



KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

January 2019 www.keralaortho.org

PRESIDENTIAL MESSAGE



Farewell

Dear friends,

As I step down from the post of the President of Kerala's Orthopaedic fraternity, I have tried to keep its flag running high.

In the year gone by, we have tried to motivate orthopaedic surgeons to introspect on their health and wellness issues, initiating all to take up IMA health schemes.

The KOA land and house in Kochi still remains a dream. It is important that we do it without much delay.

The KOA bye laws over the years have been compiled and its amendment and registration needs to be done at the earliest.

The elections this year have seen a good response with a good turnout; however, I reiterate that online voting too be incorporated on the Indian Orthopaedic Association model, to ensure exercising cent percent franchise by our fellow members.

We need to have more structured academic events running throughout the year, for our learning.

I offer the incoming team my wholehearted support and a great year ahead.

Au revoir

Regards

Dr. Sabin Viswanath
PRESIDENT KOA

SECRETARIAL MESSAGE



Dear teachers and friends,

Wish you all a very happy, peaceful and victorious year ahead.

We have started our year with great achievements...

KOA emerged as the second best state chapter in the recently concluded IOACON.

KOA cricket tournament is just finished at Mangalapuram cricket ground and I take this opportunity to congratulate Kollam orthopaedic society for conducting the tournament well in the neighbouring district.

Its again election time for KOA.

This year for the first time we are conducting election with physical voting. At the outset I wish to thank and congratulate the club presidents, who took the responsibility of returning officers. Looking forward with great expectations on next bunch of leaders to take KOA to newer horizons.

Our byelaw is not registered after 1992. As per executive decision we have compiled our byelaw in a legal format and draft send to all for suggestions.. We are conducting a special GB along with KOACON for ratification of same. Requesting all to be a part of special GB to make our byelaw foolproof and to get it registered the earliest.

Our new directory is ready and we are waiting to include the updated byelaw and new directory will reach you soon.

With this KOACON, I am completing my tenure as Hon. Secretary of KOA and I take this opportunity to extend my wholehearted gratitude to all members of KOA for the support and guidance throughout my journey.

KOACON 2019 team under leadership of Dr. Ramakrishnan and Dr. Ansu and Dr. Bimal is working hard to make quilon KOACON memorable. Hope to see you all at Kollam.

Regards

Jai KOA

Dr. Jijo Jose
HON. SECRETARY

KOA FELLOWSHIP WINNERS



Dr. Rinju Krishnan



Abdul Gafoor P M



Shrijith M.B



Sarath V



Dr. Saju S

Presidents Theme

National: Train the young to enrich the future, State: Our Health, Our Infrastructure

SPECIAL GENERAL BODY MEETING

Dear KOA Life members ,

Notice is hereby given that a special General Body meeting of the Kerala Orthopaedic Association will be held on Saturday January 26th 2019 at 4:00 pm at Quilon Beach Hotel, Kollam. I request you to attend the same and take active part in the deliberations.

Agenda

- 1.Silent Prayer
2. Meeting Called to Order : President KOA
3. Updated KOA Byelaw –ratification for registration
4. Vote of thanks Hon. Secretary, KOA

With Warm Regards,

Yours Sincerely,

Sd/-

Dr.Jijo Jose, Hon. Secretary, KOA

KOA ANNUAL GENERAL BODY MEETING

Dear KOA Member

Notice is hereby given that the Annual General Body meeting of the Kerala Orthopaedic Association (KOACON-2019, Kollam) will be held at 4.30 pm on Saturday 26th Jan 2019 at Quilon Beach Hotel, Kollam . You are requested to attend the same and take active part in the deliberations.

1. Meeting Called to Order
2. Silent Prayer
3. Obituaries
4. President's Remarks
5. Report of the Secretary
6. Minutes of the AGM held at Kannur on 27th January 2018
7. Minutes of the Special GB held at Thrissur on 3rd June 2018
8. Decisions of EC meetings for Ratification
9. Accounts for the year 2017-2018
10. Accounts of KOACON-2018, Kannur
11. Report of KJO
12. Report of IT Secretary
13. Report of KOA Travelling Fellowships
14. Long Term Planning committee Report
15. Report of OASISCON-2018
16. Report of KOACON 2019
17. Report of KOACON 2020
18. Decision of venue of KOACON 2021:
19. Decision of the venues for KOA CMEs
20. Decision regarding CTICs
21. KOA Building committee report
22. Matters regarding OASIS & CAPE-KOA
23. Ratification of new memberships of KOA of the year 2018-19
24. Report of District Club Secretaries
25. Announcement of results of Election
26. Election for the vacant posts of executive committee, if any
27. Any other matter relating to KOA with permission of the chair
28. Installation of new President
29. Initial address by the incoming President
30. Thanks giving by the outgoing President
31. Thanks giving by the outgoing Hon. Secretary
32. Thanks giving by the outgoing Hon. Treasurer
33. Initial Address & Vote of Thanks :Incoming Hon. Secretary

:Dr.Sabin Viswanath

: DrJijo Jose

:Dr.Jijo Jose

:Dr.Jijo Jose

:Dr.Jijo Jose

:Dr.Binoy. S

:Dr.Anoop Koshy Mathew

:Dr.Suresh S Pillai

:Dr.Mathew K.M

:DrShiju Majeed

:Dr.Dennis P Jose

:Dr.Tigy Thomas Jacob

:Dr.Ansu Anand

:Dr Jitesh / Dr Kumaran CM

:Dr. A A John

:Dr.A A John.

:Dr.Gopinathan.P

:Dr.Gopinathan.P

:Dr.Sabin Viswanath

:DrJijo Jose

:Dr.Binoy.S

With Warm Regards,

Yours in KOA

Dr.Jijo Jose Hon. Secretary, KOA

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AMRITA FRACTURE COURSE – 2018

20/10/18-21/10/18

The Department of Orthopedics at AIMS has recently conducted a hands-on two-day fracture course. This annual event, with the support of the KOA - COS was designed to impart beneficial pearls of knowledge to aspiring young surgeons and post-Graduates. The academic feast provided a rich mix of theory, and case discussion, with a heavy emphasis on practical training applications.

In order to maximize individual involvement, sixty delegates were invited on a first come basis to attend this exciting course. Workshops intended to revisit methods such as 'Lag Screw/ Plate fixation' as well as more advanced invigorating workshops on 'Complex intra-articular fractures' and 'Intramedullary nailing' were a part of the event.

The programme was Inaugurated by Dr Sabin Viswanath, Kerala Orthopaedic Association President. Dr Rajesh Simon, COS President and Dr Valsaraj Menon, Additional Medical Superintendent felicitated the delegates. Prof. V K Bhaskaran was honoured with a 'Ponnada' by Dr Valsaraj Menon for completing his meritorious 50 years in teaching.

The faculty involved Dr V K Bhaskaran, Dr Lazar J Chandy, Dr Premachandran K, Dr Chandrababu K K, Dr Monappa Naik, Dr C Kumaran, Dr Gopakumar TS, Dr Mohammed Ashraf, Dr Rajesh Purushothaman, Dr Thadi Mohan, Dr Jiss Joseph & Dr Balu C Babu. The organizing team included Dr. Chandrababu (Organising Chairman and Course Director), Dr.Druvan S, and Dr.Balu C Babu (Organising Secretaries).

The course was well received as evident from the wonderful feedback highlighting the great interaction between the faculty and delegates which was the hallmark of the course. The workshop under the guidance of Dr Jiss Joseph was very well appreciated and dealt in detail to fine-tune the technical skills of delegates.

A fracture is one of the most commonly sustained injuries, the treatment of which is often taken for granted due to its universal ability to affect people of all ages. In reality fractures, trivial or high, can lead to disability, decreased quality of life, and even shorten lifespan for elderly patients who may be bedridden. It is for this reason that the well-received AIMS fracture course's message of implementing the basics principles in intervention will assist the next generation of surgeons in both mending bones and lives.



MOTSCON—2018

The 10th MOTSCON was successfully conducted on 16th December 2018 Sunday : the topic "PAEDIATRIC HIP". Welcome address given by Dr.C M Kumaran (HOD Dept of Orthopaedics MES Medical College, President of Malappuram ortho club and chairman MOTSCON2018).

CME Inaugurated by Dr Sabin Viswanath (Hon. President of KOA). Our Dean Dr Girish Raj gave keynote address .The programme felicitated by Dr Mohan Kumar (clinical professor and HOD Dept of Orthopaedics KimsAlshifa Hospital Perinthalmanna) and Dr Jitesh (Secretary Malappuram ortho club).Vote of Thanks given by Dr Gijo A J (Organising Secretary MOTSCON 2018).Eminent faculties have given talks about the topic.



KOA AT IOACON 2018

A.K Gupta
Best Chapter
Award
2018
Runner up



Dr. Praveen Kanabar Gold medal.
IOACON2018. Dr. Joseph B Joseph
S/o Dr. Babu Joseph.



Dr.Nibu Kurian,
Dr. AA Mehtha Gold medal :
IOACON 2018



Dr Niranj, Aster Medcity
Won the Dr.S.S Yadav Gold Medal:
IOACON 2018,Coimbatore



Dr Arun Kumar, Medical Trust
bagged Dr R.C Rallan Gold Medal:
IOACON 2018,Coimbatore

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OASISCON-2018 KUMARAKOM

The annual conference of the OASIS(Orthopaedic Association of South Indian States) namely the OASISCON-2018 was held at Back Water Ripples , Kumarakom, Kottayam on 26th to 28th Oct 2018 . The Honorable Justice of Kerala High Court Mr. Kuriakose, Surendra Mohan inaugurated the conference , Dr Sharat Rao, President OASIS , KMC Manipal, Dr AA John Sr Vice President , OASIS, Dr Sabin Viswanath , President KOA, and Dr Jijo Jose Hon Secretary KOA were present during the programme. Around 420 people participated in the conference .Dr. AA John was Organising Chairman, Dr.P.S John , Org Ex. Chairman and Dr..Tigy Thomas Jacob was the Organizing Secretary.



Honouring Prof. Abraham Jose



Dr. John T John

: Dr AA John gold medal OASISCON-2018



Dr. AA John of the Kochi elected as the president of the OASIS 2018 to 2019.

OASISCON - Best Chapter Award 2018 Runner up

CTIC (TOPIC) TVM



TOPIC 2018, the ninth successive Trivandrum Orthopaedic Post Graduate Instructional Course was held this year on October 12, 13, 14 in Govt. Medical College, Trivandrum. Jointly conducted under the auspices of the Department of Orthopaedics, Govt. Medical College, Trivandrum and Trivandrum Orthopaedic Society, this is one of the one of the prestigious orthopaedic resident training programmes in India.

This three day intensive programme had been strategically designed to systematically target the weak areas and improve the knowledge across all the key topics in the current orthopaedic examination curriculum. Our Honourable Principal Prof. Thomas Mathew officially inaugurated the programme on 13th morning amidst an august gathering. It was attended by a huge number of orthopaedic residents from across the country as well as from abroad. Esteemed faculty

members from the reputed institutes in India handled the sessions making it a grand success.

An organizing committee had been constituted with Prof. Vikraman as Course Director, Prof. Sajid Hussain as Organizing Chairman, Prof. Arun as Co-chairman and Dr. Prem Haridas Menon as the Organizing Secretary. The programme culminated on October 14th evening on a big success note.

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ADV. CME OF KOA, CALICUT



Ashok Ramakrishnan, Dr Ashok Thomas DR Amerr S T, Dr.KrishankumarDr. Suresh S Pillai

KOA President Dr Sabin Viswanath inaugurated the programme, Dr NJ Mani gave felicitations . Org Secretary Dr.BaljiZacharian and Org Chairman Dr. Suresh S Pillai.

CME ON SPONDYLOLISTHESIS AND CADAVERIC HANDS ON WORKSHOP ON SPINAL INSTRUMENTATION & NURSES TRAINING PROGRAMME was conducted at Calicut Baby Memorial Hospital Auditorium. The Nurses Training was held on 10th Nov 2018 and CME on 11th NOVEMBER 2018. The CADAVERIC WORKSHOP conducted at MEDICAL COLLEGE HOSPITAL, CALICUT

The programme was organised by the Calicut orthopaedic society in association with the KOA , Medical college Calicut and Baby memorial hospital, Calicut.

Faculty were Dr B Mahapatra, Dr Gururaj, Dr Abhay Nene, Dr.Vivek Vincent, Dr. Balaji Zacharia Dr Jim F Vellara, Dr RanjitUnnikrishan, Dr Shijumajeed ,Dr

RENAI CME

Department of orthopaedics joint reconstruction and sports medicine Renai Medicity kochi organised a two day conference RENAI PELVI ACETABULAM & TOTAL HIP WORKSHOP on 28 th and 29th of July 2018.Eminent Pelvic Acetabulum surgeons with high expertise in the field of Pelvi Acetabular Fractures led the sessions. Besides excellent scientific sessions and didactic lectures the high light of the conference was a Live surgery on a delayed post column and wall fracture of the acetabulum on the 28th of July. KOA president Dr Sabin Viswanath inaugurated the programme.Dr Babu joseph was the Organising Secretary and Dr Raj Mohan was the Organising Chairman



CAPE KOA (4TH NOV 2018)

Various aspects of proximal humerus trauma as well as related late complication were discussed in detail. Dr Anil Ommen, Vellore, Dr. Ram Chidambaram, Chennai and Faculty from Kerala participated in the CAPE KOA programme. KOA President Dr Sabin Viswanath inaugurated the programme CAPE Chairman Dr AA John, Org Secretary Dr Venugaopal R. , Org Chariman Dr Sujit Jose



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BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL

We have the pleasure in informing you that we successfully conducted our 1st Orthopaedic CME in this hospital.

A CME ON MANAGING PROSTHETIC HIP JOINT INFECTION AND LIVE SURGERY ON REVISION HIP ARTHROPLASTY was conducted on Nov 10th 2018 at Believers Church Medical College Hospital, Thiruvalla.

The occasion was graced by the presence of KOA secretary Dr. Jijo Jose and MKOC President Dr. Tomichen. The Programme included series of talks including chief speaker's talk on Challenges in managing prosthetic joint infection. This was followed by one live surgery and panel discussion with interesting x-rays.

The speakers were:

Dr. Bipin Theruvil (Lakeshore Hospital), Prof. Tomichen (MCH Kottayam)

Prof. Pradeep Punnoose (CMC Vellore), Prof. John George (Pushpagiri Medical College), Dr. Vijayamohan S (Astermedcity), Dr. Narayan Hulse (Fortis, Bangalore), Prof. Samuel Chittaranjan (BCMCH), Dr. James C George (BCMCH)

We, the members of the department of Orthopaedics take this opportunity to express our sincere thanks in permitting us to hold this CME under the aegis of KOA at a short notice and also for our valuable contributions.

Thanking you,

Dr. Charles Abraham, Organising Secretary



DUBAI INTERNATIONAL MEDICAL CONCLAVE



Dubai international medical conclave 2018
conducted by Safe skill India, in association with KOA
on 16th Nov. 2018.

KOA PREMIER LEAGUE 2019



The KOA premier League cricket tournament for Prof. Sunny Pazhayattil ever rolling trophy was organized at Kollam on 4th and 5th Jan 2019. Dr Sabin Viswanath President KOA and IMA State Secretary Dr Sulfi jointly inaugurated the mega sporting event of KOA. The Cochin Orthopaedic Society emerged as Winner.

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AWARDS AND HONOURS

Prof. PA Alexander Life Time Achievement award 2018



Dr. Thomas Mathew

KOA Meritorious Award



Dr. AA John.

KOA HONORARY FELLOWS



Dr. Mohanan.C Palakkad



Dr. Mathew Issac Ernakulam



Dr. Thomas Mathai Kottayam

Prof. K.I George Oration



Dr Tigy Thomas Jacob

KOA Silver Jubilee Oration,



Prof. Chandrababu KK

Prof. K.C Gopalakrishnan Oration

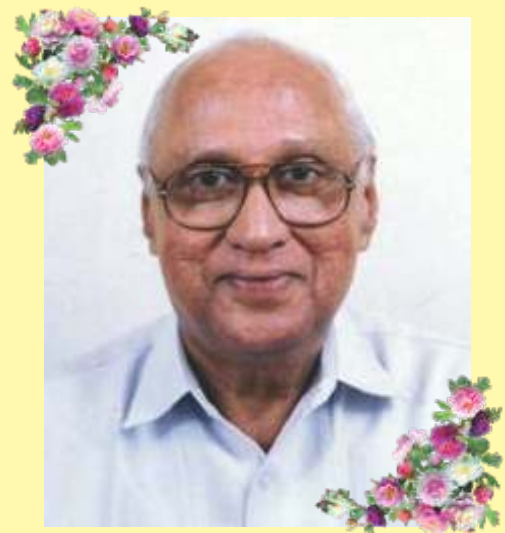


Dr Madan Mohan



KOA handover INR:36,50,000 for the Kerala CM Flood Relief Fund

OBITUARY



Prof. Varghese Chacko

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38th Annual Conference of KERALA ORTHOPAEDIC ASSOCIATION

25/01/2019 P.A ALEXANDER MEMORIAL CME
Theme: Knee Joint Revisit

26/01/2019 K.I.GEORGE MEMORIAL ORATION
SILVER JUBILEE ORATION
K.C.GOPALAKRISHNAN MEMORIAL ORATION
P.K. SURENDRANGOLD MEDAL COMPETITION
K. VENUGOPALAN NAIR GOLD MEDAL
GOLD MEDAL VIDEO PRESENTATION
Invited Lectures
Free Papers

27/01/2019 K C JACOB GOLD MEDAL COMPETITION
POULOSE CHACKO MEMORIAL QUIZ
Invited Lectures
Free papers

25 26 27

January 2019



CONFERENCE SECRETARIAT

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