the Organising Secretary

Dr Anoop S Pillai  
Consultant in Orthopedics  
SUT Hospital, Trivandrum



## CAPE KOA CME @ EMC, Kochi ( 18.08.2019)



The 29<sup>th</sup> CME and bioskill training programme of the CAPE KOA was held on 18<sup>th</sup> Aug 2019 at Ernakulam Medical Centre Hospital, Kochi. Common Paediatric ailments are discussed in detail by the masters of the Paediatric Orthopaedics including Dr Benjamin Joseph, Dr Dhiren Ganjwala, Dr Hitesh Shaw, Dr Cheriyan Kovoov.C, Dr. Imthiaz, Dr Suma Balan & Dr Parvathy. TCMC allotted 3 CME Credit Hours for this CME. Chairman Dr Vijaya mohan and Secretary Dr Sharee A.J. 30 delegates across Kerala actively participated in the interactions and case discussions.

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## 4th August 2019 National Bone & Joint Day Celebration

The Cochin Orthopaedic Society observed the National Bone and Joint Day celebration 2019 with a mega orthopaedic Camp at St. Vincent De Paul School, Palarivattom. The Programme is organised by the Cochin Orthopaedic Society and supported by the St. Vincent Convent School Road Residence Association. 124 orthopaedic patients participated in the Mega Medical Camp out of this 4 are selected for Free or subsidised surgeries, and it will be done at various hospital in the Ernakulam.



The Trikkakara MLA Adv. P.T Thomas inaugurated the medical camp in the presence of COS President Dr.Chandra Babu KK, Secretary Dr. Sudheer Shareef, Dr AA John, Dr Sujit Jose and several senior orthopaedic surgeons are participated in the camp. Free Bone Density test also conducted along with the Programme. COS President Prof Chandrababu detailed about Osteoporosis and how to prevent it.

Dr Sujit Jose talk about the medical camp and its benefits to the society. Dr Sudheer Shareef Secretary expressed the vote of thanks. then the members of the Cochin orthopaedic society are actively participated in the camp and ended the same after a lunch hosted by the Residence association

## KOA JOURNAL

Dear All,  
We have good response from our members in contributing articles to our prestigious journal. If anybody wish to send the article please do it at the earliest to "[sureshorth@gmail.com](mailto:sureshorth@gmail.com)", Submissions can be made online also. Link is "<http://kjoonline.net/>".

Regards

**Dr. Suresh S. Pillai,**

Editor, KJO.

Mob: 9447391906



Secretary of Kollam **Dr. Bobby Jayadevan** handing over a cheque amounting **Rs. 7 Lakh** to treasurer KOA **Dr. Ansu Anand**, as contribution from KOACON2019 Kollam to KOA on 1st Sept. 2019 during the KOA executive meeting.

## OASISCON-2019



The annual conference of the OASIS (Orthopaedic Association of South Indian States) namely the OASISCON-2019 was held at Pondicherry on 23rd to 25th August 2019. Dr Lazar J Chandy of the cochin was honoured during the Programme.

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## FORTHCOMING EVENTS OF KOA

Date	Program	Place	Organizer
Sept 29th 2019	Prof. Varghese Chacko CME	Pushpagiri	Dr Samasom S E
4-6th Oct 2019	CIOS Kochi	Hayath Con Centre	Dr Venugopal R /Dr Rajesh Simon
19th-20th Oct 2019	CPAC	BMH	Dr Tony Kavalakkat
27th Oct 2019	MOTSCON	MES , Perinthalmanna	Dr Gijo A J
10th Nov 2019	Adv CME of KOA	Alleppey	Dr George Srampikal
19th-24th Nov 2019	IOACON-2019	Kolkatta	Dr Indrajith Sardar
8th Dec 2019	CAPE - KOA	IMA Kochi	DrVijaymohan/ Dr Shareef AJ
24th-26th Jan 2020	KOACON 2020	Malappuram	Dr Faizal Kareem / Dr Jitesh

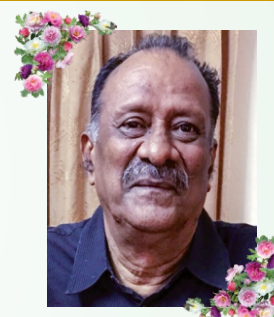
## OBITUARY



**Dr Abdul Aziz M**  
Kochi



**Dr Kshemanandan**  
Kannur



**Dr Bhaskaran Nair**  
Thrissur

## KOA Traveling Fellowships 2019-20

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

- 1. K.O.A. fellowships 2 Nos (Rs.20,000/- Each)**
- 2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 20,000/-)**
- 3. Basic Research Fellowship 1 No. (Rs.20000/-)**

Applicants should be below the age of 40 years as on 31-12-2019. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed. Application form can be downloaded from the official web site of KOA [www.keralaortho.org](http://www.keralaortho.org) Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the Constitution and protocols of KOA. Duly filled application forms 1 & 2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him th at the latest by 15th October 2019 In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.

Address for Communication:

**Dr. Ramakrishnan.S,**

Chairman, Travelling Fellowship Committee of KOA,

Dept. of Orthopaedics, Vijaya Hospital, College Junction, Kottarakkara – 691531, Kollam ,

Mob: 9447055454, Email : [ram67ortho@gmail.com](mailto:ram67ortho@gmail.com) , cc to : [keralaortho@gmail.com](mailto:keralaortho@gmail.com)

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We welcome you all to Perinthalmanna, Malappuram.

# KOA CON 2020

## PERINTHALMANNA

### UPTO OCTOBER 31

	Member	Non member	PG
Conference + CME	4550	6625	2500
Incidental Charges	350	350	350
Banquet	2000	2000	2000
<b>Total</b>	<b>8150</b>	<b>10600</b>	<b>5800</b>

### UPTO DECEMBER 31

	Member	Non member	PG
Conference + CME	5150	3250	3125
Incidental Charges	350	350	350
Banquet	2000	2000	2000
<b>Total</b>	<b>8850</b>	<b>11350</b>	<b>6500</b>

### SPOT REGISTRATION

	Member	Non member	PG
Conference + CME	7050	9125	3750
Incidental Charges	350	350	350
Banquet	2000	2000	2000
<b>Total</b>	<b>11100</b>	<b>13550</b>	<b>7200</b>

### CONTACT DETAILS:

**Dr Faizal Kareem,**  
Organising Secretary.  
drfaizalkareem@gmail.com,  
Mob:9895864100.

**Dr Gopakumar TS,**  
Organising Chairman.  
Mob:9349892620.

[www.koacon2020.com](http://www.koacon2020.com).

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