



KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

Sept 2016

www.keralaortho.org

Dear Friends & Colleagues



As KOA is chugging along very well into the second innings of our term I would like to look back with pride for all the achievements we have made in the last six months KOA has lost quite a few stalwarts who were pillars of the association for a long time. Dr V.S .Nayanar from Kannur who was an awardee of the honorary fellowship of KOA, Dr P.V.P Nair from Kannur again who was the past president of KOA and OASIS as well, Dr Jacob Zachariah a past president of KOA a doyen and a great academician of yester years passed away peacefully in Cochin after a prolonged illness. We also lost a young budding orthopaedic surgeon Dr.Bineesh Babu from Kollam and Dr Snehaja Lal of Trivandrum. My their souls rest in peace .On behalf of all the officials and members of KOA I take this opportunity to give them all a big salute and may the good Lord give strength and courage to their family members to bear this irreparable loss.

Antibiotics stewardship programme which I have been mentioning in the past has been included in the MBBS curriculum by KUHAS. Another proposal put forward by the Department of Health and family welfare is to have a state health policy and the orthopaedic association is represented by Dr. Binoy S from Trivandrum Medical college. The first meeting was held on 27/09/2016 in TVM.

KOA is also planning to have a registry for all joint replacements done in the state for one year. For this we are seeking the help of all the companies to give the exact number of surgeries both primary and revisions done over a period of one year. This should be an on going process and will give some credibility to our association.

We have had an academic feast so far and many more CME's are yet to take place. The icing on the cake is the IOA 2016 in Kochi and I request everyone to make it a huge success. Kasargod club is organizing KOA2017 for the first and I wish them all success.

Jai Hind Jai KOA
Dr. Babu Joseph
President , KOA



Greetings and warm wishes from KOA.

First of all Congratulations to all for making Bone and Joint day memorable. We had our Hon.national president Dr.Sudhir Kapoor for Bone and Joint Day Celebrations at Thiruvananthapuram. This was actually the only programme our national president attended on Bone and Joint day. Congratulations to Trivandrum Orthopaedic society for organising the grant function.

As we have crossed half of this year ,academic activities are going in top form. Almost every week we have academic activities in length and breadth of the state.

Organising committee is working in full swing to make IOACON KOCHI a big success.I am happy to see that Cochin Orthopaedic society is taking lead role to make it a big event in their home ground.

Also KOACON 2017 organising team has shifted a gear up and is edging towards a successful event. We have visited KOACON venue for the second time and are really impressed by the work of kasaragod club so far.I request the whole state to support Kasaragod club as they are conducting state conference for the first time.

We were invited to give our suggestions for STATE HEALTH POLICY. Hon.treasurer Dr.Binoy. S represented KOA, presented our suggestions and was well appreciated. We have suggested to give due importance to trauma,Joint replacement and geriatric fractures in state health policy.Hope our new health policy will give due importance to Orthopaedics

All new budding orthopaedic surgeons are requested to apply for IOA & KOA membership now itself, so their membership will be ratified very soon during our conference.

I request the wholehearted support of all, for updating our directory and protocol. A format will reach you soon. Please fill it and return at the earliest.

Wishing you all the best in professional and personal life.

DR.JIJO JOSE
HON.SECRETARY

Presidents Theme

National: AAA. Academics and Association in the name of Almighty
State: Sports related Injuries and its Management on and of the field

KOA Elections 2016-17.

Nominations are invited from the members of KOA, for the posts that are given below, in the executive committee of Kerala Orthopaedic Association. This year onwards we will have both postal and online voting as in IOA. (You have the facility to exercise your franchise in any one mode only and those members who wish to do online voting , will have to register for the same on or before 15th Nov 2016, as mentioned in the below election schedule.) Application for online voting registration can be email to Election Officer.

1. **President Elect** 1 post,-term 1 year.
2. **Vice- President** 1 post,- term 1 year
3. **IT Secretary** 1 post – term 2 years
4. **Joint Secretaries** 2 posts-term 1 year (**One each from South & North zone**)
5. **Chairman Travelling Fellowship** 1 post – term 2 years
6. **OASIS Ex Comm Members** 2 post-term 2 years

Eligibility

All candidates should be KOA and IOA Life Member

President Elect should be more than 45yrs, 10 years KOA membership, 2 years executive committee membership

Vice- President should be more than 40yrs, 5 years KOA membership, 2 years executive committee membership

Members of previous executive committees, who do not have 50% attendance will not be eligible.

One member can propose/second only one candidate during the election process including the AGM for vacant posts, if any.

All nominations should be forwarded by the respective district club President/ Secretary

No member shall hold the same post in the executive for more than 3 consecutive years.

ELECTION SCHEDULE

Last date for receipt of nomination papers by election officer.	31st October 2016
Last date of informing the candidate	15th November 2016
Last date of application for online voting Registration	15th November 2016
Last date for withdrawal	25th November 2016
Last date for sending the sample ballot papers to contestants	5th December 2016
Last date for receipt of approved ballot paper	20th December 2016
Last date for dispatch of ballot papers	31st December 2016
Last date for request for duplicate ballot paper	8th January 2017
Last date of receipt of ballot paper	18th January 2017

Counting of Ballot Papers will be held on Friday , 27th January 2017 (CME day of KOACON2017) at 9:30AM

Nomination forms can be downloaded from the official web site of KOA

www.keralaortho.org

Duly filled nomination forms with necessary enclosures may be sent to the election officer in the address given below, preferably by registered Post- Acknowledgement Due so as to reach him at the latest by 31st October 2016.

Dr. Tigy Thomas Jacob

Election Officer-KOA Elections 2016-17

B-12 Quarters, Med. College Campus, Gandhi Nagar, Kottayam-686 008

Mob: 9447054440, 9446514440, Email: drtigy67@gmail.com , drtigy@yahoo.com

KOA JOURNAL

Respected Members of KOA ,

"Inviting submissions for our KOA journal in categories of original article, case report, review articles, symposium or surgical technique. Please send in your entries to drgg000@gmail.com and please enter "KJO Article" in the mail subject. Please strict to the prescribed format as given in the manuscript submission details on the kjoonline website.

Also inviting interested reviewers for the "peer review panel" to contact the editor at the above mail id."

Thanking you

Dr.Girish Gopinath

Email: drgg000@gmail.com

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Reports

INSIGHT 2016 , Trivandrum



Insight 2016, the 8th annual CME on Bone Tumors organized by Bone Cancer Foundation under the auspices of Trivandrum Orthopaedic Society, Kerala Orthopaedic Association and Indian Musculoskeletal Oncology Society was conducted on 5th June 2016, Sunday at Hotel Residency Tower, Trivandrum. The meeting was inaugurated by Dr Jijo Jose, The Hon. Secretary of KOA. The illustrious list of faculty included Dr K C Gopalakrishnan, Dr Dominic Puthoor, Dr Chetan Anchan, and also other experts from the fields of Orthopaedics, Radiology Pathology and Oncology. The ORP session led by these experts where cases were discussed with active participation of the floor was the highlight of the day. The interactive sessions were well appreciated. The meeting was well attended, with 120 delegates from specialties of Orthopaedics, Radiology Pathology and Oncology participated actively. The CME was organised by Dr K C Gopalakrishnan (Patron) Dr Subin Sugath (Chairman) and Dr Anoop S Pillai (Secretary).

CAPE KOA July 2016



The 21st CME and bio skill training programme Periprosthetic Fractures of the CAPE-KOA was held on Sunday 3d July 2016 at the IMA, Kochi, KOA president Dr. Babu Joseph inaugurated the programme. The faculty were Dr. Krishnakiran, Dr. Prakash Selvan, and local faculty. Next Cape KOA CME Topic - Cerebral Palsy (with live Surgery), at Taj Gateway Kochi on 6th November 2016.

TOPIC 2016 on Sept 23-25th at TVM.



Trivandrum Ortho Postgraduate Instructional Course (TOPIC) was conducted on 23, 24 & 25 September 2016. It was the 8th successful year of the course. Prof. C. S. Vikraman was the course Director, Dr. Sajid Hussain, the Org. Chairman and Dr. Shanavas E. K., the Org. Secretary. Prof. Thomas Mathew, the Principal of Trivandrum Medical College inaugurated the program. Faculty included Prof. Mathew Varghese (Delhi), Prof. Rajagopalan (Puducherry), Prof. Hitesh Sha (Manipal), Prof. S. Kamath (Mangalore), Prof. Govardhan (Chennai), Prof. Gopinath Menon (Chennai) and various other state faculty. About 180 delegates from all over India participated in the course. The plethora of clinical material, the structured discussions in the exam pattern and the free clinical materials were the attractions. KOA's prestigious Prof. T. C. Joseph Gold Medal examination was conducted during the course.

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Spine CME, Aster MIMS, Calicut



CME on Disc Diseases - An Analysis - Additional CME of Kerala Orthopaedic Association under the aegis of Calicut Orthopaedic Society and Aster MIMS was conducted on 28th Aug. 2016 at Aster MIMS Auditorium. Dr. Suresh S Pillai was the Organising Secretary. A Live Surgery workshop also conducted as part of the CME.

Dr Tony Kavalakkat, President, Calicut Orthopaedic Society inaugurated the CME by lamp lighting. Dr. Suresh S Pillai, Dr Radhesh Nambiar and Dr. Mahendra Varma also spoke in the inaugural ceremony. The Faculty included Dr. Surya Prakash Rao - Hyderabad, Dr. Shailesh Hadgaonkar - Pune, Dr. Jim F Vellara - Thrissur, Dr. Ashok Ramakrishnan - Thiruvananthapuram & Dr. Vinod Rajan - Calicut

Nurses CME of KOA at RIMS , Pala



A one day CME with hands on workshop on bone models on total knee arthroplasty for operation theater nurses was organised by the department of orthopaedics , RIMS hospital , Erattupetta, Pala, Kottayam- on August 28th Sunday. CME was under the aegis of KOA and Madhya Kerala orthopaedic club. 55 delegates from various hospitals from our state participated in the CME. Dr Jijo Jose secretary KOA & orthopaedic surgeon , LLM hospital Kidangoor, Dr Rajesh V , president Madhya Kerala orthopaedic club & orthopaedic surgeon, Matha hospital , Kottayam. Dr Faizal Kareem- Moulana hospital, Dr Praveen Kumar - RIMS hospital & Dr Arun Pillai - RIMS hospital were the faculties.

Prof. V.K Bhaskaran Honoured During OASISCON-2016



The Annual conference of the Orthopaedic Association of the South Indian States (OASIS) was conducted on 9- 11th Sept 2016 at Guntur, AP. One of the senior orthopaedic Surgeon of the Kerala State , Prof. V.K Bhaskaran of the AIMS, Kochi was honoured , considering his contributions to the orthopaedic fraternity of the state.

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Silver Jubilee oration of KOA 2017

Congratulations

Application are invited from the life members of the Kerala Orthopaedic Association , who has more than five years of membership , for Silver Jubilee Oration Award 2017. Oration will be for a aduration of 30 minutes and to be delivered on the 1st day of the conference (KOACON-2017) Kindly send the material for oration (preferably full text as soft copy) with the full bio-data of the presenter to the Presidnet of KOA in th efollowing address so as to reach himat the latest by 30th Nov. 2016.

Dr Babu Joseph

Mob:9847165295

Email: drbabu.josep8@gmail.com



Dr. Rajesh Simon, Kochi has been unanimously elected as the National Secretary of Indian Foot and Ankle Society

IT REPORT OF KOA



Dear KOA member,

It's time for elections.. The heat has just begun.. KOA website is ready with a new page for KOA elections 2016-17. The nomination form can be directly downloaded from the page. Wishing all the very best for the new candidates in advance.

At the dusk of my term as IT secretary of Kerala Orthopaedic Association, I take this oppurtunity to thank each and every one of you for the support rendered. i believe I could manage the website at a good standard without the help of any IT professional. I hope that minor mistakes that happened (which were pointed out at the right time and rectified soon) were pardonable.

Thank you
Dr Arunlal KP

Obituary



Dr.PV Padmanabhan Nair
Kannur



Dr.Jacob V Zhazharia
Kochi



Calendar of Events

9 th Oct 2016	Add CME	KTM	Dr.Rajesh V / Dr.Anil John
16 th Oct 2016	Adv CME of KOA	Thrissur	Dr.Ram Mohan/ Dr.Simon Mathew
30th Oct. 2016	MOTSCON	Perinthalmanna	Dr.Moh. Ashraf.V
4 - 6th Nov. 2016	SESION-2016	Trivandrum	Dr.Harish Chandran
6 th Nov 2016	CAPE KOA,	IMA Kochi	Dr.AA John
12 th to 17 th Dec. 2016	IOACON-2016	Kochi	Dr.Tajan/ Dr.Lazar J Chandy
27-29th Jan 2017	KOACON-2017	Kasaragod	Dr.Shakeel Anwar

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Bone & Joint Day Programmes of KOA 2016

The Kerala Orthopaedic Association conducted several free surgeries and programmes at its District level as well as individual members of the KOA. The KOA circulated the National Free Surgery Campaign in detail with Printed lazer color Sticker and emails to all its members.

Bone and Joint Day 2016 Observation at Trivandrum with IOA President

Trivandrum Orthopaedic Society observed the National Bone and Joint Day on 4th August. National Seminar on "Working Towards Zero Mortality in Road Traffic Accidents" was conducted at Medical College Auditorium. Keynote Address was delivered by Prof Sudhir Kapoor, President of the Indian Orthopaedic Association. The role of various governmental and non-governmental agencies like Road Safety Authority, NATPAC, Police, RTO, State Health Service, Medical Education Department and Private Hospitals were discussed by authorities in the respective fields.



The National Seminar was followed by a public meeting that was Inaugurated by the State Health Minister, K K Shylaja. The meeting was presided over by Dr E K Shanavas, President of the TOS. Prof Sudhir Kapoor, President of IOA delivered the President's Message. Mr Kadakampally Surendran, the State Minister for Electricity presented the Health Minister with the recommendations of The National Seminar on "Working Towards Zero Mortality in Road Traffic Accidents". Dr Jijo Jose, Hon. Secretary of Kerala Orthopaedic Association, Dr Thomas Mathew, Principal of Trivandrum Medical College, Dr Santhosh Kumar S S, Convenor of the Seminar etc gave felicitations and Dr Anoop S Pillai, Secretary of TOS gave the Vote of Thanks.

Apart from these programmes, a number of free surgeries were done as part of the President's World Record drive and an Inter-school Quiz competition was conducted to promote awareness among children about various health issues including RTAs.

Dr Vinod Padmanabhan of Sree Sudheendra Medical Mission, Ernakulam conducted a Press meet. He also performed two free surgeries including a THR.



Dr Lazar J Chandy & team and Dr.Bipin Theruvil & team of the Lakeshore Hospital, Kochi participated in the national Free surgery movement.



Dr Surej GN of the A.P Varkey mission hospital Arakkunnam, Kochi performed Free surgery on 4th August He also conducted a free medical camp on 5th August



Free Surgery done by **Dr M.R. Nambiar** of the Kasaragod.

Bone & Joint day Programme at Lourdes Hospital, Kochi



Bone & Joint day celebrations by the **Calicut Orthopaedic Society** Free surgeries were conducted at the MIMIS Hospital, by Dr Suresh S Pillai, Baby Memorial Hospital by Dr.Arunlal, Dr.Tony Kavalakkat, Dr Schiller Jos and Dr. Sajan Mohan Raj at Rajendra Hospital. Dr Hasil Mohammed at Asten Orthopaedic Speciality Hospital

B/IEquinus foot due to cerebral palsy – B/L TA Tenotomy – Dr.Sajan Mohan Raj
and CTS and Multiple Trigger finger release done at BMH – Dr.Arunlal K P



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HOA
2017

KERALA ORTHOPAEDIC ASSOCIATION
36th ANNUAL CONFERENCE -January 27,28,29
The lalit resort and spa, Bekal



Dr Prasad Menon
Org. Chairman



Dr Shekeel Anwar
Secretary



Dr Nagaraj Bhat
Treasurer

*Explore the beauty of Bekal and five star hospitality of lalit resort and spa.
Special tour and entertainment packages for family
Riverside gala banquet with cultural extravaganza.*

Early bird registration closes by October 31st.

Last date for abstract submission is November 30

For more details refer brochure or visit
our website www.koacon2016.com

KASARAGOD ORTHO CLUB



President's Theme
"AAA-Academics and Association in the name of Almighty"

61st Annual Conference of **INDIAN ORTHOPAEDIC ASSOCIATION**

IOACON 2016

12th-17th December, 2016
Le Meridien, Kochi

www.ioacon2016.com
Email: ioacon2016@gmail.com

