

KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

May 2019 www.keralaortho.org

PRESIDENTIAL MESSAGE



The pulse and message of any honorable member of KOA right now is that, our association has to move in the direction of professional empowerment of the honorable members especially the youngsters rather than wasting on simple matters of personal dislikes between a few members in the association.

Right now our members lag behind from our peers in any other similar peer professional bodies on academic matters. Our individual citation analysis depicted by H which can easily found out by texting our individual name in the author profile section of Scopus or Google scholar.

While our peers in other similar world standard professional bodies touches the H index of around 15 or more. We are no where near to it. It is high time that in our official meeting more time, has to be allotted to matters concerning academic and professional empowerment of honorable members. One example is to let every member to know what his or her H index is? This can be done easily by texting our name in the appropriate site on the web. The next discussion should be on how to improve it similar to ours peers in the international scenario. The world is watching us on parameters of individual academic excellence and nothing else.

At least for our young members to excel is to have good CV and to achieve a good professional position and job this is the only way forward and nothing else.

"EMPOWER TO OUR PEERS OR PERISH"

Jai KOA
Dr.Gopinathan.P
President KOA

SECRETARIAL MESSAGE



Warm Greetings to beloved members!

We all know that KOA chooses a secretary to keep record of all the decisions and discussions that are held in the team for a term of three years. Secretary is the Eye and Ears of the organization. But this time we had some unfortunate events so that an Actual Secretary was not posted and I am given the charge of the post. I would like to affirm that myself will be dedicated to maintain the glory of the association.

In 2012 Google ran a project known as Project Aristotle – to find out how to compile 'the perfect team'.

Google's finding is the concept of "psychological safety" – a shared belief that the team is safe for interpersonal risk-taking. And it is the most important factor in building a successful team.

The best teams are mindful that all members should contribute to the conversation equally, and respect one another's emotions. It has less to do with who is in a team, and more with how the members interact with one another.

KOA is the team of registered clubs. I request everyone to contribute equally, understand each other and make ourselves the best and successful team in India.

Jai KOA
Dr Sethu Sivan
In Charge of Secretary, KOA

KOA JOURNAL

Dear All,
Next issue of Kerala Journal of Orthopedics is due in a month's time. We have good response from our members in contributing articles to our prestigious journal. If anybody wish to send the article please do it at the earliest to "sureshorth@gmail.com".
Submissions can be made online also. Link is "<http://kjoonline.net/index.php/kjo/issue/view/15>".
High-quality articles are essential to make our journal indexed. So, please work on it at least for the next issue.
Regards

Dr. Suresh S. Pillai,
Editor, KJO. Mob: 9447391906

Presidents Theme
National: Roots of Responsibility Wings of Professional Excellence
State: Youngster Professional Empowerment

EXECUTIVE MEMBERS



Dr. Jacob P.J
Vice President, KOA



Dr. Cheriyan Kovoor.C
President Elect, KOA



Dr. Sabin Viswanath
Imm. Past President



Dr. Jijo Jose
Imm Past Secretary, KOA



Dr. Ansu Anand.A
Hon. Treasurer, KOA



Dr. Binoy.S
Imm Past Treasurer, KOA



Dr. Abdul Ashraf.V
Jt Secretary, North Zone



Dr. Ramakrishnan.S
Chairman
Travelling Fellowship, KOA



Dr. Dennis P Jos
Chairman,
Long Term Planning



Dr. Antony Joseph Thoppill
IT Secretary, KOA



Dr. Suresh S Pillai
Editor, KOA Journal



Dr. Vijayamohan.S
CAPE KOA ,Chairman



Dr. Shareef. A J
CAPE KOA, Secretary



Dr. Bhaskar Subin Sugath
IOA Ex Comm Member



Dr. Rajesh Simon
IOA Ex Comm Member



Dr. John A A
OASIS President



Dr. Vasudevan P.N
OASIS, Vice- President



Dr. Aneen N Kutty
OASIS, Jt. Secretary



Dr. Sasikumar.C
Ex Comm Member, OASIS



Dr. Jiju.A.N.
Ex Comm Member, OASIS



Dr. Shibu John
Ex Comm. Member, TVM



Dr. Bobby Jayadevan
Ex. Comm. Member, Kollam



Dr. George M Srampickal
Ex. Comm. Member, Alpy



Dr. Dilip Isaac
Ex. Comm. Member, MKOC



Dr. Sudeer Shareef
Ex Comm. Member, Kochi

Presidents Theme

National: Roots of Responsibility Wings of Professional Excellence

State: Youngster Professional Empowerment



Dr. Simon Mathew
Ex Comm. Member Thrissur



Dr. Rijesh.P
Ex Comm. Member Calicut



Dr. Jitesh.P
Ex Comm. Member Malappuram



Dr. Ponnirajan
Ex Comm Member Palakkad



Dr. Sreehari.C.K
Ex. Comm. Member Kannur



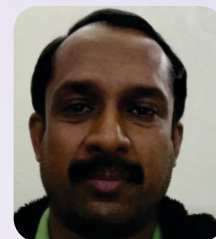
Dr. Shekeel Anwar A.S
Ex. Comm. Member, Kasaragod



Dr. Jose Francis
President, TVM



Dr. Valsala.K
President, Kollam



Dr. Sethu Kunnel Ponnappan
President , ALPY



Dr. Sajan Mohan Raj.P
President, Calicut



Dr. Tomichan M.C
President, MKOC



Dr. Chandrababu.KK
President, Kochi



Dr. Sreenath K.R
President , Thrissur



Dr. Kumaran.CM
President, Malappuram



Dr. Tajan P.J
President Palakkad.



Dr. Mahesh.R.P
President Kannur



Dr. Nagaraja.C
President, Kasaragod

KOACON-2019, KOLLAM



The 38th Annual State conference of Kerala orthopaedic Association (KOACON 2019 KOLLAM) was conducted on 25th, 26th and 27th January 2019 at QUILON BEACH HOTEL, Kollam. The theme of the CME was Knee Joint Revisit. Quilon Orthopaedic Society hosted the event. Dr. Ramakrishnan. S was the Organising Chairman and Dr Ansu Anand. A was the Organising Secretary. Dr PA Alexander CME was held on 25th January 2019 (Theme: Knee Joint Revisit) and was inaugurated by KOA President, Dr Sabin Viswanath. Various eminent faculties shared their knowledge, views and experience in the respective subjects. The CME was followed by conference inauguration at 6:00 pm on the same day. The inauguration was solemnised by Dr. Rajiv Jayadevan , a well know orator in the field of RTA in south India and an eminent Gastroenterologist, Kochi.

Presidents Theme

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RENAI CTIC @ KOCHI



A CME on pediatric hip and hip preservation was conducted on the 10th of February 2019 at Renai Medicity. Dr Prasad Gourineni from the U S was the guest speaker. All pediatric hip disorders were discussed and the meeting was well attended by delegates from all over Kerala. Dr Babu Joseph was the Org Chairman & Dr Raja Mohan.R.P the Org. Secretary.

GOKULAM CME



Department of Orthopaedics, Sree Gokulam Medical College & Research Foundation, Venjaramoodu, Thiruvananthapuram conducted a CME titled “**CURRENT CONCEPTS IN DISTAL FEMUR FRACTURE FIXATION**” on February 24th 2019 under the aegis of Kerala Orthopaedic Association and Trivandrum Orthopaedic Society. Scientific sessions were from 8:30 AM to 5:00 PM. The CME was inaugurated by Prof.Dr.Manoj, HOD, Govt MCH Kozhikode. The academic programme had with good interactive sessions, video presentations and discussions. A flurry of eminent consultants did their deliberations and shared their vast experience in the CME. The CME was concluded with a workshop on **Variable angle plate fixation for distal femur fracture on saw bone model**.

RAJAGIRI CME

Under the aegis of Kerala Orthopaedic Association and Cochin Orthopaedic Society, Rajagiri Hospital Aluva organised a CME on Difficult primary Total Knee Replacement with Live surgeries and workshop on Sunday, March 10th 2019 9am to 5pm.

The programme was led by eminent faculties from and outside Kerala. 160 delegates participated in the CME.

It was indeed a great opportunity for all Senior surgeons to enhance their knowledge and also for junior surgeons to learn from the masters.

The CME was well appreciated for its academic content, audiovisual perfection, excellent venue and perfect timing.



Presidents Theme

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CME ON PELVIACETABULAR FRACTURES



The 2nd International conference and cadaveric workshop on pelviacetabular fractures and hip arthroscopy started on 15th March at govt medical college Alumni auditorium at 7:30a.m. The conference was a three day academic programme with 65 delegates from all over India and Foreign delegate from Iraq, This was one of the first hip arthroscopy cadaveric workshop in India The Organising chairman was Prof. Jayaprakash, Organising cochairman Dr. Tomsee Anil Johnson, Organising secretary was Dr. Vinesh Senan. The Faculty were Prof. Madhav Karunakar from USA, Prof. Pradeep Kothadia from Maharashtra, Prof. Ramesh Sen from Fortis hospital, Chandigarh, Dr. (captain) Sarthak Patnaik from Sunrise hospital, Orissa, Dr. Papanacherry from KIMS hospital, Kollam, Dr. Tony Kavalakkat from Baby Memorial hospital Kozhikode, Dr. Jijith Krishnan from Government Medical College, Thrissur, Dr. Babu Joseph from Renai Medicity, Kochi, Dr. Sujith Jos from PVS Hospital Kochi and Dr. Joice from Lourde Hospital, Kochi.

CAPE-KOA CME



The first CAPE - KOA cme under the new office bearers took place at Ramaiah Cadaver center, Bangalore on May 4th and 5th. This is the first time CAPE is conducting a cadaver training program on arthroplasty. There were 36 delegates. Dr. Shareef, Dr. Sameer, Dr. Murukan babu, Dr. John T John, Dr. Vijayamohan, Dr. Bipin Theruvil, and Dr. Harish Chandran were the faculty. It was organized as a two day program. First day for THR and second for TKR.

The course was designed in a totally informal way to ensure maximum interactions between faculty and delegates, There were case discussions, x rays discussions, quiz and hands on with cadavers. The course was well appreciated by all

Thank you

Dr. Vijayamohan.S,
Chairman, CAPE KOA



Dr. Shareef. A.J
Secretary CAPE KOA

LOURDES KNEE ARTHROSCOPY AND ARTHROPLASTY LIVE -2019



Lourdes hospital conducted live knee Arthroscopy & Arthroplasty conference on 18th and 19th of May 2019 at Grand Hyatt hotel, Cochin. The auspicious event was held under the aegis of Cochin Orthopedic Society & Kerala Orthopedic Association. 10 live surgeries and various panel discussions regarding the recent developments on knee arthroplasty and arthroscopy were conducted by eminent national as well as international faculties. Presence of Professor Goutham Chakrabarty from the UK and Dr. Anand Joshi from Mumbai were the highlights of the program. Dr. John Thayyil John, HOD, Department of Orthopaedics was the Organizing Chairman, Dr. Joice Varghese was the Organizing Secretary and Dr. Dileep.S was the Treasurer.

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FORTHCOMING EVENTS OF KOA

Date	Program	Place	Organizer
9th June 2019	Basic CME of KOA (SGB)	TVM	Dr Anoop S Pillai
29-30th June 2019	Addt. CME Knee Arthroscopy	Thrissur	Dr. Antony Joseph Thoppil
14TH July 2019	Insight	TVM	Dr.Subin Sugath
4th Aug 2019	National Bone & Joint Day	Kerala	Dist Club/ KOA
18th Aug 2019	CAPE KOA CME	Kochi	Dr.Vijayamohan/Dr Shareef AJ
Sept 29th 2019	Prof. Varghese Chacko CME	Pushpagiri	Dr Samasom S E
4-6th Oct 2019	CIOS Kochi	Hayath Con Centre	Dr Venugopal R /Dr Rajesh Simon
27th Oct 2019	MOTSCON	MES , Perinthalmanna	Dr Gijo A J
3rd Nov. 2019	CAPE KOA	IMA Kochi	Dr VijayamohanS
10th Nov 2019	Adv CME of KOA	Alleppey	Dr George Srampikal

SPECIAL GENERAL BODY MEETING OF KOA

As per the decision of last special GB at Kollam on 26 /1/2019 and as discussed in the special executive committee meeting held on 12.05.2019 ,we have decided to convene Special General Body meeting of Kerala Orthopaedic Association at 3.30 pm on 9/6/2019 at Hotel Apollo Dimora Thiruvananthapuram following the basic CME of KOA. On behalf of KOA I request all members to attend this important meeting.

The General Body Meeting will be video recorded .(Decisions will be made based on voting using secret ballot system if needed. Hence all KOA members are expected to quote their life membership numbers and bring ORIGINAL ID -Voters ID/Adhar/Driving Licence)

Thanking You
Yours Sincerely
Dr Sethu Sivan, Secretary In Charge, KOA

KOA Traveling Fellowships 2019-20

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

1. K.O.A. fellowships 2 Nos (Rs.20,000/- Each)
2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 20,000/-)
3. Basic Research Fellowship 1 No. (Rs.20000/-)

Applicants should be below the age of 40 years as on 31-12-2019. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed.

Application form can be downloaded from the official web site of KOA www.keralaortho.org Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the *Constitution and protocols of KOA*.

Duly filled application forms 1 & 2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him at the latest by **15th August 2019** In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.

Address for Communication:

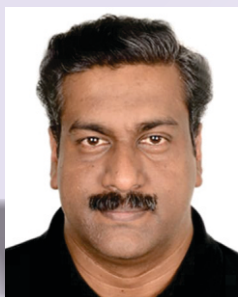
Dr. Ramakrishnan.S, Chairman, Travelling Fellowship Committee of KOA,
Dept. of Orthopaedics, Vijaya Hospital, College Junction, Kottarakkara – 691531, Kollam , Mob: 9447055454,
Email : ram67ortho@gmail.com , cc to : keralaortho@gmail.com

Presidents Theme

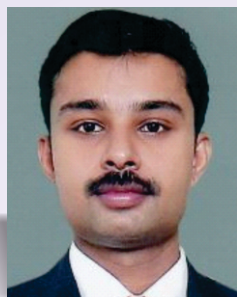
National: Roots of Responsibility Wings of Professional Excellence

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AWARDS & RECOGNITIONS



Dr. Sandeep Vijayan
Prof. Venugopalan Nair
Best Consultant gold medal 2019.



Dr Joice Varghese
KOACON2019 Kollam
Prof PKS Best Paper Gold Medal



Dr Appu Benny Thomas
KOACON2019 Kollam
Best Video Gold Medal



Dr Nizaj N,
KOACON2019 Kollam
Dr PV Padmanabha Nair Memorial
Best Poster Gold Medal



Dr Gautam Kumar,
KOACON2019, Kollam Prof. K.C Jacob
Best PG Paper Gold Medal



Dr. Nithin.M
Bay Memorial Hospital , Calicut



Dr Viswanath .V

KOACON 2019, Dr Paulose Chacko Memorial Quiz Winners

BEST CLUB TROPHY OF KOA FOR THE YEAR 2017-2018 AWARDED TO CALICUT ORTHOPAEDIC SOCIETY.

FROM THE DESK OF IT SECRETARY OF KOA

Dear Friends

Greeting from the IT Department of the KOA

The Kerala Orthopaedic Association website "www.keralaortho.org" work has been started to completely revamp the site with addition of new pages and facilities. There is an events bar on the right side of each page with information on coming academic events in the orthopaedic fraternity of Kerala.

I welcome suggestions on improvement on the website, which may be directly entered on to the "contact us" page of website

Thanking you

With Warm Regards

Dr. Antony Joseph Thoppil, IT Secretary of KOA, Niranjana, Harisree Nagar, Punkunnam , Thrissur – 680002

Mob: 9847119972, Email : antonythoppil@gmail.com

Presidents Theme

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We welcome you all to Perinthalmanna, Malappuram.

KOA CON 2020

PERINTHALMANNA

UPTO OCTOBER 31

	Member	Non member	PG
Conference + CME	4550	6625	2500
Incidental Charges	350	350	350
Banquet	2000	2000	2000
Total	8150	10600	5800

UPTO DECEMBER 31

	Member	Non member	PG
Conference + CME	5150	3250	3125
Incidental Charges	350	350	350
Banquet	2000	2000	2000
Total	8850	11350	6500

SPOT REGISTRATION

	Member	Non member	PG
Conference + CME	7050	9125	3750
Incidental Charges	350	350	350
Banquet	2000	2000	2000
Total	11100	13550	7200

CONTACT DETAILS:

Dr Faizal Kareem,
Organising Secretary.
drfaizalkareem@gmail.com,
Mob:9895864100.

Dr Gopakumar TS,
Organising Chairman.
Mob:9349892620.

www.koacon2020.com.

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