



KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

May 2016
www.keralaortho.org

Dear Friends & Colleagues



For the first time in its history, Kerala Orthopaedic Association witnessed a hard-fought, keenly-contested election in 2016. Let me, at the outset, congratulate all the new office-bearers who have taken charge. As Dominic Puthoor, our immediate past president, pointed out, this is a paradigm shift

as more members are showing a keen interest in the association matters.

Let me record my immense satisfaction in the smooth conduct of the election procedures. I also place on record my gratitude and appreciation for the senior members of KOA for their help in this matter and for ensuring its fair and transparent conduct.

All those who were unsuccessful, please be assured that you are as important and pivotal to the association as any office-bearer, and I seek your unstinting support, cooperation, and guidance for the IOA to be conducted later this year.

I take this opportunity to request all the members of KOA to give the required support to Dr. Lazar J. Chandy and Dr. Tajan. P.J., who have been put in charge of the IOA 2016, and they will need everyone to pull together to make it a resounding success to raise the profile and stature of our association.

Jai Hind Jai KOA
Dr. Babu Joseph
President, KOA



Greetings and good wishes from KOA.

Our Association is growing day by day and now we have got meeting frequently enriched with academic activities

As we enter 4th month of our tenure, we have visited Thrissur, Calicut, Madhya Kerala, Trivandrum, Kollam & Kasaragod and Kochi visit is scheduled for early June. We are planning to visit all clubs during our tenure to make bondage of regional clubs and state

association more warm and strong.

KOACON 2017 Kasaragod organizing team is formed under the leadership of Dr Prasad M Menon and Dr Shakeel Anwar and started working in full swing to make it a memorable one. I request all members to give them full support as Kasaragod is organizing KOACON for the first time.

IOACON 2016 Kochi organizing team under the leadership of Dr Lazar J Chandy, Dr Tajan PJ, Dr Vasudevan PN & Dr Dennis P Jose is attaining momentum to make Kerala pride. I extend warm wishes and whole hearted support.

There is a change in protocol for IOA membership. Now onwards IOA membership has to be applied through state association. I request all new members to take KOA & IOA membership together.

Last update of our KOA directory and protocol was in 2005. We are planning to update it and will start its work soon after IOACON 2016. This year National Bone & Joint day is planned in a big way and every member is requested to do a free surgery between 3rd & 5th of August to make it a World Record.

Let us all work together to elevate KOA to newer heights.

With Warm Regards

Sincerely Yours

Dr. Jijo Jose, Hon. Secretary, KOA

KOA JOURNAL

Respected Members,

Inviting articles for the next edition of our KOA Journal in the various categories of Original Article, Case Report and Review Article. Also, we are planning to have an exclusive section of purely "peer reviewed articles" where a select 3 articles will be reviewed strictly by a peer group before being taken up for print. Kindly send in your articles to the mail drgg000@gmail.com and please write "KOA JOURNAL ARTICLE" in the Mail Subject. In the mail, please specify whether you wish to be considered for the peer reviewed section. Any queries also may be sent to this mail id.

The online edition of the journal is available online at <http://kjoonline.org>. The site follows an Open Access policy, wherein no registration is needed to read or download

Thanking you all

Dr Girish Gopinath

Email: drgg000@gmail.com

Presidents Theme

National: AAA. **Academics and Association in the name of Almighty**
State: Sports related Injuries and its Management on and of the field

Executive Members



Dr Binoy.S
Hon Treasurer, KOA



Dr Shanavas.E.K
Vice President , KOA



Dr Tigy Thomas Jacob
President Elect



Dr Dominic K Puthoor
Imm Past President, KOA



Dr Shareef. A J
Jt. Secretary



Dr Mathew.K.M
Jt. Secretary



Dr Girish Gopinath
Editor, KOA Journal



Dr Shibu Varghese
Chairman, Long Term Planning



Dr Jacob P.J
Chairman Tra. Fellowship



Dr Arun Lal
IT Secretary, KOA



Dr Tajan.P.J
Imm. Past Secretary



Dr Dennis P Jose
Imm Past Treasurer



Dr John A A
Oasis Sr. Vice President



Dr Biju Jose Jacob
Oasis Exc. Com



Dr Ansu Anand.A
Oasis Exc. Com



Dr Vasudevan P.N
IOA Exc. Com



Dr Jimmy.M.L
IOA Exc. Com



Dr Aneen.N. Kutty
IOA Executive



Dr Vinod Padmanabhan
IOA Executive



Dr Anoop Sivasankara Pillai

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Executive Members



Dr Binod R



Dr Adarsh.R



Dr Anil John



Dr John.T.John



Dr Jim.F. Vellara



Dr Rashid.A.S



Dr Sajan Mohan Raj.P



Dr Ponnirajan



Dr Rajamohan.C.K



Dr Shekeel Anwar A.



Dr Satheesh Kumar S.Pillai



Dr Jose Thomas Pappinacherry



Dr Rajesh.V



Dr Ram Mohan K.P



Dr Anantha Balaraman.B



Dr Sathyanaryanan N



Dr Tony Kavalakkatt



Dr Anoop Koshy Mathew



Dr Prasad. M. Menon

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KOACON 2016

35th Annual conference of Kerala Orthopaedic Association was held on 22-24 January 2016 at Lulu International Convention Centre, Thrissur. Conference was inaugurated on 22 January 2016 evening by Padmabhushan Dr K. Radhakrishnan Ex-Chairman of ISRO. Dr. Dominic Puthur, President of KOA presided the function. Dr Sudhir Kapoor, President of IOA was the guest of honour of the inaugural function. Prof. P A Alexander memorial CME was conducted on 22nd January on 'Paediatric Fractures'. Highlights of the conference on 23rd January were Prof. K I George Memorial oration delivered by Dr P N Vasudevan and Silver Jubilee Oration by Dr Lazar Chandy. First Prof. Venugopalan

Nair Gold Medal paper session for best consultant paper was held on that day. We had the honour of Prof. Venugopalan Nair himself presenting the gold medal to the winner Prof. Gopakumar T.S. During the annual general body meeting new office bearers of KOA under the presidentship of Dr Babu Joseph had assumed office. Orthopaedic Quiz competition was held on 24th January 2016. Dr. Shibu Andrews was the Quiz Master. Conference came to an end with the valedictory function presided by Dr Badu Joseph. Dr Rammohan KP was the organizing chairman and Dr Sreenath KR was the Organizing Secretary



2nd Annual Conference of IMSOS

Indian Musculo Skeletal Oncology Society (IMSOS) has been active in bringing about attention and discussions to the relative new specialization of musculo skeletal oncology. This year, IMSOS conducted its 2nd Annual Conference, IMSOS 2016, at Hotel Crowne Plaza, Kochi, from 11 to 13 March, 2016. The conference was inaugurated on 11th March at 5:30 pm by Prof. Reinhard Windhager from Austria, who is the president of International Society of Limb Salvage.

The conference had a galaxy of experts, doctors and others involved in patient care converging at Kochi from across the State and also from all around India and abroad. Two well-known names in the field of musculo skeletal oncology, Dr. Reinhard Windhager and Dr. John Abraham, presented their papers at the conference.

The sessions were spread over three days held at Hotel Crowne Plaza and the workshops were conducted in Aster Medcity. A unique event at this conference is 'Shore of Hope', where patients and their families will have a free interaction with doctors and other experts. This session was inaugurated by Honourable Member of Parliament and leading film personality, Sri. Innocent.

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CAPE KOA : 6th March 2016.

The 20th CME and Bioskill workshop of CAPE KOA on "Enigma of Scaphoid" was held at IMA House, Cochin on Sunday 6th March 2016. Dr Binu Thomas, Dr Sudhir warrier, Dr Jiss Jospeh, Dr John T John & Dr Rajesh Simon were the faculties. Dr John T was the Org Secretary & Dr Rajesh Simon was the Org. Chairman.



Sunrise Shouldercon 2016

The Sunrise Shouldercon 2016 was held on 19th & 20th March 2016 at Sunrise Hospital, Kakkannad. 3 Live surgeries and Workshop on Shoulder arthroscopy, Proximal Humerus and Distal Radius fracture fixation.

Function Inaugurated by Dr Babu Joseph, KOA President, felicitated by IAS Secretary, Dr Roshan Wade, COS President Dr Sabin Viswanath and SESI Kerala President Dr George Varghese. 98 delegates attended the same and The TCMC awarded 3 credit hrs for the programme.

Trivandrum Arthroplasty Course (TAC)

Trivandrum Arthroplasty Course (TAC) was conducted on 21 & 22 May 2016 at Taj Vivanta Hotel. This was conducted in association with Cosmopolitan Hospital, under the aegis of KOA and TOS. The course was first of its kind in Kerala with didactic lectures on Primary and revision TKRs and 5 live surgeries. Dr. Harish Chandran was the Org Chairman and Dr. Sudhir Pai, the Org Secretary. Prof. Venugopalan Nair inaugurated the course and Dr. Jijo Jose, KOA secretary felicitated. TAC was a great success with 130 delegates from all over Kerala and across the country participated. Faculty included Dr. Gurpal Singh (Singapore), Dr. Chandramouli (Bangalore), Dr. CS Yadav (Delhi), Dr. Manjunath Basappa (Bangalore), Dr. Govardhan (Chennai) and various eminent Plastic Surgeons across Kerala. Organisers are planning to run the course every year in more vivid pattern.



National Bone & Joint Day 4th Aug. 2016, Free Surgery days: 3rd to 5th Aug. 2016

We request your co-operation and commitment to the noble Initiative of conducting free Orthopaedic surgeries during the National Bone and Joint Day, 2016, and Please report your free surgeries with details to keralaortho@gmail.com, We have to report the same to IOA.

**" They Alone Live
Who Live for Others"**

Thanking you, With Regards

Dr Babu Joseph
KOA President

Dr Jijo Jose,
Hon. Secretary

Dr Binoy.S,
Hon. Treasurer

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Report on Basic CME of KOA Organised by Calicut Orthopaedic Society

The Basic CME of KOA on Principles & Biomechanics of Locking Compression Plate was held on the 8th of May at Baby Memorial Hospital, Calicut. Dr. Tony Kavalakkatt was the Organising Chairman & Dr. Sajan Mohanraj was the Organising Secretary.

The CME was inaugurated by Dr. Babu Joseph (President of KOA). Dr. Tony Kavalakkatt (Organising Chairman) delivered the welcome address. Dr. Jijo Jose (Hon. Sec KOA) & Dr. Premachandran K (Program Coordinator) addressed the Gathering. Dr. Sajan Mohanraj (Organising Sec.) delivered the Vote of Thanks.

Dr. George Thomas, Dr. Premachandran K, Prof N J Mani, Dr. Tony Kavalakkatt, Dr. P N Vasudevan, Dr. Rajesh Purushothaman & Dr. P Gopinath were the other faculties. The delegates took part in extensive case discussions with active participation from all the faculties. Hands on workshop on saw bone models on locking compression plates in distal femoral fractures (supported by Depuy Synthes) was conducted in the afternoon session and was well appreciated by the delegates. The CME was attended by 57 delegates from all over Kerala.

Nurses Training Programme of KOA

The programme held on the 7th of May at Baby Memorial Hospital and was attended by 48 staff nurses. Dr. Arunlal was the organizing secretary. The Inaugural talk was by Dr. Tony Kavalakkatt, President of Calicut Orthopaedic Society. The faculty included eminent young orthopaedic surgeons from hospitals in Kozhikode. There was also a demonstration of the various orthopaedic implants and instruments in the afternoon session.



Awards and Recognitions of KOA



Prof. Venugopalan Nair Gold Medal
Prof. T S Gopakumar

Dr. P.K Sudendan Best Paper Gold Medal.
Dr. Thomas Mathew Theckedth



Best Poster Award of KOA
Dr. Suranjana R Subramaniam

Best Video Award of KOA
Dr. Joice Varghese



KOA Best PG Paper
Dr. Srivastava

KOACON 2016
Quiz Winners



Dr. Khayas Omer Kunheen



Dr Siju K.M ,
Medical College, Calicut

Best Club trophy of KOA for the year 2014-15 awarded to Calicut Orthopaedic Society.

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KOA Traveling Fellowships 2016-17

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

1. K.O.A. fellowships 2 Nos (Rs.5000/- Each)
2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 2500/-)
3. Basic Research Fellowship 1 No. (Rs.10000/-)

Applicants should be below the age of 40 years as on 31-12-2016. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed.

Application form can be downloaded from the official web site of KOA www.keralaortho.org Criteria for the selection is given in detail in the website. Criteria for the selection will be the same as the criteria for selecting other fellowships of KOA which can be referred in the *Constitution and protocols of KOA*.

Duly filled application forms 1&2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him at the latest by **30th July 2016**. *In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.* **Address for Communication:**

Dr. Jacob P.J

Chairman, Travelling Fellowship Committee of KOA

Pulikkottil House , Myelipadam

Thrissur City PO, Thrissur – 680020

Mob: 9447380941 , email: jacobpj100@yahoo.co.in

Calendar of Events

July 3 rd 2016	CAPE KOA Periprosthetic Fracture	IMA Kochi	Dr AA John
July 8 -10 2016	Calicut CTIC ,MCH	Calicut	Dr Sibin Surendran
July 9 th & 10 th 2016	Orthocon-16	Thiruvalla	Dr Shibu Varghese
3 rd to 5 th Aug. 2016	N. Bone & Joint Day	KOA	Dr.Babu Joseph/ Dr.Jijo Jose / Dr.Binoy.S
9 th - 11 th Sept. 2016	OASISCON-2016	Guntur, AP	Dr Amarnath.S
9 th - 11 th Sept. 2016	TOPIC	TVM	Dr Shanavas
9 th Oct 2016	Add CME	KTM	Dr Rajesh V / Dr Anil John
16 th Oct 2016	Adv CME of KOA	Thrissur	Dr Jim F Vellara/ Dr Ram Mohan
6 th Nov 2016	CAPE KOA,	IMA Kochi	Dr AA John
12 th to 17 th Dec. 2016	IOACON-2016	Kochi	Dr Tajan/ Dr Lazar J Chandy

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President's Theme
"AAA-Academics and Association in the name of Almighty"

61st Annual Conference of **INDIAN ORTHOPAEDIC ASSOCIATION**

IOACON 2016

12th-17th December, 2016
Le Meridien, Kochi

www.ioacon2016.com
Email: ioacon2016@gmail.com

