

KOA NEWS

OFFICIAL NEWSLETTER OF
KERALA ORTHOPAEDIC ASSOCIATION
October 2017 www.keralaortho.org

PRESIDENTIAL MESSAGE



Happy Deepavali greetings. We have come to the last quarter of this year's KOA activities. We are still mourning the demise of one of our greatest members, past president of our association, Prof. Kesavan Chandrashekar Gopalakrishnan. He was my teacher and I had the good fortune to be the Honorary Secretary of KOA under his Presidentship in 2005. That year we brought out our address book and updated protocols and also instituted the life time achievement awards, the meritorious awards and the honorary fellowships of KOA. May his soul rest in peace.

AA John sir has already given advance for the land at Kochi for KOA. I hope we can finalize the purchase soon.

We are all gearing up for the national conference at Indore and the state conference at Kannur. The last date for submitting papers is November 30 for KOACON 2018. The articles for the KOA journal is also invited by our dear friend Gireesh Gopinath. We are in the midst of a pandora of activities with a successful CIOS and Amritha fracture course and spine CME and waiting for MOTSCON, advanced CME at Kumarakom and others. Wishing your participation in all the activities.

Yours in KOA

Dr. Tigy Thomas Jacob

President

SECRETARIAL MESSAGE



Dear teachers and friends,
Greetings from KOA.

We have reached rear end of 2017. Support, assistance and guidance of members are precious gifts for the growth of any organization. All the year through KOA has been heading towards the same.

Last month was of big loss for KOA. We lost great teacher, academician, organiser, past KOA president and above all a great human being Prof. K C Gopalakrishnan. He was a great driving force behind KOA all the time. His unanticipated demise is a great loss to the association. Prayerful thoughts and may his soul rest in peace.

KOA is looking towards Kannur for a great conference. Kannur, under leadership of Prof. Sunil and Dr. Anoop Koshy is not leaving any stone unturned in true Kannur spirit. I request all to register for conference and book your accommodation the earliest. Wishing that Kannur conference be wonderful three days with productive panels and meaningful encounters.

KOA building committee is in search of land for KOA house for the last few months. Hope our plans will be executed soon in early 2018.

IOA election process is on and voting will start soon. I request all members to cast their valuable votes for a better IOA. Also request all to participate in IOACON Indore in great numbers.

KOA directory work is gaining momentum and I request those not submitted their biodata to send it at the earliest.

The activities of regional clubs are of invaluable importance for the present day orthopaedic surgeons. Happy to see good wave of academics in all the clubs throughout Kerala.

Two big events are coming to Kerala next year OASISCON at Kochi and IASCON at Calicut.

United we grow. Long live KOA

Dr. Jijo Jose

Hon. Secretary

KOA JOURNAL

"Inviting submissions for our KOA journal in categories of original article, case report, review articles, symposium or surgical technique. Please send in your entries to drgg000@gmail.com and please enter "KJO Article" in the mail subject. Please strict to the prescribed format as given in the manuscript submission details on the kjoonline website.

Also inviting interested reviewers for the "peer review panel" to contact the editor at the above mail id.

Those who wish their articles to be considered for the next immediate print edition (Vol 30; 1-2; 2017) should submit before 05.11.2017"

If any other queries regarding this, please mail/whats app me.

Thank you

Email: drgg000@gmail.com



Presidents Theme

National: Integration for Enrichment

State: "Redeem, Revive & Rejuvenate"

Dear Friends

Greeting from the IT Department of the KOA

The Kerala Orthopaedic Association website "www.keralaortho.org" has been completely revamped with addition of new pages and facilities. There is an events bar on the right side of each page with information on coming academic events in the orthopaedic fraternity of Kerala. The registration forms for each event may be downloaded directly from our website.

I welcome suggestions on improvement on the website, which may be directly entered on to the "contact us" page of website

Thanking you

With Warm Regards

Dr Mathew K.M

IT Secretary of KOA



KOA TRAVELING FELLOWSHIPS 2018-19

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

1. K.O.A. fellowships 2 Nos (Rs.20,000/- Each)
2. Dr.VargheeseMathai Fellowship 1 No (Rs. 20,000/-)
3. Basic Research Fellowship 1 No. (Rs.20,000/-)

Applicants should be below the age of 40 years as on 31-12-2017. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed.

Application form can be downloaded from the official web site of KOA www.keralaortho.org Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the *Constitution and protocols of KOA*.

Duly filled application forms 1 & 2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him at the latest by **30th December 2017** In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.



Address for Communication:

Dr.ShijuMajeed A

Chairman, Travelling Fellowship Committee of KOA

H No: 133, Koikkal Lane

Kumarapuram

Medical College PO

Trivandrum - 695 011

CAPE-KOA CME on 2nd July 2017.

The Centre of Academic and Practical Excellence conducted its 24th CME and Bioskill Training on "Paediatric Elbow Injuries" under the aegis of Kerala Orthopaedic Association was held on 2nd July 2017 at IMA Kochi. KOA President Dr.Tigy Thomas Jacob inaugurated the same. The CME session was aimed at understanding various aspects of Paediatric Elbow Injuries and treatment options



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KOA ELECTIONS 2017-18.

Nominations are invited from the members of KOA, for the posts that are given below, in the executive committee of Kerala Orthopaedic Association. As in the last year onwards we will have both postal and online voting. (You have the facility to exercise your franchise in any one mode only and those members who wish to do online voting , will have to register for the same on or before 15th Nov 2017, as mentioned in the below election schedule.) Application for online voting registration can be emailed to Election Officer with your KOA LM Number, Mobile Number and full address.

1. **President Elect** 1 post,-term 1 year.
2. **Vice- President** 1 post,- term 1 year
3. **Editor, KOA Journal** 1 post – term 2 years
4. **Joint Secretaries** 2 posts-term 1 year (**One each from South & North zone**)
5. **Chairman Long Term Planning** 1 post – term 3 years

Eligibility

- ☑ All candidates should be KOA and IOA Life Member
- ☑ President Elect should be more than 45yrs, 10 years KOA membership, 2 years executive committee membership
- ☑ Vice- President should be more than 40yrs, 5 years KOA membership, 2 years executive committee membership
- ☑ Members of previous executive committees, who do not have 50% attendance will not be eligible.
- ☑ One member can propose/second only one candidate during the election process including the AGM for vacant posts, if any.
- ☑ All nominations should be forwarded by the respective district club President/ Secretary
- ☑ No member shall hold the same post in the executive for more than 3 consecutive years.

ELECTION SCHEDULE

Last date for receipt of nomination papers by election officer.	5 th November 2017
Last date of informing the candidate	15 th November 2017
Last date of application for online voting Registration	15 th November 2017
Last date for withdrawal	25 th November 2017
Last date for sending the sample ballot papers to contestants	5 th December 2017
Last date for receipt of approved ballot paper	20 th December 2017
Last date for dispatch of ballot papers	31 th December 2017
Last date for request for duplicate ballot paper	8 th January 2018
Last date of receipt of ballot paper	18 th January 2018
Counting of Ballot Papers will be held on	Friday, 26 th January 2018 (CME day of KOACON2018) at 9:30AM

Nomination forms can be downloaded from the official web site of KOA

www.keralaortho.org

Duly filled nomination forms with necessary enclosures may be sent to the election officer in the address given below, preferably by registered Post- Acknowledgement Due so as to reach him at the latest by 5th November 2017 .

Dr. Sabin Viswanath
Election Officer-KOA Elections 2017-18
XXVIII/200A, "Kailasam",
Pulimughal Road, Changampuzha Nagar PO
Ernakulam - 682033
Mob: 9995823511
Email: sabinviswanath111@gmail.com

SILVER JUBILEE ORATION OF KOA 2018

Application are invited from the life members of the Kerala Orthopaedic Association , who has more than five years of membership , for Silver Jubilee Oration Award 2018. Oration will be for a duration of 30 minutes and to be delivered on the 1st day of the conference (KOACON-2018) Kindly send the material for oration (preferably full text as soft copy) with the full bio-data of the presenter to the President of KOA in the following address so as to reach him at the latest by 30th Nov. 2017.

Dr.Tigy Thomas Jacob

President, KOA

Mob: 9447054440 , 9446514440

Email: drtigy67@gmail.com , drtigy@yahoo.com

CALICUT ORTHO COURSE 2017

Calicut Ortho Course 2017 was conducted on 7,8,and 9th of July 2017 in Govt. Medical College Kozhikode. conducted under the aegis of KOA and Calicut Orthopaedic Society by Dept. of Orthopaedics, Govt. Medical College Kozhikode. The course was attended by 456 postgraduates from all over the country. Dr.Aneen N. Kutty was the Org. Chairman and Dr. Muhammed Thanverudeen Sherule was Org. Secretary.



GOKULAM MED. COLLEGE CME 2017.



Department of Orthopaedics Sree Gokulam Medical College & Research Foundation, Thiruvananthapuram conducted a CME titled “ UNDERSTANDING MRI FROM AN ORTHOPAEDIC PERSPECTIVE “ on 16th July 2017 in Lecture theatre , Sree Gokulam Medical College. Scientific sessions were from 9.00 am to 3.00 pm. One hundred and thirteen delegates participated in the CME . It was inaugurated by Dr E.K Shanavas , honourable president of Trivandrum Orthopaedic Society . There were seven presentations /talks by eminent faculties like Dr Sumod Mathew Koshy, Dr Subin Sugath . The CME was concluded with Quiz for Post graduates conducted by Dr Sabarisree.

TOPIC 2017, TRIVANDRUM

CTIC of KOA (Trivandrum Orthopaedic PG Course) was conducted in Medical college Trivandrum on 21 to 23 of Sept 2017. Prof CS Vikraman was the Director Prof Sajith Hussain was he Org Chairman and Dr Joji Krishnan Organising Secretary.

About 150 delegates from all over India attended the course . Prof Rajagopalan , Prof NK Magu , Prof Hitesh Shaw Prof Anil Bhat ,Prof Jagadeesh Menon, Prof Gopinath Menon, Prof Sivakumar and faculty from all over Kerala were participated. Prof Thomas Mathew, Principal Trivandrum Medical College inaugurated the course . The pattern of clinical cases and the variety of courses were well appreciated by all the delegates.



Presidents Theme

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State: "Redeem, Revive & Rejuvenate"

SESSICON 2017, KOTTAYAM

The 4th Annual Conference of the Shoulder & Elbow Society of India - Kerala Chapter was held on September 16th and 17th at the Zuri Resort & Spa, Kumarakom. The conference was hosted by the Madhya Kerala Orthopaedic Club, under the aegis of Kerala Orthopaedic Association. It was inaugurated by Dr. Radhakant Pandey (Head of Orthopaedics, University Hospitals of Leicester, UK). The conference was attended by various national faculty as well, including Dr. Ashish Babulkar, Dr. Clement Joseph, Dr. Raghuvier Reddy, Dr. Ram Chidambaram and Dr. Bhupesh Karthik. There were 115 registrations for the conference. The academic program had with good interactive sessions, video presentations and panel discussions. There also were workshops on knot tying, suture management..etc. Overall, the academic program as well as the venue, ambience and cultural programs were well appreciated.



COCHIN INTERNATIONAL ORTHOPAEDIC SUMMIT (CIOS, KOCHI)



The first ever Cochin International Orthopaedic Summit being hosted by Cochin Orthopaedic Society was held at Bolgatty palace and Resort Island, Kochi on 6th, 7th and 8th of October 2017. The summit was inaugurated by Dr Tigy Thomas, KOA president, Dr AA John President CIOS, Dr Sabin Viswanath, Organizing Chairman, Dr John T John Organizing secretary, Dr Jijo Jose, KOA Secretary. Dr Varghese Cheriyan IMA President were present for the function.

Around 50 world renowned faculties from India and abroad spearheaded the summit. There were 32 free paper presentations and 80 guest lectures and case discussions. 24 live surgeries were performed in the field of Arthroplasty, Arthroscopy & Trauma. The surgeries were conducted at Specialist's Hospital, Lourdes Hospital and Medical trust Hospital respectively. The surgeries were conducted by eminent surgeons at nominal rates with support from the Hospital management and implant suppliers. Cash awards were given for the best free paper presentations. The event was made colourful by a live performance by 13 AD Band and a Gala Dinner.

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ASTER MIMS Spine CME 2017



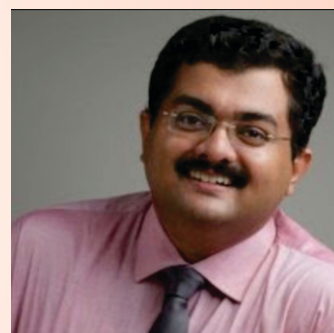
Additional CME of KOA - "Controversies in Spine Surgery & Hands on Workshop on Goat Spine" was conducted at Hotel Raviz Calicut on 14/10/2017 & 15/10/2017. The function was inaugurated by Dr. Rahul Menon, CEO, Aster MIMS Calicut. A flurry of eminent consultants did their deliberations & shared their vast experience in the CME. Fruitful discussions took place. A goat spine workshop gave adequate hands on experience for the future hands. Following this was an excellent banquet. The delegates and the faculties enjoyed the local cuisine & stay. The CME was concluded the next day afternoon.

Congratulations

Dr.K.S Pillai Honoured During OASISCON-2017



The Annual conference of the Orthopaedic Association of the South Indian States (OASIS) was conducted on 9- 11th Sept 2017 at KMC Manipal. One of the senior orthopaedic Surgeon of the State from Thrissur, Dr.K.S Pillai was honoured, during the inaugural function of the OASISCON-2017, considering his contributions to the orthopaedic fraternity of the state.



Dr Bibi Dhanan of Aster Medcity, Kochi bagged the Inaugural Dr.A.A John Gold Medal in the OASISCON-2017, Manipal

KOA Forthcoming Events

22 nd Oct 2017	Spine Tumor	Thrissur, Amala	Dr.Dominic Puthoor, Dr. Scott Chacko
29 th Oct 2017	MOTSCON	Peinthalman	Dr TS Gopakumar
5 th Nov 2017	CAPE KOA	Kochi	Dr AA John
12 th Nov 2017	Adv CME of KOA	Kottayam	Dr Anil John
18- 19 Nov. 2017	Basic Ilizarov Course	MCH, Calicut	Dr.Jeejesh Kumar. J
26-31st Dec. 2017	IOACON-2017	Indore	Dr.Vinay / Dr PramodNeema
26-28 Jan 2018	KOACON-2018	Kannur	Dr Anoop Koshy

Obituary



Prof K.C Gopalakrishnan

The Kerala Chapter Bone and Joint Day activities 2017

Trivandrum Orthopaedic Society

Trivandrum Orthopaedic Society observed the National Bone and Joint Day with talks on Amritha TV and Big FM on 3rd, 4th and 5th Aug 2017. Dr Anop S Pillai and Dr Sabarisree participated in the same., an Inter-school Quiz competition was conducted to promote awareness among children about various health issues including RTA.



Alappuzha Orthopaedic Society

Alappuzha Orthopaedic Society along with govt medical college, Alappuzha celebrate bone and joint day on August 4th. A cake cutting ceremony and a topic presentation about joint surgeries was done. The meeting was held at medical college, Alappuzha

Madhya Kerala Orthopaedic Club

The MKOC conducted a special meeting in connection with bone and joint day on August 4th 2017 in Kottayam hotel Indraprastha. They also conducted an academic meeting in connection with that and honoured our senior member and teacher Prof. Shamsudheen K. On the day the MKOC members conducted various medical camps and awareness classes in Changanacherry, Koothattukulam, Kidangoor and Kozhencherry, about 700 people attended..



The Calicut Orthopaedic Society

Dr. Suresh S Pillai, the President of the CaOS, have done a cervical discectomy and fusion for a 28-year-old lady with persistent radicular pain and weakness completely free of cost on 03/08/2017 at Aster MIMS Hospital - Calicut in connection with the Bone & Joint Day Celebration. Patient name Prajisha GP, MIMS No: 1181076.

The Cochin Orthopaedic Society



The Cochin Orthopaedic Society observed the National Bone and Joint Day celebration 2017 with a mega orthopaedic Camp at Vocational Higher Secondary School, Panangad. The Programme is organised by the Cochin Orthopaedic Society and supported by the Panangad Central Residence Association, PHC Panangad, Rotary Club of Tripunithura Royale, NSS Unit VHSS Panangad. 117 orthopaedic patients participated in the Mega Medical Camp out of this 10 are selected for Free or subsidised surgeries, and it to be done at various hospital in the Ernakulam. The Tripunithura MLA Adv. M Swaraj inaugurated the medical camp in the presence of COS President DR

Rajiv Stanley, Secretary Dr Venugopal R and IOA Ex committee Member Dr Rajesh Simon, KOA President Elect Dr Sabin Viswanath. Free Bone Density test also conducted along with the Programme.



KERALA ORTHOPAEDIC ASSOCIATION 37th ANNUAL CONFERENCE

26, 27, 28 JANUARY 2018

KAIRALI HERITAGE RESORTS, KATTAMBALLI, KANNUR

Last date of abstract submission 30th November 2017

Prof. A.J.Shareef Mob: 9447470498

Early birds registration till October 31st 2017

Accommodation

Dr. Bennet Chacko Mob: 9446296377

**For all enquires, Please contact :
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Thalassery - 670101
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