



# KOA NEWS

OFFICIAL NEWSLETTER OF KERALA ORTHOPAEDIC ASSOCIATION

June 2017 [www.keralaortho.org](http://www.keralaortho.org)

## PRESIDENTIAL MESSAGE



Kerala Orthopaedic association year 2017 is reaching the midpoint. The academic activities are going at its peak. The goals that we have set are the membership drive, protocol updating, 3rd KOA directory and the KOA land purchase and building plans.

One area where we should focus is the membership.

There are still at least some orthopaedicians who are not members of the state body. I urge all the club office bearers and members to urge them to join our Augustus body. There are some members who have not yet joined our national body the Indian Orthopaedic association. We must strive hard to have the maximum join and strengthen both the state and the national associations.

The work for the directory and the protocol updating are in full swing. We are focused on bring out our third directory by the Kannur conference.

The building committee have decided on purchasing land from the income that has been generated by the national conference. Dr.A.A.John has been entrusted with the task and the hon. Secretary have handed over a cheque for Rs one lakh for the advance on 11-6-2017 itself. I hope that our dream of having a land in the name of KOA become a reality soon.

Our friends at Kannur are meticulously planning our next state conference. Organising secretary brought the first brochure for release during our executive committee on 18.6.17. I am sure that we are going to have a great conference at Kannur.

All clubs are requested to conduct the joint day activities during the week (July 30th to August 6th) culminating on the day itself August 6th.

once again greetings from KOA

President

**Dr Tiggy Thomas Jacob**

## SECRETARIAL MESSAGE



Dear teachers and friends,

Seasons greetings to all. We are at the flag mid of 2017.

Despite the challenge and exertion involved, we do indeed climb new mountains.

We have academic activities almost every weekend. Work for KOA directory and protocol is fast progressing. Till now we got details of only half of members even after 5 reminders. I request all to consider this most urgent as we have to start printing works at the earliest.

Building committee under leadership of DR.A A John and Dr. Tajan is working hard to find a suitable land in Kochi for new KOA house. Hope this year KOA will own land in Kochi.

Kannur team under leadership of Dr.Sunil, Dr. Anoop koshy and all are putting their utmost effort to make KOACON 2018 memorable. KOA is working hand in hand with Kannur for the great success of our state conference.

This year also IOA is planning to celebrate BONE AND JOINT DAY in a big way. August 4<sup>th</sup> is a red letter day in history of IOA & KOA. This day serves as the reminder of our great heritage. I request all regional clubs to celebrate day in a grant way with meaningful activities. All members are requested to do one free surgery between July 30th - August 6th and report the same to the association.

**Long live KOA**

**DR. JIJO JOSE**

**HON. SECRETARY**

## KOA JOURNAL

**"Respected Members,**

Inviting articles for the next edition of our KOA Journal in the various categories of Original Article, Case Report and Review Article. Kindly send in your articles to the mail [Id drgg000@gmail.com](mailto:drgg000@gmail.com) before 31st July 2027. Please write "KOA JOURNAL ARTICLE" in the Mail Subject. The online edition of the journal is available The online edition of the journal is available at <http://kjoonline.org>. The site follows an Open Access policy, wherein no registration is needed to read or download.

**Dr Girish Gopinath**

Email: [drgg000@gmail.com](mailto:drgg000@gmail.com)

**Presidents Theme**

**National:** Integration for Enrichment

**State:** "Redeem, Revive & Rejuvenate"

## EXECUTIVE MEMBERS



**Dr. Binoy S,**  
Hon. treasurer



**Dr. Ramakrishnan. S**  
Vice-President



**Dr. Sabin Viswanath**  
President Elect



**Dr. Babu Joseph**  
Imm. Past President



**Dr. Sudheer. U**  
Jt. Secretary



**Dr. Anoop Sivasankara Pillai**  
Jt. Secretary



**Dr. Girish Gopinath**  
Editor, KOA Journal



**Dr. Mathew.K.M**  
IT Secretary, KOA



**Dr. Shibu Varghese**  
Chairman,  
Long Term Planning



**Dr. Shiju Majeed A**  
Chairman,  
Travelling Fellowship



**Dr. Rajesh Simon**  
IOA Executive Member



**Dr. Bhaskar Subin Sugath**  
IOA Executive Member



**Dr. A.A John**  
OASIS Sr. Vice President



**Dr. Jose Thomas Pappinacherry**  
OASIS Executive Member



**Dr. John.T.John**  
OASIS Executive Member



**Dr. Shanavas. E. K,**  
Executive Member



**Dr. Ansu Anand. A**  
Executive Member



**Dr. Binod. R**  
Executive Member



**Dr. Joseph Dixon O**  
Executive Member



**Dr. Unnikrishnan J**  
Executive Member



**Dr. Rajesh. V**  
Executive Member



**Dr. Anil John**  
Executive Member



**Dr. Rajiv Stanley**  
Executive Member



**Dr. Venugopal. R**  
Executive Member



**Dr. Sreenath.K. R**  
Executive Member

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**Dr. Simon Mathew. M**  
Executive Member



**Dr. Sathyanarayanan. N**  
Executive Member



**Dr. Ponnirajan**  
Executive Member



**Dr. Faizal Kareem**  
Executive Member



**Dr. Shahid Pathoor**  
Executive Member



**Dr. Suresh S Pillai**  
Executive Member



**Dr. Sameer Ali**  
Executive Member



**Dr. Anoop Koshy Mathew**  
Executive Member



**Dr. Rajamohan. C. K**  
Executive Member



**Dr. Prasad. M. Menon**  
Executive Member



**Dr. Shekeel Anwar A. S**  
Executive Member

## KOACON 2017



The 36<sup>th</sup> Annual State conference of Kerala orthopaedic Association (KOACON 2017 ) was conducted on 27 to 29<sup>th</sup> Jan 2017 at Lalit Resort , Kasaragod. Kasaragod Orthopaedic Society hosted the event. Dr Prasad M Menon was the Organising Chairman and Dr Shekeel Anwar was the Organising Secretary. Dr PA Alexander CME was held on 27<sup>th</sup> January 2017 (Theme: Fractures around the Hip) and was inaugurated by KOA President, Dr Babu Joseph. Variuos eminent faculties shared their knowledge, views and experience in the respective subjects. The CME was followed by conference inauguration at 5:45 pm. on the same day. The inauguration was solemnised by Honourable Justice of Kerala High Court Mr.Kemal Pasha.

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## CAPE-KOA CME on 12<sup>th</sup> March 2017.

The Centre of Academic and Practical Excellence conducted its 23<sup>rd</sup> CME and Bioskill Training on "AcromioClavicular Joint" under the aegis of Kerala Orthopaedic Association was held on 12<sup>th</sup> March 2017 at IMA Kochi. KOA President Dr.Tigy Thomas inaugurated the same. The CME session was aimed at understanding various aspects of AC Joint and lateral clavicle pathologies and treatment options. The Faculties were Dr.RamChidambaram, Dr.Harish Chandran, Dr. Pratap Kumar KR, Dr Sujith Mathew, Dr. Sciller Jos, Dr.Bipin Theruvail, Dr.Sabin Viswanath, Dr.Mahesh Krishan, Dr.Biju M Nair, Dr.Praveen Kumar , Dr.Sundararajan, Dr.Sameer Ali and Bobby Jacob.



## 4TH SUNRISE SHOULDERCON 2017

The fourth Sunrise Shouldercon 2017 was inaugurated by Mr TC Mathew, BCCI Vice-president on 20<sup>th</sup> of May at Sunrise Hospital Auditorium. The three day conference was attended by 90 Orthopaedic Surgeons from all over India. Prof JitendraMaheswari delivered a key note address. On 19<sup>th</sup> of May, Pre-conference workshop attended by 30 delegates had hands on experience with Shoulder Arthroscopy techniques on models. The conference had live surgeries on different Shoulder pathologies and concluded on 21st of May 2017 with a Shoulder Trauma workshop. Conference was allocated 3.5 CME points by TC Medical council. The organizing chairman was Dr KR Prathap Kumar and Secretary was Dr DS Manjunath.



## KOA Additional Spine CME

KOA Additional Spine CME was organized by Dr KrishnakumarR , Consultant Spine Surgeon, Lakeshore Hospital, Kochi on April 31st 2017 at Holiday Inn,Kochi. Theme of the CME was 'Decision making in Spinal disorders'. Over 40 delegates attended the CME which had lectures and case based discussions



## ASSOCIATION OF ARTHROSCOPIC SURGEONS ( KERALA CHAPTER )



Arthroscopy Society of Kerala was established few years back keeping in mind the ever evolving advancements in our field of Arthroscopy for the state of Kerala. This year our theme will be Basic and Advanced Knee Arthroscopy and it will be hosted in 1st tier cities in Kerala in multiple sessions. Next year we plan to host in 2nd and 3rd tier cities accordingly. The sessions have already been held at Cochin, Calicut and Thrissur. The next sessions on 5th August at Cosmopolitan Hospital, Trivandrum and on 16th Sept alongwith the SESICON, Kumarakom.

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## ALEPPEY BACK WATER BASIC CME OF KOA

Alleppey orthopaedic society hosted the KOA CME on may 7th 2017 Sunday. Its for the first time in the history of indian orthopaedics that an official CME is conducted onboard in a cruise boat. CME topic was "current concepts in orthopaedics". CME was inaugurated by hon president of KOA Dr. Tigy Thomas Jacob. Welcome address was delivered by Dr. Mohamed Ashraf, organising chairman Backwater CME. The function was felicitated by the senior faculty DR Lazar Chandy, Eminent speakers including Prof C. Jayaprakash, Prof. Gopakumar, Prof. Chandrababu, Dr. Vasudevan, Dr. Prathap Kumar, Dr. John T John, Dr. Tomichan, Dr. Tony, Dr. Rajesh Purushothaman, Dr. Cherian Koor, Dr. Vijayamohan, Dr. Bipin Theruvil, Dr. Ranjith Unnikrishnan and Dr. Easwer spoke on current developments in their chosen field. About 130 delegates attended the function, the highlight of the CME was the "Kuttanadan Lunch" on island. Meeting came to an end with the vote of thanks by Dr. Joseph Dixon Olivero, Org secretary Backwater CME Alleppey 2017



## INSIGHT- 2017, TRIVANDRUM

**INSIGHT 2017**, the 9th edition of the annual CME on Bone Tumours organised by Bone Cancer Foundation was held on 4th June Sunday at Hotel Hilton Garden Inn. It was held under the auspices of Kerala Orthopaedic Association and Indian Musculoskeletal Oncology Society and was supported by BR Cancer Care Commission.

The program was officially inaugurated by Dr Tigy Thomas Jacob, the President of KOA and felicitated by Dr Ashish Gulia, Secretary of IMSOS. Dr K.C Gopalakrishnan, the President of IMSOS presided over the inaugural function.

Eminent faculty in the fields of Orthopaedic Oncology, Radiology and Pathology from all over the country took part in the discussions. The meeting was attended by around 100 delegates.

Dr Subin Sugath was the Organising Chairman and Dr Anoop S Pillai the Organising Secretary.



## TRIVANDRUM ARTHROPLASTY COURSE (TAC 2017)

The second edition of Trivandrum Arthroplasty Course (TAC 2017), was conducted at The Hilton Garden Inn from 12 - 14 May 2017. Over 170 delegates registered for this conference and it was well attended by state and national faculty. The topics for discussion were carefully selected and handled by 25 faculty members who are experts in their field and stand shoulder to shoulder with the best in the world. Their execution of 9 live surgeries that represented diverse joint pathologies, significantly increased the knowledge base of attending delegates. The high definition real time interactive streaming of the live surgeries from SK Hospital to The Hilton Garden Inn gave delegates an unmatched "in-theatre" experience.

In addition, surgeries done live at international centres - robotic hip surgery by Dr. Ross Crawford from Australia and PCK knee from USA by Dr. Mark Munro, represented truly bleeding edge technology being applied to the medical field. There were a total of 11 live surgeries in a 3 day event. While this was a challenge for the organising committee, the organizing committee comprising Dr. Kailas Viswanath (Chairman), Dr. Ramakrishnan S (Secretary), Dr. Shanavas E K, Dr. Harish Chandran and Dr. Sudhir S Pai pulled it off without any glitches. They were amply supported by the visiting senior faculty and staff and management of SK Hospital.



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Last but certainly not the least, the event was attended by Dr. Shashi Tharoor who spoke about the government perspective on medical education and healthcare and had one on one discussions with the delegates on various topics affecting the medical profession. This was certainly the icing on the cake of a truly memorable conference.



## Congratulations



**Dr.P.K Surendran**

**Best Paper Gold Medal of KOA 2017**

*Dr. Nibu Mammen Kurian, Kochi*



**Dr.Venugopalan Nair**

**Best Consultant Paper Gold Medal 2017**

*Dr Rammohan.K.P, Thrissur*



**Dr.K.C Jacob Memorial**

**Best PG Paper Gold Medal 2017**

*Dr.Shafeeq Muhammed Abubaker.*

**Dr Poulse Chacko Memorial Quiz Winners of KOA 2017.**



**Best Poster Gold of KOA 2017**

*Dr Jasim Salim, Calicut*



**Best Video Gold medal of KOA 2017**

*Dr.Nibu Mammen Kurian, Kochi*



**Dr Abdul Gafoor PM**  
Calicut



**Dr. Khayas Omer Kunheen**  
Calicut

**Best Club trophy of KOA for the year 2015-16, awarded to Calicut Orthopaedic Society.**

## KOA Traveling Fellowships 2017-18

Applications are invited from life members of KOA, for the under mentioned Travelling Fellowship Programmes of KOA

1. K.O.A. fellowships 2 Nos (Rs.20000/- Each)
2. Dr.Vargheese Mathai Fellowship 1 No (Rs. 20000/-)
3. Basic Research Fellowship 1 No. (Rs.20000/-)

Applicants should be below the age of 40 years as on 31-12-2017. However in case there are no eligible applicants below the age of 40yrs, age limit may be relaxed. Application form can be downloaded from the official web site of KOA [www.keralaortho.org](http://www.keralaortho.org) Criteria for the selection is given in detail in the website. Criteria for the selection can be referred in the Constitution and protocols of KOA. Duly filled application forms 1 & 2 and C.V. may be send to the Chairman, Traveling Fellowship Committee in the address given below, so as to reach him at the latest by 15th August 2017. In case there are no Applicants below the age of 45yrs, applicants above this age limit may also be considered.

Address for Communication:

**Dr. Shiju Majeed A**

Chairman, Travelling Fellowship Committee of KOA, H No: 133, Koikkal Lane, Kumarapuram, Medical College PO., Trivandrum - 695 011

Mob: 9495688685, email: [shiju78@live.com](mailto:shiju78@live.com) cc to : [keralaortho@gmail.com](mailto:keralaortho@gmail.com)



## KOA Forthcoming Events

16 <sup>th</sup> July 2017	Gokulam CME	TVM	Dr.Kumar VK
16-17 Sept. 2017	SESION	Kottayam	Dr.Sujith Mathew Isaac
22-24 <sup>th</sup> Sept. 2017	Topic TVM	TVM	Dr Shanavas EK
6 <sup>th</sup> – 8 <sup>th</sup> Oct 2017	CLOS	Kochi	Dr. John A A
14 -15 <sup>th</sup> Oct 2017	AIMS Fracture Course	Kochi	Dr.Chandrababu
22 <sup>nd</sup> Oct 2017	Spine Tumor	Thrissur Amala	Dr.Dominic Puthoor, Dr. Scott Chacko
29 <sup>th</sup> Oct 2017	MOTSCON	Peinthalmanna	Dr TS Gopakumar
5 <sup>th</sup> Nov 2017	CAPE KOA	Kochi	Dr AA John
12 <sup>th</sup> Nov 2017	Adv CME of KOA	Kottayam	Dr Anil John

## Obituary



**Prof T.C Joseph.**



### KERALA ORTHOPAEDIC ASSOCIATION 37th ANNUAL CONFERENCE

26, 27, 28 JANUARY 2018  
KAIRALI HERITAGE RESORTS  
KATTAMBALLI, KANNUR

Please keep your dates free for the celebration of orthopedics



For all enquires, Please contact :  
**Dr. ANOOP KOSHY MATHEW**  
Organising Secretary  
Consultant Orthopaedic Surgeon  
Tellicherry Cooperative Hospital,  
Thalassery - 670101  
Mob: 9847446598  
e-mail: [mail@koacon2018kannur.com](mailto:mail@koacon2018kannur.com)



# INDIAN ORTHOPAEDIC ASSOCIATION



## Bone & Joint Day 4th August 2017

**Bone and Joint Day Celebration Week -  
30.7.2017 to 06.08.2017**

### ***TEN Point Programme***

1. Free Check up Camps
2. Free BMD / DEXA Camps
3. Patient Awareness Programmes
4. School programmes - lectures on Road Safety and Bone Health
5. Awareness Rallies
6. Yoga Camps, Morning Walk
7. Symposia / Lectures
8. Free Surgeries - From 30th July to 6th August, 2017
9. Pamphlet distribution / posters / stickers
10. Media Coverage (Local Cables, interviews, talk shows, discussions etc.)

### ***Free Surgeries***

***30th July to 6th August 2017***

ALL members are requested to perform maximum free surgeries for our poor or needy patients during this period and notify in the following format

- Details of the patient
- Name of treating Doctor
- Type of surgery performed
- One photograph of the procedure.

Dr. Ram Prabhoo  
President, IOA

Dr. Sanjay Jain  
Secretary, IOA

