

KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

September 2020

www.keralaortho.org

PRESIDENTIAL MESSAGE



My dear Friends

HAPPY ONAM to all

This year and more so this Onam will always be remembered all our lives. Due to the COVID 19 pandemic the Onam celebrations in Kerala and in fact all over the world were kept low profile. The various district clubs are planning virtual Onam celebrations and Cochin Orthopaedic Society had done a fantastic online program. Likewise the executive meetings of KOA and other meetings will also be online virtual for some time to come. We miss the camaraderie of the actual meetings but it is small price to pay to limit the spread of the virus.

Although Governments both State and Central have declare Unlock 4.0 with more freedom of inter state & intra state movement the virus isn't aware of it. I would advise all my friends to exercise due caution in daily life at work and at home by wearing masks, hand washing, social distancing and use of PPE kits where needed. The Kerala Orthopaedic Association has insured all members [below 65 years & and those who have requested coverage] has promised to look after senior members in case they contact the infection. We should be proud that ours is the only professional association to do so. A big hand for the Secretary and Treasurer is called for. I would once again ask all my friends to avoid unnecessary travel in spite of relaxations .

We would be shifting our office to IMA House from Easland Enclave after purchase of a flat in IMA House. A round of applause is in order for the Building Committee especially the chairman Dr Tajan P Jose .

I would reiterate my appeal to all members to become IMA members and take advantage of the various schemes offered especially in these testing times. If anything unfortunate should happen to us our families shouldn't suffer at least financially.

Let us supplicate to the Almighty to guard us through these times

JAI HIND JAI KOA

Regards

Dr. C CHERIYAN KOVOOR

PRESIDENT, KOA

Presidents Theme

National: Excellence & Perfectionism in Orthopaedic Education and Patient Care: An Achievable Vision

State: Strengthening Paediatric Orthopaedics



SECRETARIAL MESSAGE

Dear teachers and friends,

Though the number of cases of COVID positive patients is increasing day by day the general public has seemed to lost the fear about the pandemic. The decreased death rate among the people getting infected and the improved treatment facilities available seem to have contributed to this change. But it would be disastrous if we became lax at this point in maintaining social distancing, usage of masks and hand hygiene as we may end up with a problem with no solution.

With a view to protect our members during these times, KOA took Covid Kawach group insurance policy for its life members. This hopefully would benefit our life members if unfortunately any one of them got infected. Since insurance agencies don't provide insurance cover for members above 65 years, it was decided to provide the necessary support to our senior members on case to case basis if unfortunately anyone got infected.

The registration of the flat at IMA House, Kochi has been completed and the KOA office would be shifted to these premises once the renovation work is complete. The ongoing work at KOA Chambers, our hall in third floor of IMA House Kochi, is expected to be complete by this month end.

The notification for the upcoming elections for the KOA executive committee is being notified along with this newsletter. The KOA Election Committee has taken all steps to ensure free and fair elections to the executive committee.

For all of us who were affected by the ongoing pandemic, Onam helped to bring back the sense of oneness and happiness. Lets all carry forward these feelings and strive as a team to tide over this pandemic.

Stay Safe

Jai KOA

Dr. SUBIN SUGATH

HON. SECRETARY, KOA

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NOTIFICATION FOR KOA-ELECTIONS 2021

Notification is given for conduct of elections to various posts falling vacant in KOA executive committee in January 2021. Kindly note that the conduct of the elections would be subject to the Government COVID Protocols prevailing at the time of conduct of the Elections-i.e January 2021.

Nominations are invited from eligible members of KOA for the following

Sl no	Name of Post	No. of Post	Term
1	President Elect	1	1 yr
2	Vice President	1	1yr
3	Chairman Long Term Planning	1	3 yrs
4	Chairman Travelling Fellowship	1	2 yrs
5	IT Secretary	1	2 yrs
6	Jt Secretary South zone	1	1 yr
7	Jt secretary North zone	1	1 yr
8	OASIS Ex Committee members	2	2 yrs

ELIGIBILITY

- 1.All candidates should be KOA and IOA life members . **Maximum age limit to contest is 65 years for all posts except President Elect.** There won't be any upper age limit for the post of President Elect.
2. President Elect should be more than 45 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
3. Vice President should be more than 40 years of age with 10 years KOA membership and 2 years of KOA Executive Committee membership.
- 4.One member can propose or second only one person during election process including nomination in the Annual General Body Meeting for vacant seats.
- 4.Executive Committee Members who do not have at least 50% attendance in the executive Committee meetings will not be eligible to be elected to any other post of KOA for the next 2 years.(Executive committee membership prior to Two Years is valid)
5. Each member can offer himself for re-election to the same post, but no member shall hold office for more than three consecutive years in the same post.
- 6.All nominations should be forwarded by the respective district club President / Secretary .

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ELECTION SCHEDULE

Election Notification: 15.09. 2020

Last date for receipt of nomination papers by EC: 31.10. 2020

Last date of declaration of eligible candidates: 5 .11.2020

Last date for withdrawal: 10.11.2020

Final list of candidates to be published in KOA website ---15.11.2020

Last date for sending the sample ballot papers to contestants: 30.11.2020

Last date for receipt of approved ballot paper: 10.12.2020

Date of election : 11.01.2021 (2nd Monday of January)

ELECTION PROCEDURES

Votes can be cast only by physical voting at the voting station decided by the District Club or Chief Election Officer. Postal or online ballot /voting is not permitted

Final voters list with name, KOA LM number, Home club, registered email address and mobile number is published on 5th September 2020, in the office of the EC and KOA website.

All clubs will publish the list by 10th September.

Every KOA member should select one of the 11 clubs as his home club and exercise his franchise only at that club. Every eligible voter shall be having only a single voting right, which shall be exercised in his home club or the designated polling station as deputed by EC for election duty

Voter should produce a valid photo Govt. ID (Aadhar/Electoral ID / Passport / Driving licence) and Returning Officer will issue ballot paper after verifying ID card

Nomination forms can be downloaded from KOA website (www.keralaortho.org) and forwarded to the undersigned after duly filled in with countersignature of respective club President/Secretary , so as to reach before 5PM on 31.10.2020

More details about election procedure is available at KOA website-www.keralaortho.org

Dr.Rammohan.K.P

Chief election officer of KOA-Elections 2020-21

“Arya”, Saw Mill Road

Koorkenchery, Thrissur-680007

Mob no-9846027880, 9074487671, Email-ramdrmh@gmail.com

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KOA JOURNAL OF ORTHOPAEDICS

Respected teachers and colleagues,

Greeting from the KOA journal desk.

The next edition of our journal is due in December. I would like to invite articles from all. Please send your papers to ashrampillai@hotmail.com. Please feel free to contact me at 9895510872 for any queries.

Regards..

Dr. Ashok Ramakrishnan
Editor, KJO,
Mob: 9895510872

IT SECRETARY REPORT OF KOA

Respected KOA Members

Greetings from the IT Department of KOA

Our website has been fully updated and KOA final voters list uploaded in the KOA website, in the documents download section. Some of the academic programmes could not happen due to Covid-19 situation. We will update as soon as the academic programmes are back on track.

Stay Safe
Regards

Dr. Antony Joseph Thoppil,
IT Secretary, KOA, Mob: 9847119972,
Email: antonythoppil@gmail.com

KOA TRAVELLING FELLOWSHIPS 2020-2021

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

- 1. K.O.A. fellowships 2 Nos (Rs.40000/- Each)**
- 2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 40000/-)**
- 3. Basic Research Fellowship 1 No. (Rs.40000/-)**

Applicants should be below the age of 40 years as on 31-12-2020. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed. Application form can be downloaded from the official web site of KOA “ www.keralaortho.org ”. Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the Constitution and protocols of KOA. Duly filled application forms 1 & 2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him that the latest by 30th October 2020 In case there are no Applicants below the age of 40yrs, applicants above this age limit may also be considered.

Address for Communication:

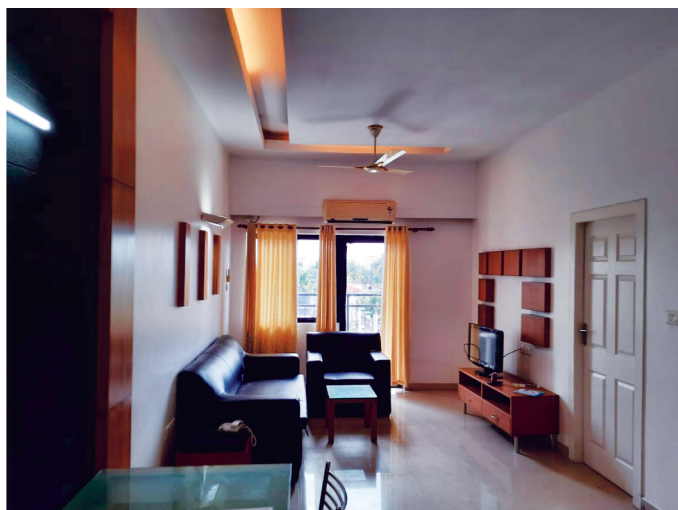
Dr. Ramakrishnan.S, Chairman,
Travelling Fellowship Committee of KOA,
Dept. of Orthopaedics, Vijaya Hospital, College Junction, Kottarakkara – 691531, Kollam , Mob: 9447055454,
Email : ram67ortho@gmail.com, cc to keralaortho@gmail.com

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KOA OFFICE@ IMA HOUSE KOCHI



KOA CHAMBERS @ IMA HOUSE KOCHI



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Silver Jubilee & Prof. K.C Gopalakrishnan Orations of KOA 2021

Applications are invited from the life members of the Kerala Orthopaedic Association for the following

1. SILVER JUBILEE ORATION OF THE K.O.A:

Papers are invited from K.O.A. members excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The applicant should have at least 5 years life membership of K.O.A. The papers so received shall be sent to President of K.O.A. Evaluation of the papers shall be done by the central scientific committee of KOACON. The duration of oration shall be 20 minutes. No age limit is fixed for the Oration.

2. Prof. K.C. GOPALAKRISHNAN ORATION:

Any K.O.A member can apply for the said oration excluding those who have presented the same oration previously and those who have presented K.I George memorial Oration. The upper age limit for applying for the oration is 50 years.

Kindly send the material for oration (full text as soft copy (keralaortho@gmail.com, bhaskarsubin@gmail.com) and hard copy) along with the bio-data of the presenter, to the Hon Secretary, of KOA in the following address, so as to reach him latest by 30th November 2020.

Hon Secretary,

Kerala Orthopaedic Association

KOA House, Easland Enclave , Block2, Flat no: 505, Kadavanthra PO, Kochi-682 020

Mob: 9847008580, 0484 2320175(Off), Email : keralaortho@gmail.com , bhaskarsubin@gmail.com

CAPE - KOA REPORT

Dear Friends

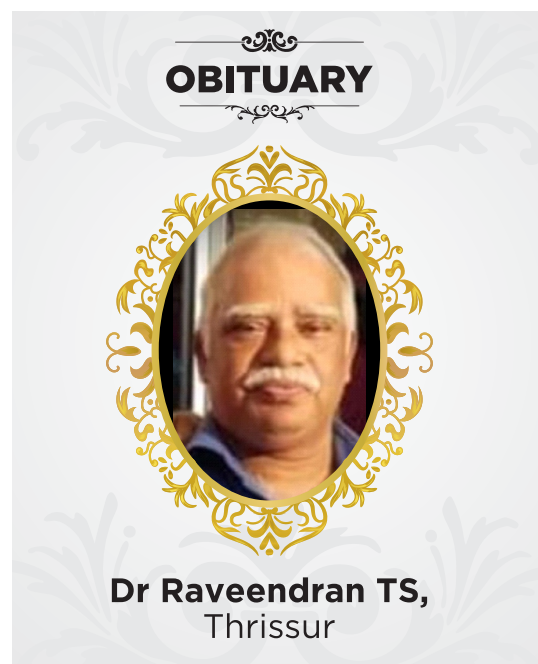
As you know we were forced to postpone the CAPE workshop on pelvis and spine at the last minute because of government directives in view of the present pandemic. Since the situation remains the same we have suspended our activities . We are closely watching the situation and shall restart the academic activities as when we receive the permission from authorities. The same planned workshop will be our first activity when the situation becomes favorable. However if anybody does not want to wait they can always request a refund of the registration fee .

Please stay safe

Thank you

Dr Vijayamohan

Chairman, CAPE



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KOACON 2021

PALAKKAD

Kindly submit your abstracts to 2021koacon@gmail.com with copy to koaconabstracts@gmail.com

Please note Abstract submission : Email Subject must be : KOACON Palakkad Paper submission

For details regarding abstract submission visit www.keralaortho.org

Last date of submission **October 31st 2020**

For more details

Dr Tajan P J,

Org Secretary, KOACON 2021

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Mob: 9447351881

